UNIVERSITY of HAWAI'I
WINDWARD COMMUNITY COLLEGE
Ke Kulanui Kaiāulu o ke Ko'olau

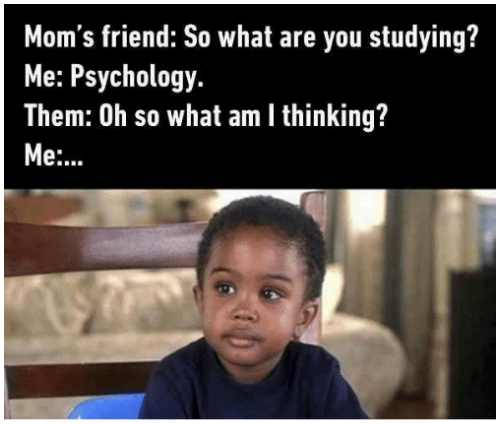
PSY 100 Survey of Psychology

Fall 2026
3 Credits, CRN: 82879
Hybrid
In-person meeting dates: 8/26, 9/30, 10/28, 11/18, & 12/9
Na'auao 103

Windward Community College Mission Statement

'O keia ka wā kūpono e ho'onui ai ka 'ike me ka ho'omaopopo i kō Hawai'i mau ho'oilina waiwai. Aia nō ho'i ma ke Kulanui Kaiāulu o ke Ko'olau nā papahana hou o nā 'ike 'akeakamai a me nā hana no'eau. Me ke kuleana ko'iko'i e ho'ohiki ke Kulanui e kāko'o a e ho'okumu i ala e hiki kē kōkua i ka ho'onui 'ike a nā kānaka maoli. Na mākou nō e ho'olako, kāko'o a paipai i nā Ko'olau a kō O'ahu a'e me nā hana no'eau ākea, ka ho'ona'auao 'oihana a me ka ho'onui 'ike ma ke kaiāulu — hō'a'ano a e ho'oulu i nā haumāna i ka po'okela.

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O'ahu's Ko'olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence



Instructor Information

Instructor: Lisamarie Bensman, Ph.D.

Email: bensman@hawaii.edu

Office Hours: By email and appointment via Zoom video chat. Email is an excellent way to get a hold of me; email anytime. I will respond within 24 hours, except on Saturdays (when I don't check my email at all). I will also be in my office for 30

minutes before class and can stay afterwards, too.

Office: Na‘auao 114

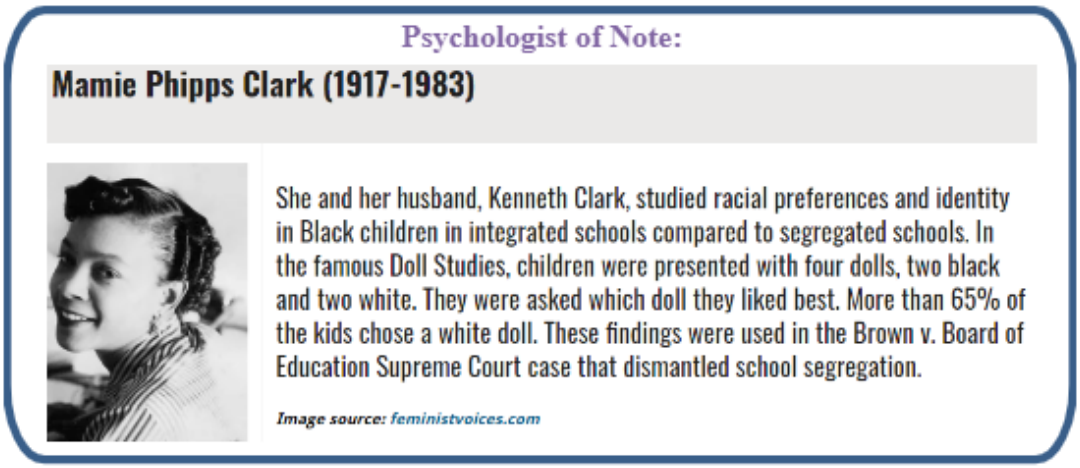
Alternate Contact Information: If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office in Alaka‘i 121 or via phone, (808) 235-7422.

Course Information

When you hear the word psychology, what comes to mind? While psychology is a popular subject, most people are not aware of the many elements contained within this scientific study of behavior and mental processes. Through this course however, you will be, as we'll survey a wide variety of the topics and approaches within psychology, providing you an idea of the breadth and diversity of the discipline. Our course is intended to increase your understanding of the relevance of psychological concepts to everyday living and to provide a basic foundation for subsequent coursework in psychology.

Catalog Description

Psych 100 is an introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, group processes, problem solving and thinking, and methods of inquiry. (3 hours lecture.)



Class Meeting Dates and Activities Required at Scheduled Times Other than Class Time

This is a hybrid class that **meets in person five times throughout the semester** (26 August, 30 September, 28 October, 18 November, and 9 December in Na‘auao 103) and is online asynchronous in between these five in-person meeting sessions. Throughout each month, there will be assignments to complete each week, as well as additional tasks to prepare for our in-person sessions. All asynchronous assignments can be completed at times of students' choosing, provided they are submitted by assignment deadlines. All class preparation assignments should be completed before coming to class.

The five in-person class sessions are mandatory. They are where we will tackle the most complex content for the course and do the deepest learning. This in-class work is designed to be done in collaboration with classmates and the instructor. As such, the work in these sessions cannot be made up at a later date (excepting cases of serious documented emergencies; please see

'Late Work/Assignments' policies further down in this syllabus).

Student Learning Outcomes
Upon completion of the course, you will be able to:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

Required Materials
Our required materials for the course:
Spielman, R. M., Jenkins, W., & Lovett, M. (2020). *Psychology, 2nd Edition.* OpenStax CNX. April 22, 2020 https://openstax.org/details/books/psychology-2e .

We are using an OER (Open Education Resource) for this class, which means that our textbook is free! If you'd like to print our text, I recommend going to TRiO. If you'd like to read the text online, you can use the following link: https://openstax.org/books/psychology-2e/pages/1-introduction. **Each chapter covers multiple pages, so as you read each chapter, be sure to keep hitting the 'Next' button until you reach the next chapter.**

If you'd prefer a hard, bound copy of the textbook, it is available for PURCHASE (**or again, print it for FREE** in TRiO [one chapter at a time is probably best if printing on campus]).

Along with our textbook, our class lectures and additional course materials are available on Lamakū.

Course Format

This is a 16-week, hybrid class conducted **with five mandatory in-person class sessions** and the remaining work conducted in an online, asynchronous fashion via the internet using Lamakū, the University of Hawai'i's web-based course management system. A web-based course such as this one requires that you have computer literacy skills. **Our course also requires an electronic device,** such as a laptop or desktop, **that can open Microsoft Office (Word and PowerPoint). The course cannot be completed using a smartphone or tablet** (some, but not all of our

materials may open on these devices and Lamakū can have problems registering assignments submitted via these types of devices. Save yourself a lot of aggravation by doing your work on a laptop or desktop).

Participant Verification

Campuses are required by federal regulations to verify the participation of students in their classes. In accordance with Executive Policy 7.209, all students in the University of Hawai‘i system are required to establish “participation” to ensure that they are not dropped from their class(es). Students who fail to participate by the late registration period for a class will be administratively dropped from that class. Students may also be dropped from dependent prerequisite and/or corequisite classes if both courses do not establish participation.

Per the participant verification policy, students who miss the first in-person session will be dropped from the class.

Course Tasks & Grading

Both inside and outside our classroom, we have an exciting, engaging, and beneficial semester ahead. You’ll do the easier work at home by yourself and the more difficult work in the classroom and/or with guidance, all in formats and pacing designed to make your learning effective and long-lasting (and hopefully pleasant).

To succeed in our course, please be sure to read assigned chapters and complete the at home assignments BEFORE coming to class. If you haven’t kept up with this reading and work, it will be difficult for you to participate in our in-person sessions.

Throughout the semester, we’ll use Lamakū. Lamakū is WCC’s online course management system (you might already be familiar with it from previous classes). On Lamakū, you will find our syllabus, class announcements, gradebook, and weekly widgets that include links to our asynchronous assignments as well as our textbook chapters and class lectures (PowerPoints). Access to Lamakū requires your regular UH school username and password. **Throughout the semester, I recommend checking Lamakū and your UH email once a day.**

You are responsible for keeping up in this class: Your diligence in logging in regularly to Lamakū and engaging with our content in a timely fashion is essential to your success. **Except when using a late pass, no late work is accepted in this class without written verification of extenuating medical or legal circumstances** (please see our ‘Late Work Policy’ section of this syllabus).

As there are many ways to showcase knowledge acquisition and critical thinking skills, you will have an opportunity to demonstrate what you've learned in this course using a variety of different formats:

Reading Checks:	12 x 5 points	= 60 points
Quizzes:	12 x 15 points	= 180 points
In-Class Activities:	5 x 32 points	= 160 points
TOTAL:		**400 points**

Our class works on a mastery system. This means that it's more important that you get concepts eventually than to get them right away (although, it's still awesome if you do get them right away). Our assignments and policies are all set up for you to succeed, provided you continue to put in the work. Success is obtainable even if you struggle initially or experience difficulties throughout the semester. Using this system, the key to success rests with you. The more you work with the material, the better you will understand it and the more opportunities you have to improve your grade.

Psychologist of Note:

Stanley Sue, PhD, is recognized nationally as an active contributor on issues related to minority populations and mental health. He is one of the most prominent leaders in multicultural studies (Rockwell, 2001). Sue was born in Portland, Ore., and was the third of six children born to first and second generation Chinese immigrants. He received a Bachelor's degree from the University of Oregon followed by a PhD from the University of California Los Angeles in Psychology.

Click to learn more about the Sue brothers

Reading Checks (5 points each, highest 12 scores count, 60 points total)
To encourage you to keep up with our assigned readings, for each chapter that we cover, you'll WRITE two quiz questions. One question should come from the textbook and the other question should come from the supplemental PP (a.k.a. our class lecture, which is available on Lamakū in the weekly chapter widget). Question format is up to you (multiple choice and true/false are great go-to options). Provide the question, the answer options, the correct answer, and indicate where you found this information. For example:

1. Who is considered the founding father of psychology?
    a. Sigmund Freud
    b. John Watson
    c. B.F. Skinner
    d. Wilhelm Wundt

*the correct answer is D; answer can be found on slide 6 of the supplemental PP

The questions that you write will go into a question bank for next semester's students to answer, so please be thoughtful and clear. Also, feel free to write in your own voice (i.e. formal/stiff/academic writing isn't necessary, unless you'd like to use it). 'Own voice' includes the option to write in Pidgin (please note somewhere in your submission that you're writing in Pidgin). If you choose this option, you'll be allowing future semesters of students the chance to answer quiz questions in Standard English or Hawaiian Pidgin, per their choosing.

Questions are submitted to the 'Assignments' tab on Lamakū. Together these two questions are worth 5 points (please see assignment on Lamakū for grading rubric), with partial credit available.

There are 14 reading checks throughout the semester and your highest 12 scores count, so you can skip two checks without any negative impact on your final grade. No need to tell me which reading checks you're skipping; just don't do them. Reading checks are due on Wednesdays. They may be submitted early (if the chapter is available under the 'Assignments' tab on Lamakū, go for it), but not late. Late reading checks are not accepted (excepting cases of qualified, documented emergencies or usage of 'late passes'—please see our late work policy in the 'Late Work' section of this syllabus).

Quizzes (15 points each, highest 12 scores count, 180 points total)
For each chapter, you will complete a quiz through Lamakū. The quizzes are open-book, open-notes but should be entirely your own work. **The quizzes work on the mastery system, so you can take them as many times as you would like until the assignment deadline.** The computer will record your highest score, so there's no harm in trying a quiz multiple times (your score can't get lower but can improve). Each quiz is worth 15 points. There are 14 quizzes throughout the semester and your highest 12 scores count, so you can skip two quizzes without any negative impact on your final grade. No need to tell me which quizzes you're skipping; just don't do them. Quizzes are due on Sundays. They may be submitted early (if the chapter is available on Lamakū under the 'Quizzes' tab, go for it), but not late. Late quizzes are not accepted (excepting cases of qualified, documented emergencies or usage of 'late passes'—please see our late work policy in the 'Late Work' section of this syllabus).

In-Class Activities (32 points per class x 5 class sessions, 160 points total):
We'll use our class time for in-depth engagement with our course material by completing various activities. The specifics of this work will fluctuate based on our class needs but all will be

hands-on and encourage interaction with classmates. Throughout each session, I'll provide feedback on your contributions and you'll have opportunities to revise your work using your classmates' and my input. This work is designed to be completed together, in-person and **cannot be made up if missed.**

In order to succeed at our in-class activities, I highly recommend coming to class prepared by reading the textbook, reviewing the PPs, and completing the Reading Checks and quizzes. You are welcome to use the textbook and PPs during class as well, but the activities will go much easier if you are merely referencing this material instead of looking at it for the first time.

Psychologist of Note:

Reiko True

Born in Japan, she attended university in Tokyo, one of only 3 women in a class of 80. She remains passionate about equal access to mental health care and lobbied to create the first mental health center in California to serve Asian Americans. She then led the center, ensuring staff were trained in Asian languages and culture.

Image source: apa.org

Attendance Policy

The best way to succeed in class is to attend regularly, so you are highly encouraged to attend every class. Attendance does not count towards your grade, per se, **but in-class activities can only be submitted in-person, on the day that they are covered in class**. By missing class, you'll miss submitting that work, which will have a significant impact on your overall grade.

Late Work/Assignment Policies

Late assignments are not accepted, except in cases of serious documented emergencies with written verification of the extenuating medical, legal, or other qualifying circumstances. The determination of a qualified emergency is made by me; please contact me as soon as you anticipate or experience a problem.

There is one exception to this 'no late work' policy: Late passes for quizzes. Each student gets three late passes to turn in quizzes late. These late passes can only be used for quizzes, not any other type of assignment. Each late pass buys an extra week (7 days) after the assignment due date to submit said assignment. To use a late pass, please email me and I will reopen the quiz for you on Lamakū.

AI Use

AI use is NOT permitted in any way for this course. The purpose of our class is for you to learn our class content and develop skills that will help you in future courses and your career. This is the time to practice your critical thinking and writing, as well as test your understanding of our class concepts, but this can only be done by actually working with our material yourself. Our class is the time to make mistakes and engage in a productive struggle. This is a supportive

environment focused on growth and progress rather than solely the end product. Skipping this opportunity for learning by using AI wastes your time and money and will leave you unprepared for future work. Plus, your thoughts are way more interesting and valuable than anything AI can come up with.

Extra Credit
At this point, only two optional extra credit opportunities are anticipated for the semester.

1. Syllabus quiz. Taken on Lamakū. Optional, but worth up to 3.5 points. Due 30 August.
2. Meet and Greet with instructor. We're in this class together, so let's get to know one another. Sign up for a quick, 10-minute one-on-one chat with me, worth 6.5 points. The sign-up sheet is available on Lamakū. Due 6 September.

IMPORTANT NOTE:
Please do NOT wait until the last day to do your work because all kinds of problems (especially technological ones) can happen. If you experience problems near the deadline and miss submitting the work, your grade will be recorded as a zero (if it's a quiz and you have a late pass remaining, you could then choose to still submit the work, but if you are out of late passes or it's not a quiz, you'd be out of luck).

Thank you for reading the syllabus so carefully. If you email me with your favorite candy by 30 August, I'll have a bag of it for you at our second class session.

Chinese gymnast Zhou Yaqin reaction to the Italian gymnast podium celebrations

Course Content/Schedule (tentative & subject to change)

Dates	Format	Topic	Assignment Due
26 Aug.	**In-Person, 6 – 8 p.m.**	**Orientation**	**Come to class! No prep needed In-Class Activities #1**
31 Aug. – 6 Sept.	Online	Introduction to Psych	2 Sept.: Reading Check
			6 Sept.: Quiz
7 – 13 Sept	Online	Psychological Research	9 Sept.: Reading Check
			13 Sept: Quiz
14 – 20 Sept	Online	Biological Psychology	16 Sept.: Reading Check
			20 Sept.: Quiz
21 – 27 Sept	Online	Sensation & Perception	23 Sept.: Reading Check
			27 Sept.: Quiz
30 Sept.	**In-Person 6 – 8 p.m.**	**Class session on previous four chapters**	**30 Sept.: In-Class Activities #2** & Learning Reading Check
		New reading Learning	4 Oct.: Learning Quiz
5 – 11 Oct.	Online	Thinking & Intelligence	7 Oct.: Reading Check
			11 Oct.: Quiz
12 – 18 Oct.	Online	Memory	14 Oct.: Reading Check
			18 Oct.: Quiz
19 – 25 Oct.	Online	Lifespan Development	21 Oct.: Reading Check
			25 Oct.: Quiz
28 Oct.	**In-Person 6 – 8 p.m.**	**Class session on previous four chapters**	**28 Oct.: In-Class Activities #3** & E+M Reading Check
		New reading Emotion & Motivations	1 Nov.: E+M Quiz
2 – 8 Nov.	Online	Personality	4 Nov.: Reading Check
			8 Nov.: Quiz
9 – 15 Nov.	Online	Social Psych	11 Nov.: Reading Check
			15 Nov.: Quiz
18 Nov.	**In-Person, 6 – 8 p.m.**	**Class session on previous three chapters**	**18 Nov.: In-Class Activities #4** & SL+H Reading Check
		New reading Stress, Lifestyle, & Health	22 Nov.: SL+H Quiz
23 – 29 Nov.	Online	Psychological Disorders	25 Nov.: Reading Check
			29 Nov.: Quiz
30 Nov. – 6 Dec.	Online	Therapy & Treatment	2 Dec.: Reading Check
			6 Dec.: Quiz
9 Dec.	**In-Person, 6 – 8 p.m.**	**Class session on previous three chapters**	**In-Class Activities #5**

Reading Checks and quizzes are due by 11.59 p.m. on the date they are listed. In-class activities are due by the end of that evening's class session. Beyond usage of the late passes, late work is not accepted, excepting documented, qualified emergencies (as determined by me, see course policy).

Grade Tracker

You're spending your valuable time and money on this course, so let's make sure that you are on course for success. Using this grade tracker sheet, you can always be aware of your grade in our course. Simply fill in your scores as you earn them.

Grade Tracker:

Reading Checks

Intro to Psych =	_____/5 points	
Psychological Research =	_____/5 points	
Biopsychology =	_____/5 points	
Sensation & Perception =	_____/5 points	
Learning =	_____/5 points	
Thinking & Intelligence =	_____/5 points	
Memory =	_____/5 points	**Highest 12 of 14 Scores = ____/60 points**
Lifespan Development =	_____/5 points	
Emotion & Motivation =	_____/5 points	
Personality =	_____/5 points	
Social Psych =	_____/5 points	
Stress, Lifestyle, Health =	_____/5 points	
Psychological Disorders =	_____/5 points	
Therapy & Treatment =	_____/5 points	

Quizzes

Intro to Psych =	_____/15 points	
Psychological Research =	_____/15 points	
Biopsychology =	_____/15 points	
Sensation & Perception =	_____/15 points	
Learning =	_____/15 points	
Thinking & Intelligence =	_____/15 points	**Highest 12 of 14 Scores = ____/180 points**
Memory =	_____/15 points	
Lifespan Development =	_____/15 points	
Emotion & Motivation =	_____/15 points	
Personality =	_____/15 points	
Social Psych =	_____/15 points	
Stress, Lifestyle, Health =	_____/15 points	
Psychological Disorders =	_____/15 points	
Therapy & Treatment =	_____/15 points	

In-Class Activities

In-Class Activities #1 =	_____/32 points	
In-Class Activities #2 =	_____/32 points	
In-Class Activities #3 =	_____/32 points	**All Scores = ____/160 points**
In-Class Activities #4 =	_____/32 points	
In-Class Activities #5 =	_____/32 points	

Point Total:

_____ + _____ + _____ + _____ = _____

Reading Checks | Quizzes | In-Class Act. | Extra Credit | Point Total

Total Points = _____ /400 points

Final Course Grades:

A = 400.0 – 360 points [percentage of 90 – 100%]
B = 359.9 – 320 points [percentage of 80 – 89.9%]
C = 319.9 – 280 points [percentage of 70 – 79.9%]
D = 279.9 – 240 points [percentage of 60 – 69.9%]
F = Below 240 points [percentage of 0 – 59.9%]

To figure out your grade at any point during the semester, total up all the points you've earned up until thus far and use this formula:

(Points earned ÷ Points possible thus far) x 100 = Current grade

For example, say it's partway through the semester and you've earned 179 points thus far and there have been 200 points available. You would take 179 ÷ 200, which equals .895, and then multiply .895 by 100, which equals 89.5%. Using the above grade breakdown, we'd see that a percentage of 89.5 means that your current grade would be a 'B'.

Psychologist of Note:

Jennifer Eberhardt

Her research shows how subliminal images activate racial stereotypes, changing what and how people see. She investigates the largely unconscious yet deeply ingrained ways that individuals racially code and categorize people, with a particular focus on associations between race and crime. She uses these findings to raise awareness about stereotypes in the criminal justice system and in education. In 2014, she received a MacArthur Foundation award for her groundbreaking work.

Image source: www.macfound.org

Academic Integrity

Work submitted by you must be your own work. The work of others should be explicitly marked, such as through the use of quotes or summarizing with reference to the original author. **In this course, students are not permitted to use generative Artificial Intelligence (AI) applications such as ChatGPT, Bard, or Bing, in whole or in part, to generate course materials or assignments.** Grammar and spell checking tools such as those integrated into MS Word may be used. If you have any questions about whether a particular tool or specific use is permitted, check with the professor.

I take academic dishonesty, plagiarism, and cheating very seriously. If I think you have committed academic dishonesty, plagiarized (intentionally or unintentionally) or cheated, you will earn a zero for that assignment, no exceptions. A second instance of either will result in

failure of the course (i.e. two instances of plagiarism, two instances of cheating, or one instance of plagiarism and one instance of cheating).

All cases of academic dishonesty, plagiarism, and cheating are referred to the Vice Chancellor for Student Affairs.

Windward CC Student Conduct Information

UH System Student Conduct Policy EO 7.208

Student Responsibilities

This class is designed for you to succeed, even if you experience struggles throughout the semester, provided you stick with it and keep submitting assignments.

To encourage you to keep up with our assignments and to keep class fair for all, we have the following **Late Work Policy:** Beyond the late passes, late assignments are not accepted, except in cases of serious documented emergencies with written verification of the extenuating medical, legal, or other qualifying circumstances. The determination of a qualified emergency is made by me; please contact me as soon as you anticipate or experience a problem.

I strongly uphold the University of Hawai'i's non-discrimination policy in my class. Any discriminatory acts or language on the basis of race, religion, sex, gender, gender identity, age, national origin, ancestry, disability, or sexual orientation will NOT be tolerated. We will maintain our online classroom as a safe environment for all. Please review our

Hawai‘i-Style Netiquette, which blends the values of ALOHA with approaches to how we should treat each other online.

I am here to help you succeed in this course. Please don't hesitate to email me, reach out to schedule a video chat, or stop by my office if you have any questions, concerns, or problems. At any point in the semester, if you have concerns about our class that you would prefer not to discuss with me, an alternative contact for any concerns is wccaa@hawaii.edu.

> My therapist taught me to interrupt my anxious thinking with thoughts like: "What if things work out" and "What if all my hard work pays off?"
>
> So, I'm passing that onto you wherever you are, whatever you're leaving, or whomever you're becoming.
> — Sinclair P. Ceasar III (@Sinclair_Ceasar) April 11, 2018

How to Seek Academic or Technical Support

Academic Support

- Windward Community College Library
- Library eResources
- Library Research Units (LRUs)
- Ka Piko Tutoring Services: Math Lab, Speech Lab, Writing Lab, ‘Ōlelo Hawai‘i Lab
- Online Learning at Windward Community College
- STAR Balance

Psychologist of Note:

Richard Suinn, PhD, obtained a bachelor's degree from the Ohio State University and his doctorate in counseling psychology from Stanford University. He was the third ethnic minority and the first Asian-American president of the American Psychological Association when elected in 1999. Previous to serving in this leadership role, Dr. Suinn was very involved in APA governance. He was one of the first members of the Committee on Ethnic Minority Affairs in 1979.

Suinn has conducted extensive research in the areas of sport psychology, behaviors and ethnic minority issues. Much of his career was spent at Colorado State University as a professor and department chair. During his time there, he established a program that served to recruit and retain ethnic minority students. He was involved in the early establishment of the Asian American Psychological Association and in 1972, became the first psychologist to serve on a U.S. Olympic sports medicine team. Additionally, he has served as city councilperson and mayor of the city of Fort Collins, Colo.

Technical Support

- UH ITS Help Desk – email help@hawaii.edu or call 956-8883 (or 1-800-558-2669) for Lamakū and most technology support. Available 24 hours a day, 7 days a week, including holidays.
- Student Tech Support - email winhelp@hawaii.edu, call 808-235-7437, or stop by in person at Hale La‘akea 228. Available Monday–Friday from 8:00 a.m. – 4:00 p.m.

- Lamakū – Click on the Request Assistance link at the bottom of any Lamakū Page to fill out and submit a question and get your answer via email.
- Information Security for Students

College Policies & Support Services

Disabilities Accommodations Statement

The Windward Community College's Disability Student Services Office (WCC-DSSO) is committed to providing equal access to qualified students with disabilities. If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to participate fully in this class, you are encouraged to contact the Disability Specialist Counselor, Roy Inouye, to discuss reasonable accommodations that will help you succeed in this class. The Disabilities Counselor can be reached at 808-235-7448, wccdsso@hawaii.edu, or stop by the office (Hale Kakoʻo 105) for more information. Accommodations begin AFTER the Disabilities Counselor contacts the instructor (i.e. accommodations are not retroactive).

Basic Needs

Basic needs include food and housing, childcare, mental health, financial resources, and transportation. Student basic needs security is critical for ensuring strong academic performance, persistence and graduation, and overall student well-being. If you or someone you know is experiencing basic needs insecurity, please see the UH System Basic Needs website.

Financial Aid

If you are receiving financial aid and are contemplating not completing the course it is highly recommended that you contact the Financial Aid Office at (808) 934-2712 or email them at wccfao@hawaii.edu ***BEFORE*** you withdraw to discuss the impact this decision may have on your financial aid eligibility.

Mental Health Counseling
Mental Health and Wellness at Windward Community College counseling services and activities on campus to support students' life goals as well as their academic goals. Information about services can be found at the WCC Mental Health & Wellness.

Psychologist of Note:

2. FRANCIS CECIL SUMNER (1895-1954)

Contributions: First African American to receive his Ph.D. in Psychology. Helped establish the psychology department at Howard University to train African American Psychologists. Sumner completed vast amount of research which counteracted racism and bias in psychological studies of African Americans. Some of his students went on to becoming leading psychologist in their own right, for example Kenneth Clark.

UH Alerts
The UH Alert emergency notification system alerts the university community in the event of a natural, health or civil emergency. The information you provide will only be used in the event of an emergency that impacts the health and safety of the UH community or the closure of whole campuses. It will not be shared with others or used for routine UH communications or announcements. To sign up, visit UH Alerts for more information.

LGBTQ+
The University of Hawai'i system and Windward Community College are committed to building an inclusive community that supports and advocates for all students, staff, and faculty. We welcome all members of our campus community to our campuses: transgender, māhū, and people of all gender identities. All members of our campus community deserve a work and educational environment free from harassment or bullying based on their sexual orientation, gender identity, or expression. For more information, see the University of Hawai'i Commission on LGBTQ+ Equality. Windward Community College Commissioner: Scott Sutherland, scottjks@hawaii.edu

Student Conduct Code
Windward Community College follows the University of Hawai'i Code of Student Conduct which defines expected conduct for students and specifies those acts subject to University sanctions. Students should familiarize themselves with the Code of Student Conduct since, upon enrollment at Windward Community College, the student has placed herself/himself under the policies and regulations of the University and its duly constituted bodies. The disciplinary authority is exercised through the Office of the Vice Chancellor for Student Affairs. Copies of the Student Conduct Code are available at the Office of the Vice Chancellor for Student Affairs.

TRiO Program

The Federal TRiO Programs are educational opportunity outreach programs designed to motivate and support students from disadvantaged backgrounds. TRiO includes six outreach and support programs targeted to serve and assist low-income, first-generation college students and students with disabilities in progressing through the academic pipeline from middle school to post-baccalaureate programs. Information about services can be found at Windward CC TRiO.

Psychologist of Note:

Martha Bernal (1931-2001)

The first Latina to earn a PhD in psychology in the United States, she studied ethnic identity and made clinical training more relevant for minorities. She also mentored Latino/a psychologists and founded the National Hispanic Psychology Association.

Image source: palantelatino.com/

Title IX - Sex Discrimination And Gender-Based Violence Resources

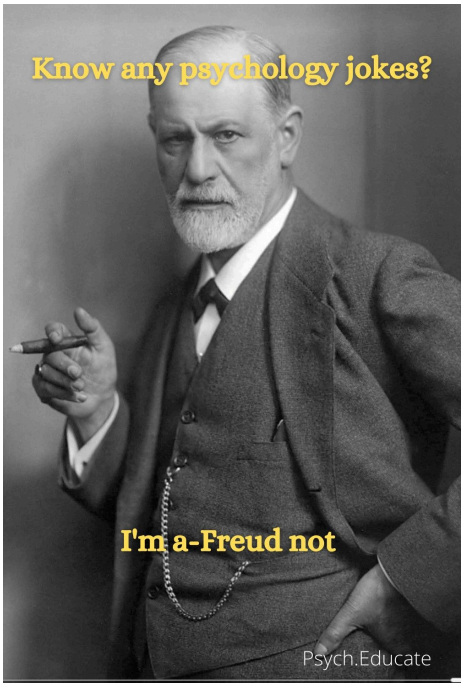
Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking. If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Kalaiku Stephenson, WCC Confidential Advocate
Phone: (808) 235-7383
Email: kalaikus@hawaii.edu
Office: Hale Kākoʻo 103

Mykie E. Menor Ozoa-Aglugub, J.D., Title IX Coordinator
Phone: (808) 235-7468
Email: mozoa@hawaii.edu
Office: Hale Kākoʻo 109

Desrae Kahale, Mental Health Counselor & Confidential Resource
Phone: (808) 235-7393
Email: dkahale3@hawaii.edu
Office: Hale Kākoʻo 101

Karen Cho, Deputy Title IX Coordinator
Phone: (808) 235-7404
Email: kcho@hawaii.edu
Office: Hale ʻAlakaʻi 120

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University's Title IX resources, and the University's Policy, Interim EP 1.204, go to https://www.hawaii.edu/titleix