

## PSY 100: SURVEY OF PSYCHOLOGY

3 CREDIT HOURS

M-R: 9-1015; Hybrid

INSTRUCTOR: Frank Palacat, Ed.D, MSCP  
SI INSTRUCTOR: Lahela Briggs  
OFFICE: Na`auao 123  
OFFICE HOURS: Daily before class, after class and by appointment  
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EFFECTIVE DATE: Summer 2024

### WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

*Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko'olau region of O'ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.*

### CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

#### PREREQUISITES:

None

#### RECOMMENDATIONS:

Read and write at the college level, basic computing and internet skills, and have a basic understanding of percentages and probability.

### STUDENT LEARNING OUTCOMES

As a result of taking this course, students can expect to attain the following outcomes:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

### COURSE CONTENT

#### Concepts or Topics

- Major Psychological Theories
- Nature and Nurture
- Psychological Perspectives
- Psychological Theorists
- Conscious and Unconscious Mind
- Research Strategies and Methods

#### Skills or Competencies

1. Describe and evaluate psychology as a science
2. Compare and contrast the interactive effects of nature and nurture
3. Identify and describe major theorists
4. Integrate various psychological theories
5. Define theory
6. Discuss the nature and types of evidence used in psychology

## COURSE TASKS

### A. PARTICIPATION: (10%, 100 points of total grade):

Each student will be expected to participate each week. Activities are designed to complement information in the text. Optimal learning will require preparation through reading and processing, and then sharing the work product or information in class or online class forums. It is important to plan ahead to make certain you complete the work required outside of class so you are ready to share with the class at the time the topic is discussed.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student to contribute to the interactive learning that is an important part of every course. To receive credit for participation, each student will need to participate, on time.

### B. CHAPTER ASSIGNMENTS (30%, 300 points of total grade):

Assignments will be made available online at the start of the semester. Each week the students are expected to watch a video of the assigned chapter(s) and then complete the assignment(s) for the assigned chapter(s). Each individual chapter assignments will consist of questions that come directly from the videos. Assignments can only be submitted once so look over the assignment questions watch and rewatch the video to obtain the answer. Upon answering all the questions submit the assignment. Students may complete the reading and assignments, in order, at a faster pace if they so desire; however, in the interest of proficient grading and to motivate students to ration work efficiently, assignments and postings must be completed BEFORE the stated deadline. Each chapter assignments are worth a possible total of 20 points, x15 chapters, for a total possible 300 points.

### C. PORTFOLIO POSTING AND RESPONDING (30%, 300 points of total grade):

TO OBTAIN FULL POINTS EACH POST NEEDS TO BE 300 WORDS AND EACH RESPONSE 100 WORDS LONG.

This is the single most important activity over the course of the semester. To be successful in this segment of the course, students need to start early and work each week to complete this assignment. The Posting and Responses in this course will be used as your writing assignment for the course. Please take this into account when writing your posts. Be aware of grammar structure and writing styles. The grading of each post and response is as follows (an example is provided in Laulima):

- i. Find a point or term from the chapter that you are writing about, and apply that point or term to an experience or observation you have seen in your life. (Post these under each Chapter heading)
- ii. Provide an artifact (pictures, drawings, poems, etc.) that links to your posting or question. (Provide this as an attachment to your posts)
- iii. The writing must be 300 words, double-spaced with 1-inch margins, using 12 point New Times Roman font.

### D. QUIZZES (300 pts or 30% of total grade):

Complete each chapter quiz for a total of 15 quizzes. Each quiz will cover the important terms, concepts, and ideas from the chapter.

### E. SUPPLEMENTAL INSTRUCTION

Participation in an SI session will provide students opportunities to learn the material in a smaller group setting. Students that participate will have a ability to retake a chapter quiz.

## ASSESSMENT TASKS AND GRADING

Participation = 100 pts	900 - 1000 points = A
Portfolio Posts = 300 pts	800-899 points = B
Assignments = 300 pts	700- 799 point = C
Quizzes = 300 pts	600 - 699 points = D
Total = 1000 pts	<600 points = F or N

## LEARNING RESOURCES

### Required Text:

Myers, D. (2023). Exploring Psychology, (12th ed.). New York: Worth

The required text may be purchased at the WCC Bookstore located in Hale `Ākoakoa Rm#160.

### Campus Resources:

- TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.
- Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus).
- TTC: The Testing Center for assistance in an alternative testing site.
- Library Study Services: See the librarian for additional details.
- EBSCOHost Journal Online DataBase can be accessed through the Library Website:  
<http://library.wcc.hawaii.edu>

### What is SI?

Supplemental Instruction, or SI, is a peer-mentoring program that targets high-risk classes. Experienced students who have previously taken difficult courses run study sessions outside the classroom. Success comes when students work together with their class SI Leader to explore important concepts, review class notes, discuss reading assignments and test-taking strategies, and review for tests.

## DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class.

Jodi Asato, Disabilities Counselor under Disabilities Accommodations, Hale Kako‘o 105, 808-235-7472,  
[jodiaka@hawaii.edu](mailto:jodiaka@hawaii.edu)

## SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking. If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one:

Mykie Ozo-Aglugub, Title IX Coordinator/Confidential Advocate, Hale Kako‘o 109, 808-235-7468, [mozoo@hawaii.edu](mailto:mozoo@hawaii.edu)

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University’s Title IX resources and the University’s Policy, Interim EP 1.204, go to [manoa.hawaii.edu/titleix/](http://manoa.hawaii.edu/titleix/)

## ACADEMIC INTEGRITY

Work submitted by a student must be the student's own work. The work of others should be explicitly marked, such as through use of quotes or summarizing with reference to the original author. Students can upload papers Google Docs to have papers checked for authenticity, highlighting where the paper potentially fails to appropriately reference sources. In this class, students who commit academic dishonesty, cheating or plagiarism will have the following consequence(s): **Students will receive a failing grade for plagiarized assignments.**

**All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.**

## ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

- Location: Alaka'i 121
- Phone: (808) 235-7422

## ADDITIONAL INFORMATION

### June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3	4	5	6	7	8	9
Intro	CH 1	CH 2	CH 3	Read CH 1, 2, & 3 Due 6/9 @ 11:59pm CH 1, 2, & 3: Quizzes Video Assignments Reflections		
10	11	12	13	14	15	16
CH 4	CH 5	CH 6	CH 7	Read CH 4, 5, 6, & 7 Due 6/16 @ 11:59pm CH 4, 5, 6, & 7: Quizzes Video Assignments Reflections		
17	18	19	20	21	22	23
CH 8	CH 9	CH 10	CH 11	Read CH 8, 9, 10, & 11 Due 6/23 @ 11:59pm CH 8, 9, 10, & 11: Quizzes Video Assignments Reflections		
24	25	26	27	28	29	30
CH 12	CH 13	CH 14	CH 15	Read CH 12, 13, 14, & 15 Due 6/30 @ 11:59pm CH 12, 13, 14, & 15: Quizzes Video Assignments Reflections		