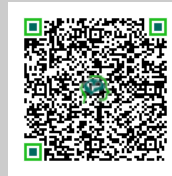




PSY 253: SURVEY OF PSYCHOLOGY

3 Credit Hours

MW 6:30pm-800pm @ WCCC



INSTRUCTOR: Frank Palacat
OFFICE: Na`auao 123
OFFICE HOURS: Make an appointment at <https://www.star.hawaii.edu/appointment/>
TELEPHONE: (808) 236-9209
EMAIL: palacatf@hawaii.edu (*best contact*)
EFFECTIVE DATE: Spring 2024

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai`i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko`olau region of O`ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION

Explores the reasons for conflict and the different approaches for seeking resolution for conflict. Studies personal and societal value systems, the psychology of how people respond to conflict, the impact of culture on conflict styles, communication skills useful in dealing with conflict, and alternative resolution strategies. Practices mediation skills as a third party intervention method.

PREREQUISITES:

PSY 100
 Pre-Requisite: Grade of C or better in PSY 100

RECOMMENDATIONS:

Grade of C or better in ENG 100.

STUDENT LEARNING OUTCOMES

As a result of taking this course, students can expect to attain the following outcomes:

1. List and discuss the basic issues of conflict, conflict management, and resolution.
2. Apply the basic theories of conflict resolution.
3. Integrate critical thinking of conflict resolution into communication and interaction patterns.
4. Integrate constructs presented with personal knowledge and experience with conflict situations.

COURSE CONTENT

<u>Concepts or Topics</u>	<u>Skills or Competencies</u>
1. The Nature of Conflict	1. Describe and evaluate Conflict
2. Perspectives on Conflict	2. Compare and contrast relationships
3. Interests and Goals	3. Identify and describe views of Conflict
4. Power: The Structure of Conflict	4. Integrate various psychological theories of Conflict
5. Conflict Styles	5. Understand different Conflict Styles
6. Emotions in Conflict	6. Discuss the nature and types of evidence used in Negotiation
7. Analyzing Conflicts	
8. Bullying	
9. Interpersonal Negotiation	
10. Reconciliation and Forgiveness	

COURSE TASKS

A. PARTICIPATION (20%, 200 points of total grade):

Each student will be expected to participate each week. Activities are designed to complement information in the text. Optimal learning will require preparation through reading and processing, and then sharing the work product or information in class or online class forums. It is important to **plan ahead** to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because the activities are planned in-class group learning opportunities with weekly deadlines, there are no make-up opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student to contribute to the interactive learning that is an important part of every course. **To receive credit** for participation, each student will need to **participate, on time**.

B. PORTFOLIO (20%, 200 points of total grade):

This is the single most important activity over the course of the semester. To be successful in this segment of the course, students need to start early and work each week to complete this project. The Portfolio Reflections are due by start of class on Wednesday, May 3, 2023. Make sure your name is on each page. Because this is a semester long project, there is no excuse for a late paper. Late assignments are generally not accepted; and if accepted, will be significantly penalized. If you foresee you may be unable to turn assignments in on the due date, you may submit assignments on an earlier date, or have a classmate hand it in for you.

C. EXAMS (60%, 600 points of total grade):

Complete three of the four exams covering assigned readings, class activities, discussions, lectures, videos, handouts, assignments, etc. Each Exam will consist of approximately 50 Multiple Choice and True-False questions.

<u>EXAM</u>	<u>MATERIAL</u>	<u>% / POINTS possible</u>
Unit Exam 1	Chapters 1-5	20% / 200pts
Unit Exam 2	Chapters 6-10	20% / 200pts
Unit Exam 3	Chapters 11-15	20% / 200pts
Cumulative Exam (Optional)	Chapters 1-15	20% / 200pts

Do not miss exams. Fairness in testing depends on students having equal preparation opportunities. Consequently, make-up tests will be allowed at the end of the semester. In the event of an emergency, the instructor must be notified **IN ADVANCE** of the exam, unless absolutely impossible. If the instructor is not notified of the emergency prior to the **DEADLINE** of the exam, and/or appropriate documentation of proof of emergency is not provided, the student will receive a zero for that exam.

Routine appointments are not emergencies, and should be scheduled outside of time needed to complete course requirements. In case of emergencies, it is the responsibility of the student to contact the instructor before class begins, in order for the student to avoid penalty.

ASSESSMENT TASKS AND GRADING

<u>Task</u>	<u>Possible Pts</u>	<u>Grade Criterion</u>
Participation =	200 pts	900 - 1000 points = A
Portfolio =	200 pts	800-899 points = B
Exams =	600 pts	700- 799 point = C
Total =	1000 pts	600 - 699 points = D
		<600 points = F or N

LEARNING RESOURCES

Required Text:

Wilmot, W. W. (2021). *Interpersonal Conflict* (11th ed.). McGraw-Hill Higher Education (US).
The required text may be purchased at the WCC Bookstore located in Hale `Ākoakoa Rm#160.

Campus Resources:

- TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.
- Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus).
- TTC: The Testing Center for assistance in an alternative testing site.
- Library Study Services: See the librarian for additional details.
- EBSCOHost Journal Online DataBase can be accessed through the Library Website: <http://library.wcc.hawaii.edu>

ADDITIONAL INFORMATION

MODES OF INSTRUCTION:

Lecture presentation slides and notes, assigned readings, worksheets, participation, personal reflection, community field observations. Although the main concepts in psychological adjustment will be covered, not all important information from your text will be discussed in class presentations, notes, and assignments. The text, course activities, and lecture resources are mutually complementary; meaning they overlap. Students are responsible for information presented in all domains.

REQUEST FOR Cr/N GRADES:

Requests for Credit/No Credit grades, as opposed to the traditional A-F grades, must be made by the official withdrawal date (Approximately mid-semester; see calendar for date) directly through your counselor.

LATE WORK:

As stated in “Course Tasks, C - E,” late assignments are generally not be accepted, and are heavily penalized if accepted. If you foresee you may be unable to come to class, you may submit assignments on an earlier date or have a classmate hand it in for you. Emailed assignments will not be accepted. With that said, under special circumstances and with prior approval from your instructor, late work may occasionally be accepted with a strict 50% point penalty. Your instructor reserves the right to rescind this exception at any time.

RELEASE or TRANSFER:

I realize the possibility of immediate release or transfer to another facility is possible and not within your control. If you are being released or transferred to a place you are certain has internet access and you have the ability to gain weekly access to the internet for extended periods of time, it may be possible to continue the course online. This contingency will be considered ONLY under the following conditions:

- 1) You are CERTAIN you will be able to obtain the textbook and reliable and consistent internet access within one week of transfer/ discharge;
- 2) You have already completed at least 50% of the course at WCCC;
- 3) You have already completed the first two exams and scored a “C” or higher;
- 4) You had a “B” or higher for your mid-semester grade assessment;
- 5) You contact the instructor via email within one week of transfer/ discharge;
- 6) Any additional conditions as deemed appropriate by the instructor and/ or WCC counselor.

If any of these conditions cannot be met, it is my recommendation that your WCC counselor withdraw you from the course. It is our wish to set you up for success in your higher education goals. These conditions are in place to ensure successful completion of the course and to prevent us from inadvertently setting you up for failure

DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class.

Jodi Asato, Disabilities Counselor under Disabilities Accommodations, Hale Kako‘o 105, 808-235-7472, jodiaka@hawaii.edu

SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one:

Mykie Ozo-Aglugub, Title IX Coordinator/Confidential Advocate, Hale Kako‘o 109, 808-235-7468, mozoa@hawaii.edu

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University’s Title IX resources and the University’s Policy, Interim EP 1.204, go to manoa.hawaii.edu/titleix/

ACADEMIC INTEGRITY

Work submitted by a student must be the student’s own work. The work of others should be explicitly marked, such as through use of quotes or summarizing with reference to the original author.

Students can upload papers Google Docs to have papers checked for authenticity, highlighting where the paper potentially fails to appropriately reference sources.

In this class, students who commit academic dishonesty, cheating or plagiarism will have the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

- Location: Alaka‘i 121
- Phone: (808) 235-7422