



**PSY 224 : ABNORMAL PSYCHOLOGY**

3 Credit Hours (CRN 62192)

Online



**INSTRUCTOR:** Frank Palacat  
**OFFICE:** Na`auao 123  
**OFFICE HOURS:** Make an appointment at <https://www.star.hawaii.edu/appointment/>  
 TR 10:00am – 11:15am (Online via Zoom)  
 MW 11:30am- 12:45pm (Online via Zoom)  
**TELEPHONE:** (808) 236-9209  
**EMAIL:** palacatf@hawaii.edu (*best contact*)  
**EFFECTIVE DATE:** Spring 2024

**WINDWARD COMMUNITY COLLEGE MISSION STATEMENT**

*Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko‘olau region of O‘ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.*

**CATALOG DESCRIPTION**

Concepts and principles used in clinical practice: dynamics, diagnosis, and treatment of abnormal behavior. Compares and contrasts the different patterns of abnormal behavior. Examines the differences in theoretical models for understanding maladaptive behavior.

**PREREQUISITES:**

None

**RECOMMENDATIONS:**

Completion of PSY100: Survey of Psychology. Read and write at the college level, basic computer literacy, and basic understanding of percentages & probability.

**STUDENT LEARNING OUTCOMES**

After successfully completing this course, the student will be able to:

1. Compare and contrast historical and current theories of abnormal behavior.
2. Identify and describe different types of abnormal behavior and the “best practice” therapies associated with each type.
3. Apply the principles of psychology to their own thoughts and feelings.
4. Illustrate understanding of the role of culture, ethnicity, and socio-economic factors in defining abnormal behavior.

**COURSE CONTENT**

**Concepts or Topics**

- Major Psychological Theories
- Psychological Assessment
- Diagnosis and Treatment
- Ethical Considerations
- Cultural Competency

**Skills or Competencies**

1. Describe and evaluate models of abnormality
2. Define criteria for common disorders
3. Integrate symptomology for case conceptualization
4. Compare & contrast effective therapies for specific disorders
5. Discuss ethical guidelines for practice
6. Identify the importance of understanding culture and diversity when working assessing, diagnosing, & treating mental illness

## COURSE TASKS

### A. QUIZZES (30%, 300 points of total grade)

Complete weekly online quizzes. Check online for due dates.

### B. PORTFOLIO (FORUM) POSTING AND RESPONDING (30%, 300 points of total grade):

TO OBTAIN FULL POINTS EACH POST NEEDS TO BE 300 WORDS AND EACH RESPONSE 100 WORDS LONG.

This is the single most important activity over the course of the semester. To be successful in this segment of the course, students need to start early and work each week to complete this Activity. The Posting and Responses in this course will be used as your writing Activity for the course. Please take this into account when writing your posts. Be aware of grammar structure and writing styles.

- A. Write a MINIMUM 300 word post: Your post should demonstrate your interest and understanding of any select term(s), theory(s), or concept(s) you choose from the textbook, & apply them to real life.
- 1) Describe/Define technically, according to your text but summarized in your own words, three (3) NEW things that you learned and found interesting; things you DID NOT know before reading the chapter.
  - 2) Pick at least one of the three from above and, detail how this information will be helpful to you in the future.
    - a) How can you potentially use this new information in your life?
    - b) With whom?
    - c) In what type of situation(s)?
    - d) How might this information change your behavior or thought process now, versus
    - e) How you have/might have behaved/thought without this knowledge?

Feel free to provide an artifact if you wish (this is not required). An artifact is a digital, but physical, representation of your potential experience (ie: a picture, a link to video, a website, a poem, etc.) that can be inserted into, or attached to, this posting;

- B. Read the chapter's posts from your classmates and provide constructive and intellectual feedback to at least two of them in a MINIMUM 100 word reply.

### C. CHARACTER REVIEW PAPER (40%, 400 points of total grade):

This is the single most important activity over the course of the semester. To be successful in this segment of the course, students need to start early and work each week to complete this project. **Because this is a semester long project, there is no excuse for a late paper. LATE PAPERS will not be accepted.**

## ASSESSMENT TASKS AND GRADING

Task	Possible Pts	Grade Criterion
Quizzes =	300 pts	900 - 1000 points = A
Portfolio =	300 pts	800-899 points = B
Char. Review =	400 pts	700- 799 point = C
<b>Total =</b>	<b>1000 pts</b>	600 - 699 points = D
		<600 points = F or N

## LEARNING RESOURCES

### Required Text:

Comer, R. (2022). Fundamentals of Abnormal Psychology (10th ed.). New York: Worth

### Campus Resources:

TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.  
Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).

TTC: The Testing Center for assistance in an alternative testing site.

Library Study Services: See the librarian for additional details.

EBSCOHost Journal Online DataBase can be accessed through the Library Website:

<http://library.wcc.hawaii.edu>

## DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Accessibility Counselor to discuss reasonable accommodations that will help you succeed in this class. Roy Inouye can be reached at (808) 235-7448, [royinouy@hawaii.edu](mailto:royinouy@hawaii.edu), or you may stop by Hale Kāko‘o 106 for more information.

## SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Mykie Ozo-Aglugub, Title IX Coordinator/Confidential Advocate, Hale Kako‘o 109, 808-235-7468, [mozoa@hawaii.edu](mailto:mozoa@hawaii.edu)

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University’s Title IX resources and the University’s Policy, Interim EP 1.204, go to [manoa.hawaii.edu/titleix/](http://manoa.hawaii.edu/titleix/)

## ACADEMIC INTEGRITY

Work submitted by a student must be the student’s own work. The work of others should be explicitly marked, such as through use of quotes or summarizing with reference to the original author.

In this class, students who commit academic dishonesty, cheating or plagiarism will have the following consequence(s):

**Students will receive a failing grade for plagiarized Reflections.**

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

## ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

Location: Alakai 121

Phone: 808-235-7422

Email: [wccaa@hawaii.edu](mailto:wccaa@hawaii.edu)

**ADDITIONAL INFORMATION**
**TENTATIVE SCHEDULE**
**March - May 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 3	4	5	6	7	8	9
Read CH 1 & 2 Due: Introduction & Pre-Survey 3/9/24 @ 11:59pm						
10	11	12	13	14	15	16
Read CH 3 & 4 Due: Posts, Responses, and Quizzes for CH 1 & 2 3/16/24 @ 11:59pm						
17	18	19	20	21	22	23
SPRING BREAK						
24	25	26	27	28	29	30
Read CH 5 & 6 Due: Posts, Responses, and Quizzes for CH 3 & 4 Character Review Introduction 3/30/24 @ 11:59pm						
31	Apr 1	2	3	4	5	6
Read CH 7 & 8 Due: Posts, Responses, and Quizzes for CH 5 & 6 4/6/24 @ 11:59pm						
7	8	9	10	11	12	13
Read CH 9 & 10 Due: Posts, Responses, and Quizzes for Ch 7 & 8 Character Review Lit Review 4/13/24 @ 11:59						
14	15	16	17	18	19	20
Read CH 11, 12 & 13 Due: Posts, Responses, and Quizzes for CH 9 & 10 4/20/24 @ 11:59						
21	22	23	24	25	26	27
Read CH 14, 15 & 16 Due: Posts, Responses, and Quizzes for CH 11, 12 & 13 Character Review Discussion/Conclusion 4/27/24 @ 11:59						
28	29	30	May 1	2	3	4
Due: Posts, Responses, and Quizzes for 14, 15, & 16 Final Completed Character Review 5/4/24 @ 11:59						

## Abnormal Psychology Character Review

In addition to their sheer entertainment value, popular movies often depict psychological disorders. There is certainly no shortage of “Abnormal Psychology movies” available for viewing; however, many provide inaccurate portrayals of psychological behaviors, traits and disorders. This often leads to the public at large having a distorted view of what Psychopathology is or how Clinical Psychologists work. Remember from General Psychology, a major part of becoming a “critical thinker” is becoming a critical consumer of popular information.

Your mission in this Reflection is to choose a film, TV show with an abnormal psychological character portrayed in the film, and then carefully analyze how well or accurately you believe the character presented the disorder to the viewing audience.

### **Instructions:**

1. Choose a movie
2. View the movie **at least once. Even if you have seen the movie previously, watch it again.** You will need to pay very close attention to what is being portrayed and you should probably take some notes. They **will** come in handy later, as you write your paper.
3. Write a reaction/research paper using the following guidelines:
  - a. **INTRODUCTION:** In one or two pages (**300-600 words**), Highlight important background information about the character such as name, age, family information, profession, major life events, family history of mental illness, etc. I do NOT need to hear the plot of the movie. Sources such as [www.imdb.com](http://www.imdb.com), wikipedia, or fan sites will help you find background information.
  - b. **LITERATURE REVIEW:** Find three to five Internet articles that deal with the specific type of psychological disorder/issue portrayed by the character in the movie (Obsessive-Compulsive Disorder, Aversive Therapy, Insanity Defense, etc.) and then **write at least three pages (900 words)** on what you have learned from your Internet research. You may also use your textbook as one of your sources, if you wish. **Make sure** to cite your sources in **APA style**, in the body of your paper **and** on your reference page. (See my website for examples)
  - c. **DISCUSSION/CONCLUSION:** In the final portion of your paper, you will analyze (based upon your internet research) how well you think the character portrayed the abnormal psychological disorder. You will do this by addressing the following questions: (**write at least three pages 900 words**)
    - i. Diagnosis: What are the exact diagnostic criteria from the DSM-V for the diagnosis you have made in Section I of your Psychological Evaluation Report Form. You are allowed to (but not required to) ascribe more than one diagnosis, but your paper should be limited to the detailed presentation of only one. You must defend your diagnosis by outlining specific examples of how the character meets or does not meet EACH criterion. Consider using quotes or movie clips to support your assertions. Directly address how you eliminated other disorders that are listed in your DSM criteria. This is the heart of the presentation so do it well. *Note: if you diagnose your character with schizophrenia, you must first demonstrate that they have the disease and then name and defend the subtype.* You can find the DSM-V at your local library or you can consult the diagnostic criteria online at: <http://www.behavenet.com/disorders>
    - ii. Cause of the behavior slide – Speculate as to WHY the person developed this disorder. How did the disorder develop? Nature/Nurture?
    - iii. Psychological Evaluation Report Form – You must complete the Psychological Evaluation Report Form (attached).
4. Papers will be submitted via Laulima
5. Papers should be written in APA format, double-spaced, using a 12-point Times New Roman font and should be at least **eight (8) total** pages in length if the directions, indicated above, are followed completely. The first section (see 3-a above) and last section (see 3-c above) of your paper will be your own

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words/opinion and will require no reference citations. HOWEVER, YOU WILL NEED TO CITE YOUR REFERENCES, **APA STYLE**, IN THE THREE PAGES OF RESEARCH (see 3-b above) WRITTEN FROM YOUR INTERNET SOURCES. NOT DOING SO WILL BE CONSIDERED **PLAGIARISM** AND WILL **SUBSTANTIALLY** REDUCE YOUR PAPER’S GRADE!!

6. Papers will be graded based upon the following rubric:
- |   |                                      |
|---|--------------------------------------|
| * Following directions (length, font, double-spacing, etc.) | 40pts.                               |
| * Cover Sheet   | 10pts.                               |
| * Abstract  | 10pts.                               |
| * Introduction (Background Information)                     | 100pts. (50pts Draft + 50 pts Final) |
| * Literature Review (Research portion)                      | 100pts. (50pts Draft + 50 pts Final) |
| * Analysis of Character                                     | 100pts. (50pts Draft + 50 pts Final) |
| * Reference page  | 20pts.                               |
| * Appendix: Psychological Evaluation Report Form            | <u>20pts.</u>                        |
| <b>Total:</b>   | <b>400</b>                           |
7. Guidelines for APA-style (citations, abstract, reference page, etc.) are attached.

**In preparing a paper in APA style, the following general guidelines should be followed.**

- **Font Selection**  
Font size should be 12 points, with Times Roman being preferred.
- **Line Spacing**  
Double-space everything: title page, abstract, paper, and reference list.
- **Margins and Indentations**  
Leave one-inch margins at the left, right, top, and bottom of each page. Indent paragraphs five spaces using the “Tab” feature.
- **Page Header**  
The page header consists of a brief version of the paper’s title (usually 2 or 3 words), followed by five spaces and then a page number. Starting with the title page, it appears in the upper-right corner of each page of your paper, including the reference page. Use the “Header” feature of your word-processing program to insert the header information.

#### **I. Title Page (or Cover sheet) (page 1)**

Name  
Title of Project  
PSY 224  
Date

#### **II. Abstract Page**

The abstract follows the title page/cover sheet (it is page 2 of your paper) and is a one- paragraph summary of the content of your paper. The abstract should be no longer than 120 words. Because it is a summary of your project, it should be written *after* your paper is complete. Guidelines: Two lines below the page header, type the word, Abstract, and center it. Two lines below that, begin the paragraph, which should be unindented and double-spaced.

#### **III. Text (or Body) of Paper**

The text of your paper begins on page 3. The page header appears on the top line. Two spaces below that, center the title. Two spaces below the title, the paper begins. Six pages, minimum, with text notes when citing research.

#### IV. Reference Page

The list of references used comes at the end of your paper and begins on a new page, continuing the numbers from the text of your paper. Two spaces below the page header, center the word, References. Two spaces below that, begin the first reference entry. The entries should be entered alphabetically by the author's last name. If the author's name is not given, alphabetize by the first major word of the title of the source, omitting A, An, or The. Each entry should start at the left margin; additional lines for that entry should be indented 5 spaces from the left margin. The reference page should be double-spaced.

There are **NUMEROUS** sources on the internet for APA-style papers (besides my web site). One very good one is: <https://owl.purdue.edu/owl/>

#### Parenthetical Citation

The APA system of citing sources indicates the author's last name and the date, in parentheses, within the text of your paper.

A. A typical citation consists of the author's name and the year of publication.

Example:

Charlotte and Emily Bronte were polar opposites, not only in their personalities but in their sources of inspiration for writing (Taylor, 1990).

Use the last name only in both first and subsequent citations, except when there is more than one author with the same last name. In that case, use the last name and the first initial.

B. If the author is named in the text of your paper, only the year is cited.

Example:

According to Irene Taylor (1990), the personalities of Charlotte and Emily. . .

C. If both the name of the author and the date are used in the text, parenthetical reference is not necessary.

Example:

In a 1989 article, Gould explains Darwin's most successful. . .

D. When the reference is to a work by two authors, cite both names each time the reference appears.

Example:

This theory often has been used to explore patters of various insect mating (Alcock & Thornhill, 1983).**-OR-** Alcock and Thornhill (1983) also demonstrate . . .

E. When the reference is to a work by three to five authors, cite all the authors the first time the reference appears.

After that, use the first author's last name followed by et al. (Which means "and others").

Example:

This pattern has long plagued the internal politics of college administration in Texas (Douglas et al., 1997).

**F. When the reference is to a film, begin with the director's name followed by the year of the film's release.**

Example:

(Speilberg, 1989)

G. When the reference is to a work by a corporate author, use the name of the organization as the author.

Example:

Retired officers retain access to all of the university's educational and recreational facilities (Columbia University, 1987).

**Psychological Evaluation Form:**

Section I and II: This is where you will place your primary diagnosis. While you may have a diagnosis in both Section I and Section II, it is not required. You should choose ONE to defend in detail in your diagnosis section.

Section III: This section is for reporting general medical conditions that are potentially relevant to the understanding or management of the disorder. Examples may include: infections, chronic migraines, heart disease, cancer, diabetes, ulcers, infertility, anemia, vision loss, or drug overdose. YOUR CHARACTER MAY NOT HAVE ANY.

Section IV: This section is for reporting psychosocial or environmental problems that may affect the diagnosis, treatment, or prognosis of mental disorders. Examples include: death of a loved one, divorce, discrimination, illiteracy, threat of job loss, discord with landlord, poverty, inadequate health insurance, incarceration, exposure to war. THIS SECTION MUST BE COMPLETED.

Section V: This section is for reporting your judgment of the individual's overall level of functioning.

**Psychological Evaluation Report Form**

**Section I: Clinical Disorders and Other Conditions That May Be a Focus of Clinical Attention**

ICD-10-CM code	DSM-V name
____.____	_____
____.____	_____
____.____	_____

**Section II: Personality Disorders and Neurodevelopmental Disorders**

ICD-10-CM code	DSM-V name
____.____	_____
____.____	_____

**Section III: General Medical Conditions**

\_\_\_\_\_

**Section IV: Psychosocial and Environmental Problems**

Check:

- **Problems with primary support group** Specify: \_\_\_\_\_
- **Problems related to the social environment.** Specify: \_\_\_\_\_
- **Educational problems** Specify: \_\_\_\_\_
- **Occupational problems** Specify: \_\_\_\_\_
- **Housing problems** Specify: \_\_\_\_\_
- **Economic problems** Specify: \_\_\_\_\_
- **Problems with access to health care services** Specify: \_\_\_\_\_
- **Problems with the legal system/crime.** Specify: \_\_\_\_\_
- **Other psychosocial and environmental problems** Specify: \_\_\_\_\_

**Section V: Overall Assessment**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_