



PSY 100: SURVEY OF PSYCHOLOGY

3 Credit Hours (CRNs: 62247)
TR 1130-1245



INSTRUCTOR: Frank Palacat
OFFICE: Na`auao 123
OFFICE HOURS: Make an appointment at <https://www.star.hawaii.edu/appointment/>
TR 10:00am – 11:15am (Online via Zoom)
MW 11:30am- 12:45pm (Online via Zoom)
TELEPHONE: (808) 236-9209
EMAIL: palacatf@hawaii.edu (*best contact*)
EFFECTIVE DATE: Spring 2024

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko‘olau region of O‘ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

PREREQUISITES:

None

RECOMMENDATIONS:

Read and write at the college level, basic computing and internet skills, and have a basic understanding of percentages and probability.

STUDENT LEARNING OUTCOMES

As a result of taking this course, students can expect to attain the following outcomes:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

COURSE CONTENT

Concepts or Topics

- Major Psychological Theories
- Nature and Nurture
- Psychological Perspectives
- Psychological Theorists
- Conscious and Unconscious Mind
- Research Strategies and Methods

Skills or Competencies

1. Describe and evaluate psychology as a science
2. Compare and contrast the interactive effects of nature and nurture
3. Identify and describe major theorists
4. Integrate various psychological theories
5. Define theory
6. Discuss the nature and types of evidence used in psychology

COURSE TASKS

A. PARTICIPATION (10%, 100 points of total grade):

Each student will be expected to participate each week. Activities are designed to complement information in the text. Optimal learning will require preparation through reading and processing, and then sharing the work product or information in class or online class forums. It is important to **plan ahead** to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because the activities are planned in-class group learning opportunities with weekly deadlines, there are no make-up opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student to contribute to the interactive learning that is an important part of every course. **To receive credit** for participation, each student will need to **participate, on time**.

There are two mandatory individual conferences, one in the beginning of the semester and one at the end. These conferences help you and me develop a plan for your success. You can set an appointment at <https://www.star.hawaii.edu/appointment/>

B. ONLINE ACTIVITIES (10%, 100 points of total grade):

Complete online weekly chapter assignments in full and score greater than 50% on each weekly quiz to get full points. Check for due dates online.

C. PORTFOLIO (20%, 200 points of total grade):

This is the single most important activity over the course of the semester. To be successful in this segment of the course, students need to start early and work each week to complete this project. Because this is a semester long project, there is no excuse for a late paper. LATE PAPERS will not be accepted. Complete 10 of the 15 chapters Reflections found under the Assignments, Tests, and Surveys tool.

C. EXAMS (60%, 600 points of total grade):

Complete three of the four exams covering assigned readings, class activities, discussions, lectures, videos, handouts, assignments, etc. Each Exam will consist of approximately 50 Multiple Choice and True-False questions.

<u>EXAM</u>	<u>MATERIAL</u>	<u>% / POINTS possible</u>
Unit Exam 1	Chapters 1-5	20% / 200pts
Unit Exam 2	Chapters 6-10	20% / 200pts
Unit Exam 3	Chapters 11-15	20% / 200pts
Cumulative Exam (Optional)	Chapters 1-15	20% / 200pts

Do not miss exams. Fairness in testing depends on students having equal preparation opportunities. Consequently, make-up tests will be allowed at the end of the semester. In the event of an emergency, the instructor must be notified **IN ADVANCE** of the exam, unless absolutely impossible. If the instructor is not notified of the emergency prior to the DEADLINE of the exam, and/or appropriate documentation of proof of emergency is not provided, the student will receive a zero for that exam.

Routine appointments are not emergencies, and should be scheduled outside of time needed to complete course requirements. In case of emergencies, it is the responsibility of the student to contact the instructor before class begins, in order for the student to avoid penalty.

D. SUPPLEMENTAL INSTRUCTION (If Offered)

Participation in an SI session will provide students opportunities to learn the material in a smaller group setting. Students that participate will receive ½ participation points and quizzes taken in an SI session will count for 50% (100/200) toward the cumulative exam. The remaining 50% (100 points) will be taken at the end of the semester.

ASSESSMENT TASKS AND GRADING

<u>Task</u>		<u>Possible Pts</u>		<u>Grade Criterion</u>	
Participation	=	100 pts		900 - 1000 points	= A
Weekly Activity	=	100 pts		800-899 points	= B
Portfolio	=	200 pts		700- 799 point	= C
Exams	=	600 pts		600 - 699 points	= D
Total	=	1000 pts		<600 points	= F or N

LEARNING RESOURCES

Required Text:

Myers, D. (2019). Exploring Psychology, (10th ed.). New York: Worth

The required text may be purchased at the WCC Bookstore located in Hale `Ākoakoa Rm#160.

Campus Resources:

- TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.
- Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus).
- TTC: The Testing Center for assistance in an alternative testing site.
- Library Study Services: See the librarian for additional details.
- EBSCOHost Journal Online DataBase can be accessed through the Library Website: <http://library.wcc.hawaii.edu>

What is SI?

Supplemental Instruction, or SI, is a peer-mentoring program that targets high-risk classes. Experienced students who have previously taken difficult courses run study sessions outside the classroom. Success comes when students work together with their class SI Leader to explore important concepts, review class notes, discuss reading assignments and test-taking strategies, and review for tests.

DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class.

Jodi Asato, Disabilities Counselor under Disabilities Accommodations, Hale Kako‘o 105, 808-235-7472, jodiaka@hawaii.edu

SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one:

Mykie Ozo-Aglugub, Title IX Coordinator/Confidential Advocate, Hale Kako‘o 109, 808-235-7468, mozoa@hawaii.edu

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University’s Title IX resources and the University’s Policy, Interim EP 1.204, go to manoa.hawaii.edu/titleix/

ACADEMIC INTEGRITY

Work submitted by a student must be the student's own work. The work of others should be explicitly marked, such as through use of quotes or summarizing with reference to the original author.

Students can upload papers Google Docs to have papers checked for authenticity, highlighting where the paper potentially fails to appropriately reference sources.

In this class, students who commit academic dishonesty, cheating or plagiarism will have the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

- Location: Alaka'i 121
- Phone: (808) 235-7422

ADDITIONAL INFORMATION

TENTATIVE SCHEDULE

Week	Date	Chapter Readings	Class Activity	Due	Outcomes
1	Jan 9	Introductions	Lecture/ Discussion	Pre-Survey; Syllabus Quiz	1, 2, 3
	11	CH. 1	Lecture/ Discussion		1, 2, 3
2	16	CH. 1	Lecture/ Discussion	Ch 1: Activity and Quiz	1, 2, 3
	18	CH. 1	Lecture/ Discussion	Ch 1: Reflection	1, 2, 3
3	23	CH. 2	Lecture/ Discussion	Ch 2: Activity and Quiz	2
	25	CH. 2	Lecture/ Discussion	Ch 2 Reflection	3
4	30	CH. 3	Group Jigsaw	Ch 3: Activity and Quiz	3
	Feb 1	CH. 3	Group Jigsaw	Ch 3 Reflection	2, 3
5	6	CH. 4	Group Jigsaw	Ch 4: Activity and Quiz	2, 3
	8	CH. 4	Sending an Expert	Ch 4: Reflection	2, 3
6	13	CH. 5	Clicker Activity	Ch 5 Activity and Quiz	1, 2
	15		Unit Exam 1	Ch 5: Reflection	1, 2, 3
7	20	CH. 6	Speed Terming	Ch 6: Activity and Quiz	1, 2
	22	CH. 6	Speed Terming	Ch 6: Reflection	1, 2
8	27	CH. 7	Lecture/ Discussion	Ch 7 Activity and Quiz	1, 2, 3
	29	CH. 7	Lecture/ Discussion	Ch 7 Reflection	1, 2, 3
9	Mar 5	CH. 8	Group Jigsaw	Ch 8 Activity and Quiz	1, 2
	7	CH. 8	Group Jigsaw	Ch 8 Reflection	1, 2
10	12	CH. 9	Conference Workshop		1, 2
	14	CH. 9	Conference Workshop	Ch 9: Activity and Quiz	1, 2
11	26	CH. 9	Conference Workshop	Ch 9 Reflection	1, 2
	28	CH. 10	Individual Jigsaw	Ch 10: Activity and Quiz	1, 2, 3
12	Apr 2	CH. 10	Individual Jigsaw	Ch 10 Reflection	1, 2, 3
	4		Unit Exam 2		2, 3
13	9	CH. 11	Expert Group	Ch 11: Activity and Quiz	2, 3
	11	CH. 11	Expert Group	Ch 11 Reflection	2, 3
14	16	CH. 13	Lecture/ Discussion	Ch 13: Activity and Quiz	1, 2, 3
	18	CH. 13	Lecture/ Discussion	Ch 13 Reflection	1, 2, 3
15	23	CH. 14/15	Role Playing	Ch 14 & 15: Activity and Quiz	2, 3
	25	CH. 14/15	Role Playing	Ch 14 & 15 Reflection	2, 3
16	30	CH. 12	Lecture/ Discussion	Ch 12: Activity and Quiz	1, 2, 3
	May 2		Unit Exam 3		1, 2, 3
Finals	6-10	CH. 1-15	Cumulative Final		1, 2, 3