



UNIVERSITY of HAWAII
WINDWARD COMMUNITY COLLEGE

Ke Kulanui Kaiāulu o ke Ko'olau

PSY 100, Survey of Psychology (accelerated)

Fall 2024

3 Credits | CRN 64449

Windward Community College Mission Statement

'O keia ka wā kūpono e ho'onui ai ka 'ike me ka ho'omaopopo i kō Hawai'i mau ho'oilina waiwai. Aia nō ho'i ma ke Kulanui Kaiāulu o ke Ko'olau nā papahana hou o nā 'ike 'akeakamai a me nā hana no'eau. Me ke kuleana ko'iko'i e ho'ohiki ke Kulanui e kāko'o a e ho'okumu i ala e hiki kē kōkua i ka ho'onui 'ike a nā kānaka maoli. Na mākou nō e ho'olako, kāko'o a paipai i nā Ko'olau a kō O'ahu a'e me nā hana no'eau ākea, ka ho'ona'auao 'oihana a me ka ho'onui 'ike ma ke kaiāulu – hō'a'ano a e ho'oulu i nā haumāna i ka po'okela.

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O'ahu's Ko'olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment – inspiring students to excellence

Instructor Information

How to Contact Your Instructor

Shae Clark

Office: Please contact me at (808) 319-8603 (texts are welcome!)

Office Hours: Mondays 11-12pm or by appointment

Email: shaec@hawaii.edu

About

Welcome to the fascinating world of psychology! My name is Shae, and I'm excited to be your instructor for this course. I have a background in psychology and human development, and I'm here to introduce you to the field of psychology as we explore these interesting topics together. I typically respond to emails within 24-48 hours during weekdays, so feel free to reach out with any questions or concerns. Grading will usually be completed within one week of assignment submission. This introductory course is your path to understanding the intricate workings of the human mind and behavior. Throughout this journey, we will explore the interesting realms of cognition, emotion, and behavior, unraveling the mysteries that make us who we are. We will delve into the rich field of psychological research, theories, and applications that not only broaden you

intellectually but also provide you with invaluable insights into the complexities of the human experience. Welcome to the adventure of uncovering the science behind our minds!

Alternate Contact Information

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

- Location: Alaka'i 121
- Phone: (808) 235-7422

Course Information

Catalog Description

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Prerequisites: None

Student Learning Outcomes

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

Required Materials

- This course uses Openstax, a zero cost Open Educational Resource (OER) online. Go to: [Psychology Textbook](#) and click on Subjects, Social Sciences, then the dark green Psychology 2e box.
- You will also be provided *Exploring Psychology* by David Myers at no cost to you.

Course Format

This is an asynchronous, online class conducted in Lulima. Asynchronous means there are no face-to-face class meetings, or any set meeting times. You are not required to come to campus at any time. However, you are welcome to contact me if you would like to schedule a phone, on campus (in person), or online meeting for individual assistance.

This course is organized into weekly modules. Each module will open on Mondays at 5 AM except for the first module which will open on the first day of the course. (Note: All times in this course refer to Hawai'i Standard Time.)

Course content will be delivered through:

- online readings and videos
- guided online activities
- various worksheets and articles
- online discussions
- quizzes
- projects

You are invited to participate in this supportive, cooperative, collaborative learning environment where all members (students and instructor) are recognized as important contributors and resources. I encourage you to work together in the pursuit of academic excellence. Academic excellence can be pursued and achieved by each and every one of you.

Recognize that you are a valued member of this community of learners. You bring to the class your unique experiences, ideas, and knowledge that can enrich others' learning experiences. As a member of this learning community, you are expected to actively participate in the class. Ask questions, participate in discussions, and offer your thoughts.

Please be prepared to contribute to this class by keeping current with reading and writing assignments. Each week, we cover a significant amount of information, and the lessons you will learn build upon each other. Be sure to plan enough time to thoroughly go through all materials presented each week. Don't just click around or you might miss critical information. Read carefully, and ask questions whenever necessary. Your questions are welcomed and encouraged. Also, don't worry about making mistakes - making mistakes is just another way we learn.

If you are experiencing a problem, don't wait to speak up and ask for help. Post general questions to the discussion board (private issues should be sent to me directly via email).

In reality, I understand that life happens regardless of this course, so please connect with me if you are having trouble keeping up with the lessons and coursework to see if we can find a solution that will allow you to complete the class.

Important: This course is offered in a 8-week time frame. Please note that this is not a self-paced course, the class schedule is strictly followed. In this condensed course, you will face the imperative task of swiftly mastering the art of efficient editing and paper submission for grading. The accelerated pace demands a rapid learning curve as you navigate the intricacies of completing tasks quickly and submitting your work promptly while adhering to deadlines. This process necessitates honing critical self-editing skills, embracing feedback constructively, and adapting to a more compressed timeline.

Course Technology

Laulima Learning Management System

- [Laulima \(Sakai\) Accessibility](#)
- Laulima will be unavailable daily from 3:00 am-4:00 am HST for server backup and maintenance.
- Laulima automatically logs you out *if it does not detect activity for two hours*. A warning message will appear, notifying you of the lack of activity. Activity is defined as clicking a

button in Laulima, such as "Save Draft" or "Next" (in a test), clicking on a course tab, or taking an action that sends information to the server.

Regular Substantive Interaction

Online courses at Windward Community College follow these guidelines for ensuring quality instruction: [RSI Definition-WCC](#).

Other Technology

Review the privacy/security policies before using the technologies we will be using in this class. Contact me if you would like to discuss the use of alternate options or technologies.

- [Google Sheets](#) is used to create assignment and reference worksheets ([accessibility statement](#), [privacy policy](#))
- [Google Docs](#) is used to create the Course Design Document and rubrics ([accessibility statement](#), [privacy policy](#))
- [H5P](#) is used for creating review activities ([accessibility](#), [privacy policy](#))
- [Kahoot!](#) is used for review activities ([accessibility statement](#), [privacy policy](#))
- [Flip](#) is used for some of the discussion activities ([accessibility statement](#), [privacy policy](#))
- [Loom](#) is used for screen recording (accessibility statement not provided, [privacy policy](#))
- [Nearpod](#) is used for interactive presentations ([accessibility statement](#), [privacy policy](#))
- [Padlet](#) is used for some of the discussion activities ([Padlet Accessibility Statement](#), [Padlet privacy policy](#))
- [PearDeck](#) is used for interactive presentations (accessibility statement not provided, [privacy policy](#))
- [Quizlet](#) is used for interaction (accessibility statement not provided, [privacy policy](#))
- [YouTube](#) is used for delivering some of the course content ([accessibility statement](#), [privacy policy](#))
- [Zoom](#) is used for the Synchronous Sessions and virtual office ([accessibility statement](#), [privacy policy](#))

Participation Verification

Campuses are required by federal regulations to verify the participation of students in their classes. In accordance with [Executive Policy 7.209](#), all students in the University of Hawai'i system are required to establish "participation" to ensure that they are not dropped from their class(es). Students who fail to participate by the late registration period for a class will be administratively dropped from that class. Students may also be dropped from dependent prerequisite and/or corequisite classes if both courses do not establish participation.

Grading Policy

There are 300 possible points for the course. Discussions=64 points, Assignments=40 points, Quizzes=116 points, and Exams=80 points.

1. Discussions
2. Assignments
3. Quizzes/Enrichment Quizzes
4. Midterm Project and Final Paper

Discussions: Every week your coursework will open on Mondays at 5 AM. The weekly discussion questions are due by Wednesday and your responses to three (3) of your classmates' posts are due by Friday. Occasionally there may be a holiday or situation where these dates will be changed. I will give you advance notice. Interaction with classmates and responding to the discussion questions is vital to the course and accounts for a significant part of your grade. Your consistent and thoughtful participation in the discussions is paramount to this course being meaningful and providing insight that has the potential to enhance your life beyond this course. There are discussions and assignments every week during the entire semester. The first required assignment is a self-introduction post worth four points. If you read this, email me your favorite place in the world so I know you are exploring the syllabus (two extra credit points). *Please include your course CRN number in the email.

- Weekly discussion post (approximately two paragraphs/100-200 words)
- Response to three (3) classmates' discussion post (approximately one paragraph)

Your post to the discussion question should offer information that is relevant, substantive, and insightful. You are welcome to pose a question you would like discussed or pursued further, recommend a website, image, or short video that you find pertinent and helpful to understanding the topic, and/or reflect on your own experiences. Organization, clarity, and integration of course content will determine your grade (see grading rubric below). Responses to your classmates should reflect reasoned ideas based on what you have learned from the course and your personal experiences. Include terms and/or concepts from the reading and learning materials provided and highlight them in your post.

Simply stating "I agree" will not earn you credit for a response to a classmate's post. Your responses should be meaningful and include substance.

Assignments: Each week you will have an assignment based on topics in positive psychology worth 2 points. Make sure to follow instructions.

Quizzes: Quizzes will consist of Multiple Choice, True and False, and Essay Questions.

Exams: Exams will consist of the Midterm Project and Final Exam (Paper). Midterm is worth 40 points and will consist of a project on a topic of choice that resonates with your personal learning style. I will offer some examples for ideas later in the course. The Midterm Project will be on a topic you are passionate about or very interested in and should be fun and engaging! The Final Exam Paper is worth 40 points.

Discussion Post Grading Rubric

| Category | Excellent | Needs Improvement | Unsatisfactory |
|--|--|---|--|
| Content & Response Question | Post responds completely to the question and is at least 100-200 words | Mostly responds to the question, however, may be missing elements and/or there are fewer than 100 words | Post lacks major components and is significantly less than 100-200 words |
| Integration of Course Material | Post is informative and integrates content from the readings/materials | Post does not fully integrate content from readings/materials | Post lacks information from readings/materials |
| Organization and Clarity | Post is clear and concise and relates to question/topic | Post covers most of the main points but misses pertinent information | Post is unclear and difficult to understand |

Grading Scale

Final semester grades are based on the following point system:

- 100-90% = A
- 89-80% = B
- 79-70% = C
- 69-60% = D
- 59-0% = F

Extra credit is available twice during the semester. Please stay in contact with me if you are falling behind, and/or need assistance, or just to visit about course topics, and schedule an appointment during office hours. If my office hours do not coordinate with your schedule, please contact me and we can make an appointment during a time that works for you.

Assessment Tasks and Grading

Grades will be recorded in Gradebook on our course site. Missing 2 or more assignments, quizzes, and/or exams may result in you failing the course. I do that only because I know if you fall behind it is so hard to get caught up in this type of class, but I tend to be lenient so please do contact me as early as possible. I am also very flexible and supportive, and I want to help you succeed in this course, and in life. Please just reach out so we can come up with a plan and get you through the course successfully.

Weekly Assignments

| Week | Date | Topic | Due Dates |
|------|---------|---|--|
| 1 | 8/26/24 | Introduction to Psychology Psychological Research Week 1 Tasks: <ul style="list-style-type: none"> ▪Discussion 1 ▪Response to three classmates ▪Positive Psychology assignment | 8/28/24 8/30/24 8/30/24 |
| 2 | 9/02/24 | Biopsychology States of Consciousness Week 2 Tasks: <ul style="list-style-type: none"> ▪Discussion 2 ▪Response to three classmates ▪Positive Psychology assignment ▪Quiz 1 | 9/4/24 9/6/24 9/6/24 9/8/24 |

| Week | Date | Topic | Due Dates |
|------|---------|---|---|
| 3 | 9/09/24 | Sensation and Perception Learning Week 3 Tasks: <ul style="list-style-type: none"> ▪Discussion 3 ▪Response to three classmates ▪Positive Psychology assignment ▪Quiz 2 | 9/11/24 9/13/24 9/13/24 9/15/24 |
| 4 | 9/16/24 | Thinking and Intelligence Memory Week 4 Tasks: <ul style="list-style-type: none"> ▪Discussion 4 ▪Response to three classmates ▪Positive Psychology assignment ▪Quiz 3 ▪Midterm | 9/18/24 9/20/24 9/20/24 9/22/24 9/22/24 |
| 5 | 9/23/24 | Lifespan Development Emotion and Motivation Week 5 Tasks: <ul style="list-style-type: none"> ▪Discussion 5 ▪Response to three classmates ▪Positive Psychology assignment | 9/25/24 9/27/24 9/27/24 |

| Week | Date | Topic | Due Dates |
|------|----------|---|---|
| | | ▪Quiz 4 | 9/29/24 |
| 6 | 9/30/24 | Personality Social Psychology Week 6 Tasks: ▪Discussion 6 ▪Response to three classmates ▪Positive Psychology assignment ▪Quiz 5 | 10/2/24 10/4/24 10/4/24 10/6/24 |
| 7 | 10/07/24 | Industrial-Organizational Psychology Stress, Lifestyle, and Health Week 7 Tasks: ▪Discussion 7 ▪Response to three classmates ▪Positive Psychology assignment ▪Quiz 6 | 10/9/24 10/11/24 10/11/24 10/13/24 |
| 8 | 10/14/24 | Psychological Disorders Treatment and Therapy Week 8 Tasks: ▪Discussion 8 ▪Response to three classmates | 10/16/24 10/18/24 |

| Week | Date | Topic | Due Dates |
|------|------|---------------------------------|-----------|
| | | ▪Positive Psychology assignment | 10/18/24 |
| | | ▪Final | 10/18/24 |

Academic Integrity

Work submitted by a student must be the student's own work. The work of others should be explicitly marked, such as through the use of quotes or summarizing with reference to the original author.

In this class, students who commit academic dishonesty, cheating, or plagiarism will have the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

[Windward CC Student Conduct Information](#)

[UH System Student Conduct Policy EO 7.208](#)

Use of Artificial Intelligence (AI)

There are situations and contexts within this course where you may be asked to use AI tools to explore how they can be used. Outside of those circumstances, AI tools are not allowed to generate content (text, video, audio, images) that will end up in any student work (assignments, activities, responses, etc) that is part of your evaluation in this course. If it is determined any portion of our work was created by AI, then it will be treated as plagiarism.

How to Seek Academic or Technical Support

Academic Support

- [Windward Community College Library](#)
- [Library eResources](#)
- [Ka Piko Writing Lab](#)
- [Ka Piko Speech Lab](#)
- [Ka Piko Math Lab](#)
- [Evening and Online Learning at Windward Community College](#)
- [STAR Balance](#)

Technical Support

- [UH ITS Help Desk](#) – email help@hawaii.edu or call 956-8883 (or 1-800-558-2669) for Laulima and most technology support. Available 24 hours a day, 7 days a week, including holidays.
- Student Tech Support - email winhelp@hawaii.edu, call 808-235-7437, or stop by in person at Hale La‘akea 228. Available Monday–Friday from 8:00 am–4:00 pm.
- Laulima – Click on the [Request Assistance](#) link at the bottom of any Laulima Page to fill out and submit a question and get your answer via email.
- [Information Security for Students](#)

College Policies & Support Services

Disabilities Accommodations Statement

The Windward Community College’s Disability Student Services Office (WCC-DSSO) is committed to providing equal access to qualified students with disabilities.

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to participate fully in this class, you are encouraged to contact the Disability Specialist Counselor, Roy Inouye, to discuss reasonable accommodations that will help you succeed in this class. The Disabilities Counselor can be reached at 808-235-7448, wccdsso@hawaii.edu, or stop by the office (Hale Kako‘o 105) for more information.

Basic Needs

Basic needs include food and housing, childcare, mental health, financial resources, and transportation. Student basic needs security is critical for ensuring strong academic performance, persistence and graduation, and overall student well-being. If you or someone you know is experiencing basic needs insecurity, please see the [UH System Basic Needs website](#).

Mental Health Counseling

Mental Health and Wellness at Windward Community College counseling services and activities on campus to support students’ life goals as well as their academic goals. Information about services can be found at the [WCC Mental Health & Wellness website](#).

UH Alerts

The UH Alert emergency notification system alerts the university community in the event of a natural, health or civil emergency. The information you provide will only be used in the event of an emergency that impacts the health and safety of the UH community or the closure of whole campuses. It will not be shared with others or used for routine UH communications or announcements. To sign up, visit [UH Alerts website](#) for more information.

Financial Aid

If you are receiving financial aid and are contemplating not completing the course, BEFORE you withdraw, it is highly recommended that you contact the Financial Aid Office at 808-934-2712 or email them at wccfao@hawaii.edu to discuss the impact this decision may have on your financial aid eligibility.

Student Conduct Code

Windward Community College follows the University of Hawai'i Code of Student Conduct which defines expected conduct for students and specifies those acts subject to University sanctions. Students should familiarize themselves with the Code of Student Conduct since, upon enrollment at Windward Community College, the student has placed herself/himself under the policies and regulations of the University and its duly constituted bodies. The disciplinary authority is exercised through the Office of the Vice Chancellor for Student Affairs. Copies of the Student Conduct Code are available at the Office of the Vice Chancellor for Student Affairs or [online](#).

Title IX - Sex Discrimination And Gender-Based Violence Resources

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Leslie Cabingabang, UH System Confidential Advocate
 Phone/Text: (808) 348-0432 or (808) 341-4952
 Email: advocate@hawaii.edu
 Office: Hale Kāko'o 107 (Wednesdays)

Mykie E. Menor Ozoa-Aglugub, J.D., Title IX Coordinator
 Phone: (808) 235-7468
 Email: mozoa@hawaii.edu
 Office: Hale Kāko'o 109

Desrae Kahale, Mental Health Counselor & Confidential Resource
 Phone: (808) 235-7393
 Email: dkahale3@hawaii.edu
 Office: Hale Kāko'o 101

Karen Cho, Deputy Title IX Coordinator
 Phone: (808) 235-7404
 Email: kcho@hawaii.edu
 Office: Hale 'Alaka'i 120

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University's Title IX resources, and the University's Policy, Interim EP 1.204, go to <https://www.hawaii.edu/titleix/>