



UNIVERSITY of HAWAII  
WINDWARD COMMUNITY COLLEGE

Ke Kulanui Kaiāulu o ke Ko'olau

**PSY 100: SURVEY OF PSYCHOLOGY**  
**IS 103: INTRODUCTION TO COLLEGE**

FALL 2024

3 Credits | CRN 64217 & 64157

## Windward Community College Mission Statement

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'O keia ka wā kūpono e ho'onui ai ka 'ike me ka ho'omaopopo i kō Hawai'i mau ho'oilina waiwai. Aia nō ho'i ma ke Kulanui Kaiāulu o ke Ko'olau nā papahana hou o nā 'ike 'akeakamai a me nā hana no'eau. Me ke kuleana ko'iko'i e ho'ohiki ke Kulanui e kāko'o a e ho'okumu i ala e hiki kē kōkua i ka ho'onui 'ike a nā kānaka maoli. Na mākou nō e ho'olako, kāko'o a paipai i nā Ko'olau a kō O'ahu a'e me nā hana no'eau ākea, ka ho'ona'auao 'oihana a me ka ho'onui 'ike ma ke kaiāulu — hō'a'ano a e ho'oulu i nā haumāna i ka po'okela.

*Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O'ahu's Ko'olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence*

## Instructor Information

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Instructor: Frank Palacat & Jenn Kaneakalau  
Office: Palacat – Na'auao 123 / (808) 236-9209;  
Kaneakalau – Kāko'o 135 / (808) 235-7476  
Office Hours: Make an appointment at <https://www.star.hawaii.edu/appointment/>  
MTWR 11:30am- 12:45pm (Online via Zoom)  
Email: palacatf@hawaii.edu; jkaneaka@hawaii.edu  
ZOOM: <https://hawaii.zoom.us/my/palacatf>

## Alternate Contact Information

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

- Location: Alaka'i 121
- Phone: (808) 235-7422

## Course Information

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### Catalog Description

#### SURVEY OF PSYCHOLOGY

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, and personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Prerequisite: None;

#### INTRODUCTION TO COLLEGE

This course is designed to orient first-time students to a college setting. Students will learn (1) the tools, techniques, methods, procedures, processes, skills, resources, and attitudes for success; (2) the programs and services of a postsecondary institution of higher education; and (3) to design a personal, comprehensive, postsecondary academic plan.

Prerequisite: Placement in ENG 22 or higher or consent of instructor.

### Activities Required at Scheduled Times Other than Class Times

Read and write at the college level, basic computing and internet skills, and have a basic understanding of percentages and probability.

### Student Learning Outcomes

As a result of taking this course, students can expect to attain the following outcomes:

#### SURVEY OF PSYCHOLOGY

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

#### INTRODUCTION TO COLLEGE

1. Use the tools, techniques, methods, procedures, processes, skills, and resources for academic success.
2. Describe the various programs and services of a post-high school institution.
3. Identify short and long-term goals post WCC, and prepare an educational plan to meet those goals.
4. Use college-level note taking, critical reading, test taking, memory, and concentration techniques.
5. Use time-management, personal organization, stress management and study skills.
6. Communicate effectively in writing and in speech.
7. Find information from library, Internet, and other sources.
8. Use strategies to complete out of class work efficiently and effectively.

## Required Materials

### Required Text:

- Myers, D. (2022). *Exploring Psychology*, (12th ed.). New York: Worth
- Downing, Skip (2012) *On Course, Study Skills Plus Edition*, Second Edition –available at the bookstore (copies available for review in the Ka Piko Center)

The required text may be purchased at the WCC Bookstore located in Hale `Ākoakoa Rm#160.

## Course Format

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This course is offered in a 16-week time frame. Please note that this is not a self-paced course, the class schedule is strictly followed.

This course is a Learning Community which student will be taking 2 courses combined as one.

## Course Technology

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### Lamakū Learning Management System

- Weblink: <https://lamaku.hawaii.edu/d2l/home>
- Lamakū will be unavailable daily from 3:00 am-4:00 am HST for server backup and maintenance.
- Lamakū automatically logs you out *if it does not detect activity for two hours*. A warning message will appear, notifying you of the lack of activity. Activity is defined as clicking a button in Lamakū, such as "Save Draft" or "Next" (in a test), clicking on a course tab, or taking an action that sends information to the server.

### Other Technology

Review the privacy/security policies before using the technologies we will be using in this class. Contact me if you would like to discuss the use of alternate options or technologies.

- [Google Sheets](#) is used to create assignment and reference worksheets ([accessibility statement](#), [privacy policy](#))
- [Google Docs](#) is used to create the Course Design Document and rubrics ([accessibility statement](#), [privacy policy](#))
- [Kahoot!](#) is used for review activities ([accessibility statement](#), [privacy policy](#))
- [Flip](#) is used for some of the discussion activities ([accessibility statement](#), [privacy policy](#))
- [Padlet](#) is used for some of the discussion activities ([Padlet Accessibility Statement](#), [Padlet privacy policy](#))
- [Quizlet](#) is used for interaction (accessibility statement not provided, [privacy policy](#))
- [YouTube](#) is used for delivering some of the course content ([accessibility statement](#), [privacy policy](#))
- [Zoom](#) is used for the Synchronous Sessions and virtual office ([accessibility statement](#), [privacy policy](#))

## Participation Verification

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Campuses are required by federal regulations to verify the participation of students in their classes. In accordance with Executive Policy 7.209, all students in the University of Hawai'i system are required to establish "participation" to ensure that they are not dropped from their class(es). Students who fail to participate by the late registration period for a class will be administratively dropped from that class. Students may also be dropped from dependent prerequisite and/or corequisite classes if both courses do not establish participation.

## Grading Policy

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### Assessment Tasks and Grading

- A. **Participation:** Part of the educational experience involves being present and participating in class discussions and group work. Attendance and participation will account for 10% of your grade. (100 points)
- B. **Celebration of Learning Assessment:** Three (3) assessments about the topics presented in class will account for 45% of your grade. (450 points)

<u>EXAM</u>	<u>MATERIAL</u>	<u>% / POINTS possible</u>
Unit Exam 1	Chapters 1-5	15% / 150pts
Unit Exam 2	Chapters 6-10	15% / 150pts
Unit Exam 3	Chapters 11-15	15% / 150pts
Cumulative Exam (Optional)	Chapters 1-15	15% / 150pts

**Do not miss exams.** Fairness in testing depends on students having equal preparation opportunities. Consequently, make-up tests will be allowed at the end of the semester. In the event of an emergency, the instructor must be notified **IN ADVANCE** of the exam, unless absolutely impossible. If the instructor is not notified of the emergency prior to the deadline of the exam, and/or appropriate documentation of proof of the emergency is not provided, the student will receive a zero for that exam.

- C. **Real World Challenge - Presentations:** Students will select real world challenges and identify skills and strategies implemented to meet the challenges. These presentations will account for 20% of your grade. (200 points)
- D. **Journals:** Student will reflect on a variety of different topics pertaining to the field of psychology and personal experiences and opinions that will account for 5% of your grade. (50 points)
- E. **Final Reflections Portfolio:** This is the single most important activity over the semester. To be successful in this segment of the course, students need to start early and work each week to complete the project. Because this is a semester long project, there is no excuse for a late paper. LATE PAPERS will not be accepted. This will account for 20% of your grade. (200 points)
- F. **Cooperative/Collaborative:** Some activities will only require participation in group activities in class, but most will require preparation outside of class and sharing the work product or

information in class group discussion. It is important to plan ahead to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because activities are planned in-class group learning opportunities, there are no MAKEUP opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that students participate and contribute to the interactive learning environment.

**G. Attitude:** Have fun learning: this is important as learning IS fun.

**H. Supplemental Instruction (TBD)** A Supplemental Instructor is available to meet with students in Psychology 100 sections (Palacat) to offer additional assistance with questions on course content, preparing for assignments, exams, etc

<b>Tasks</b>	<b>Possible Points</b>	<b>Grade Criterion</b>
Participation - 10%	100 points	A = 900 - 1,000 - Excellent
3 Celebration of Learning Assessments - 45%	450 points	B = 800 - 890 - Above Average
Real World Challenge Presentations - 20%	200 points	C = 700 - 790 - Average
Journals - 5%	50 points	D = 600 - 690 - Below
Final Reflections Portfolio- 20%	200 points	F = 590 - 0
<b>Total Points - 100%</b>	<b>1,000</b>	

<b>GRADE</b>	<b>ACHIEVEMENT LEVEL</b>	<b>DEFINITION</b>
<b>A</b>	<b>Excellent</b>	90 - 100% of total points
<b>B</b>	<b>Above average</b>	80 - 89% of total points
<b>C</b>	<b>Average</b>	70 - 79% of total points
<b>D</b>	<b>Minimal passing</b>	60 - 64% of total points
<b>F</b>	<b>Failure to pass</b>	Below 55% of total points
<b>I</b>	<b>Incomplete</b>	Given at INSTRUCTOR'S OPTION when student is unable to complete a small part of the course because of circumstances beyond their control. It is student's responsibility to make up incomplete work. Failure to satisfactorily make up incomplete work within the appropriate time period will result in a grade change from "I" to the contingency grade identified by the instructor.
<b>CR</b>	<b>At C level or higher</b>	65% or above in total points; student must indicate their intent to take the course as CR/NC in writing by the end of the 10th week of classes (see catalog).
<b>NC</b>	<b>Lower than C Level</b>	Below 65% of total points; this grade only available under the CR/NC option (see catalog).
<b>N</b>	<b>No grade given</b>	Instructor use for students unable to complete the course due to extenuating circumstances, such as major health, personal or family emergencies. (extreme situations only)
<b>W</b>	<b>Withdrawal</b>	Official drop/withdrawal from the course by 10/26/10 deadline (see schedule of classes).
<b>NOTE <sup>1</sup></b>		<b>Drop of one grade after 3 absences, two grades after 6, three grades after 9, etc.</b>
<b>NOTE <sup>2</sup></b>		<b>Student involved in academic dishonesty will receive an "F" grade for the course. Academic dishonesty is defined in the catalog.</b>

## Weekly Assignments

### TENTATIVE SCHEDULE

<u>Week</u>	<u>Date</u>	<u>Chapter Readings</u>	<u>Class Activity</u>	<u>Due</u>	<u>Outcomes</u>
1	Aug 27	Introductions	Lecture/ Discussion	Pre-Survey; Syllabus Quiz	1, 2, 3
	29	CH. 1	Lecture/ Discussion	Practice Video	1, 2, 3
2	Sept 3	CH. 1	Lecture/ Discussion	Ch 1: Activity and Quiz	1, 2, 3
	5	CH. 2	Lecture/ Discussion		2
3	10	CH. 2	Lecture/ Discussion	Ch 2: Activity and Quiz	2
	12	CH. 3	Group Jigsaw		3
4	17	CH. 3	Group Jigsaw	Ch 3: Activity and Quiz	3
	19	CH. 4	Group Jigsaw		2, 3
5	24	CH. 4	Sending an Expert	Ch 4: Activity and Quiz	2, 3
	26	CH. 5	Clicker Activity	Ch 5: Activity and Quiz	3
6	Oct 1		<b>Unit Exam 1</b>		<b>1, 2, 3</b>
	3	CH. 6	Speed Terming		1, 2
7	8	CH. 6	Speed Terming	Ch 6: Activity and Quiz	1, 2
	10	CH. 7	Lecture/ Discussion		2, 3
8	15	CH. 7	Lecture/ Discussion	Ch 7: Activity and Quiz	1, 2, 3
	17	CH. 8	Group Jigsaw		1, 2, 3
9	22	CH. 8	Group Jigsaw	Ch 8: Activity and Quiz	1, 2
	24	CH. 9	Conference Workshop		1, 2
10	29	CH. 9	Conference Workshop	Ch 9: Activity and Quiz	1, 2
	31	CH. 10	Individual Jigsaw		1, 2, 3
11	7	CH. 10	Individual Jigsaw	Ch 10: Activity and Quiz	1, 2, 3
12	12		<b>Unit Exam 2</b>		2, 3
13	14	CH. 11	Expert Group		2, 3
	19	CH. 11	Expert Group	Ch 11: Activity and Quiz	2, 3
	21	CH. 13	Lecture/ Discussion		1, 2, 3
14	26	CH. 13	Lecture/ Discussion	Ch 13: Activity and Quiz	1, 2, 3
15	Dec 3	CH. 14/15	Role Playing		2, 3
	5	CH. 14/15	Role Playing	Ch 14 & 15: Activity and Quiz	2, 3
16	10	CH. 12	Lecture/ Discussion	Ch 12: Activity and Quiz	1, 2, 3
	12		<b>Unit Exam 3</b>		1, 2, 3
Finals		CH. 1-15	Cumulative Final		1, 2, 3

## Academic Integrity

Work submitted by a student must be the student's own work. The work of others should be explicitly marked, such as through the use of quotes or summarizing with reference to the original author.

In this class, students who commit academic dishonesty, cheating, or plagiarism will have the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

Windward CC Student Conduct Information  
(<https://catalog.windward.hawaii.edu/student-conduct>)

UH System Student Conduct Policy EO 7.208  
(<https://www.hawaii.edu/policy/?action=viewPolicy&policySection=Ep&policyChapter=7&policyNumber=208>)

## How to Seek Academic or Technical Support

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### Academic Support

- Windward Community College Library
  - (<http://library.wcc.hawaii.edu/home>)
- Library eResources
  - (<https://library.wcc.hawaii.edu/az.php>)
- Ka Piko Writing Lab
  - (<https://windward.hawaii.edu/services-for-students/tutoring/ka-piko/writing-lab/>)
- Ka Piko Speech Lab
  - (<https://windward.hawaii.edu/services-for-students/tutoring/ka-piko/speech-lab/>)
- Ka Piko Math Lab
  - (<https://windward.hawaii.edu/services-for-students/tutoring/ka-piko/math-lab/>)
- Evening and Online Learning at Windward Community College
  - (<https://windward.hawaii.edu/programs-of-study/evening-online-education/>)
- STAR Balance
  - (<http://star.hawaii.edu/appointment/>)

### Technical Support

- [UH ITS Help Desk](#) - email [help@hawaii.edu](mailto:help@hawaii.edu) or call 956-8883 (or 1-800-558-2669) for Lualima and most technology support. Available 24 hours a day, 7 days a week, including holidays.
- Student Tech Support - email [winhelp@hawaii.edu](mailto:winhelp@hawaii.edu), call 808-235-7437, or stop by in person at Hale La'akea 228. Available Monday–Friday from 8:00 am–4:00 pm.
- Lamakū - Click on the Lamakū Help link at the top of any Lamakū Page to find a resource for help.
- [Information Security for Students \(https://www.hawaii.edu/infosec/\)](https://www.hawaii.edu/infosec/)

## College Policies & Support Services

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### Disabilities Accommodations Statement

The Windward Community College's Disability Student Services Office (WCC-DSSO) is committed to providing equal access to qualified students with disabilities.

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to participate fully in this class, you are encouraged to contact the Disability Specialist Counselor, Roy Inouye, to discuss reasonable accommodations that will help you succeed in this class. The Disabilities Counselor can be reached at 808-235-7448, [wccdsso@hawaii.edu](mailto:wccdsso@hawaii.edu), or stop by the office (Hale Kako'o 105) for more information.

### Basic Needs

Basic needs include food and housing, childcare, mental health, financial resources, and transportation. Student basic needs security is critical for ensuring strong academic performance, persistence and graduation, and overall student well-being. If you or someone you know is experiencing basic needs insecurity, please see the [UH System Basic Needs website](#).

### Mental Health Counseling

Mental Health and Wellness at Windward Community College counseling services and activities on campus to support students' life goals as well as their academic goals. Information about services can be found at the [WCC Mental Health & Wellness website](#).

### UH Alerts

The UH Alert emergency notification system alerts the university community in the event of a natural, health or civil emergency. The information you provide will only be used in the event of an emergency that impacts the health and safety of the UH community or the closure of whole campuses. It will not be shared with others or used for routine UH communications or announcements. To sign up, visit [UH Alerts website](#) for more information.

### Financial Aid

If you are receiving financial aid and are contemplating not completing the course, BEFORE you withdraw, it is highly recommended that you contact the Financial Aid Office at 808-934-2712 or email them at [wccfao@hawaii.edu](mailto:wccfao@hawaii.edu) to discuss the impact this decision may have on your financial aid eligibility.

### Student Conduct Code

Windward Community College follows the University of Hawai'i Code of Student Conduct which defines expected conduct for students and specifies those acts subject to University sanctions. Students should familiarize themselves with the Code of Student Conduct since, upon enrollment at Windward Community College, the student has placed herself/himself under the policies and regulations of the University and its duly constituted bodies. The disciplinary authority is exercised through the Office of the Vice Chancellor for Student Affairs. Copies of



the Student Conduct Code are available at the Office of the Vice Chancellor for Student Affairs or [online](#).

### **Title IX - Sex Discrimination And Gender-Based Violence Resources**

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Leslie Cabingabang, UH System Confidential Advocate  
Phone/Text: (808) 348-0432 or (808) 341-4952  
Email: [advocate@hawaii.edu](mailto:advocate@hawaii.edu)  
Office: Hale Kāko'o 107 (Wednesdays)

Mykie E. Menor Ozoa-Aglugub, J.D., Title IX Coordinator  
Phone: (808) 235-7468  
Email: [mozoa@hawaii.edu](mailto:mozoa@hawaii.edu)  
Office: Hale Kāko'o 109

Desrae Kahale, Mental Health Counselor & Confidential Resource  
Phone: (808) 235-7393  
Email: [dkahale3@hawaii.edu](mailto:dkahale3@hawaii.edu)  
Office: Hale Kāko'o 101

Karen Cho, Deputy Title IX Coordinator  
Phone: (808) 235-7404  
Email: [kcho@hawaii.edu](mailto:kcho@hawaii.edu)  
Office: Hale 'Alaka'i 120

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University's Title IX resources, and the University's Policy, Interim EP 1.204, go to <https://www.hawaii.edu/titleix/>