

THEA 131 BEGINNING UNARMED STAGE COMBAT

(3 CREDITS | CRN: 61212 | TR 1:40pm – 3.00pm)

INSTRUCTOR: Alex Durrant
OFFICE: Hale Palanakila 138
OFFICE HOURS: By appointment
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EFFECTIVE DATE: Spring 2022

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O'ahu's Ko'olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION

Introduction to theatrical unarmed stage combat. May be repeated up to 9 credits.

STUDENT LEARNING OUTCOMES

Students will:

- Correctly define stage combat specialized terminology and concepts.
- Execute theatrical fight techniques
- Choreograph and perform staged fights

COURSE CONTENT

Concepts or Topics

1. Safety Precautions in Staged Combat
2. Versimilitude vs. Realism in Combat
3. Partnering Skills
4. Kinesthetic Control of Body
5. Falls on Stage
6. Contact Techniques
7. Non Contact Techniques
8. Choreographic Principles
9. Dramatic Playing of Combat/Conflict
10. Selling The Fight

Skills or Competencies—Students will:

1. Apply Out of Distance Safety Measures.
2. Apply Off-Line Safety Measures.
3. Skillfully Employ Eye Contact in Fights.
4. Execute Falls Safely on Stage.
5. Execute Pushes Safely on Stage.
8. Sell Pain and Body Disintegration Throughout a Fight.
9. Understand Principles of Effective Choreography.
10. Perform Phrases of Fight Choreography

6. Execute Slaps, Punches, Grapples and Kicks Safely on Stage.
7. Compare Versimilitudinous and Safe Choreography with “Realistic” Dangerous Techniques.

Smoothly and Effectively.
 11. Imbue Audience with Sense of Drama During Fight Choreography

COURSE TASKS

1. PARTICIPATE actively and positively in exercises and training in class.
2. ATTEND 2 theatrical performances as a concentrated audience member.
3. WRITE 1 Critical Analysis Paper on one of the two theatrical productions you attended.
4. PERFORM 1 Instructor-choreographed fight with a partner.
5. CHOREOGRAPH 1 fight with a partner.
6. PERFORM choreographed fight with partner.

Points Available

• Participation	40
• Watch and Critique Choreographed Fights	10
• Perform Instructor-Choreographed Fight	30
• Devised Choreography	10
• Perform Self-Choreographed Fight	10
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TOTAL POINTS	100

Grades Available

A = 90 or above | B = 80-89 | C = 70-79 | D = 60-69 | F = 59 or below

CR/NC Option: You must have the official CR/NC form signed by the instructor. You must receive a C or higher to receive credit for the course.

LEARNING RESOURCES

No Required Text: Handouts made available by Instructor
Course Web: lualima.hawaii.edu (log in using your UH username and password)

COURSE POLICIES

In General:

This class is an introduction to stage combat technique as it applies to the stage, according to the principles of Dueling Arts International’s industry-esteemed guidelines. Your work will be very “hands on,” with few take home assignments. The focus of this class is on work in the classroom, and active participation in exercises and performances will be the largest basis of evaluation of each student’s grade.

There is only one way you can do badly in this class – fail to show up. If you don’t come to class you aren’t just letting yourself down you are letting your classmates down too. You may have three absences. Every further absence after your “free” absences will deduct 10 points from your final grade (effectively dropping you an entire letter grade from A to B, or B to C).

You get one free tardy as long as you arrive in the first ten minutes of class – if you are later

than 10 minutes you are officially absent. **The next time you are late (even if it is just 1 minute late) you will be marked absent.** Plan to be at class a few minutes early so you can warm up and get your mind ready to think and create.

The Show Must Go On – PERFORMANCE DISCIPLINE:

In the professional theatre world there is only one excuse for missing a performance – death, and even then you must give two weeks notice. **IF YOU MISS A PERFORMANCE/TEST DAY YOU WILL NOT BE GIVEN AN OPPORTUNITY TO MAKE IT UP.** Learning to show up for things in life is one of the most important life skills you shall acquire at college.

Helpful Resources:

I encourage you to ask me questions about the class and to ask for clarification at any time. Please ask for help even though you are not sure you need it.

Studio Etiquette:

Our studio space is sacred. To that end, you must leave your other worries and life preoccupations at the door. Do not bring them in this place where we will work carefully to create fights for the stage.

- Smartphones and the constant invasion of the virtual world upon all aspects of our life are my nemesis and most hated foe. Our class will be a cellphone-free zone. Fear not. I promise your texts and facebook notifications will be waiting for you one hour and fifteen minutes later.
- No food or drink (other than water) can be consumed in the studio.
- Respect one another at all times. Any disrespect of your classmates will not be tolerated and result in your ejection from class for the day (which will then count as an absence, effecting your grade). The work we do is collaborative, if any of us feel uncomfortable; none of us can achieve excellence.
- Wear comfortable clothing allowing you to run, jump and lie down without restricting or embarrassing yourself. Failure to wear appropriate clothing results in an absence.
- Be aware of your body's limitations. Sometimes I will ask you to do strenuous physical activity, if you suffer from palpitations, consumption, or tennis elbow, I need to know.

Emails:

Communicating with students is my top priority. If I have not responded to your message in twenty-four hours, please email me again.

Please email me from one address only. This will help me to sort and manage my emails effectively.

Please check your hawaii.edu account on a regular basis. I will send email announcements to that account only. Instructions on forwarding your hawaii.edu account are here:
http://windward.hawaii.edu/technology/Forwarding_UH_GMail.pdf.

If you have any problems or last minute emergencies, email me or leave a voice mail on my \ phone.

DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Roy can be reached at 8082357453, royinouy@hawaii.edu, or you may stop by Hale 'Akoakoa 213 for more information.

Please Note: This course takes a tactile teaching approach. Tactile teaching involves hands-on correction by the instructor, and is a valuable teaching aid in assisting the student in understanding aspects of proper alignment, placement and movement concepts during class. Students may also be asked to experiment with exercises that involve weight exchange. If this makes you uncomfortable, please notify the professor and appropriate modifications will be made.

TITLE IX

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Kaahu Alo, Student Life Counselor & Designated Confidential* Advocate for Students

Phone: (808) 235-7354

Email: kaahualo@hawaii.edu

Office: Hale 'Akoakoa 232

**confidentiality is limited*

Desrae Kahale, Mental Health Counselor & Confidential Resource

Phone: (808) 235-7393

Email: dkahale3@hawaii.edu

Office: Hale Kāko'o 101

Karla K. Silva-Park, Title IX Coordinator

Phone: (808) 235-7468

Email: karlas@hawaii.edu

Office: Hale 'Akoakoa 220

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University's Title IX resources and the University's Policy, Interim EP 1.204, go to manoa.hawaii.edu/titleix/

COURSE POLICIES CONTRACT

I have read through and reviewed the above Course Policies and the entire THEA 221 syllabus. By signing this document, I acknowledge not only that I understand the policies and requirements of this course, but also that I understand the consequences of not following these policies.

Signed: _____ (date)

QUESTIONNAIRE

Preferred Name _____

Preferred Phone _____

1. What do you hope this course will teach you? What are your goals in this class?

2. How can I help you meet these goals?

3. What do you intend to do to meet them?

4. What grade would you be satisfied with in this course? Why?

5. What else would you like me to know about you?

PLEASE WRITE SOMETHING YOU LEARNED TODAY BELOW.