HDFS 230: HUMAN DEVELOPMENT
3 Credits (CRN 61124 & 61123)

INSTRUCTOR: Frank Palacat
OFFICE: Na`auao 123
OFFICE HOURS: By appointment via Zoom
TELEPHONE: (808) 236-9209
EMAIL: palacatf@hawaii.edu (best contact)
EFFECTIVE DATE: Spring 2020

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko‘olau region of O‘ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG and COURSE DESCRIPTIONS

This course examines the biological, cognitive, and psycho-social development of individuals from conception to death, with similarities and differences among individuals and their cultures, as well as special attention to interests, abilities, and critical issues at successive developmental stages.

This course provides students with theories of biological, cognitive, and psycho-social development from infancy to adulthood and with similarities and differences among individuals and their cultures.

PREREQUISITES: None

RECOMMENDED PREPARATION: Completion of PSY100: Survey of Psychology.

Read and write at the college level and have a basic understanding of percentages and probability.

NOTE: This is an online class. Students MUST have access to a computer, the Internet, and use of their UH hawaii.edu e-mail account to participate in this class. Conducted via the internet, this class uses Laulima—the University of Hawai‘i’s web-based course management system. A web-based course such as this one requires that you have computer and internet literacy skills.

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:
1. Compare and contrast the various theories of human development and behavior.
2. Describe biological, cognitive, and psychosocial development for each life-span period.
3. Investigate the existence of similarities, differences, and uniqueness in human development among individuals and their culture.
4. Apply human development theories and concepts to personal, social, educational, and occupational experiences.

COURSE CONTENT

<table>
<thead>
<tr>
<th>Concepts or Topics</th>
<th>Skills or Competencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scientific Method</td>
<td>Understand the Scientific Method</td>
</tr>
<tr>
<td>Developmental Psychology</td>
<td>Discuss human behavior and development</td>
</tr>
<tr>
<td>Development Domains</td>
<td>Use current models to describe human behavior</td>
</tr>
<tr>
<td>Developmental Stages</td>
<td>Integrate major theories and thoughts to understand and</td>
</tr>
<tr>
<td>Major Theories &amp; Thoughts</td>
<td>discuss human behavior and development</td>
</tr>
</tbody>
</table>
COURSE TASKS

A. PARTICIPATION: (20%, 200 points of total grade):

POSTINGS, COMPLETED BEFORE THE DUE DATE WILL RECEIVE THE FULL PARTICIPATION POINTS. NO POINTS ARE AWARDED FOR LATE POSTS.

Each student will be expected to participate in multiple chapter posting activities in LAULIMA: FORUMS each week. Activities are designed to complement information in the text. Optimal learning will require preparation through reading and processing, and then sharing the work product or information in online class discussion. It is important to plan ahead to make certain you complete the work required to be done outside of class forums so you are ready to share with the class at the time the topic is discussed. Because the activities are planned group learning opportunities with weekly deadlines, there are no make-up opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student submit a post and a reply to each chapter, to contribute to the interactive learning that is an important part of every course. To receive credit for participation, each student will need to participate, on time. Click on FORUMS in your Laulima site for more info.

B. CHAPTER ASSIGNMENTS (30%, 300 points of total grade):

For various chapters throughout the semester, assignment tasks are provided to enhance understanding and apply learning. Note: NOT ALL CHAPTERS HAVE ASSIGNMENTS.

For each chapter assignment, you must complete a few brief questions or task in the LAULIMA: ASSIGNMENTS, TESTS, AND SURVEYS section of your Laulima site (worth 10 pts each). Assignments may include completion of charts, worksheets, watching videos, and/or answering critical thinking questions, etc. For many assignments, in order to answer the critical thinking question(s) and get credit, you must first watch a specified video. Some assignments REQUIRE hand-written creations, such as creating tables. When hand-written, the work MUST be neat and legible or zero points will be given. Then you may upload a picture or scan of your hand-made creation.

To get credit, assignment questions MUST be completed/submitted in the ASSIGNMENTS, TESTS, AND SURVEYS section of LAULIMA by the due date. Emailed assignments or assignments submitted in another area of the Laulima site will NOT be accepted. Late assignments will not be accepted.

C. PORTFOLIO POSTING AND RESPONDING (30%, 300 points of total grade):

[(20pts Goals and Expectations) + (10pts X 26chs) + (20pts Reflection)= 300 pts; 30% of total grade]

TO OBTAIN FULL POINTS EACH POST NEEDS TO BE 300 WORDS AND EACH RESPONSE (to 2 other posts) 100 WORDS LONG.

This aspect of the course should be taken seriously! This activity is to aid the student in developing a comprehensive understanding of developmental theory through meaningful and personal experience, while completing college level literary writing. Your work quality and professional presentation is expected to be at college level performance. To be successful in this segment of the course, students need to start early and work each week to complete required postings.

For EACH CHAPTER: Read the assigned chapter in full. Write a MINIMUM 300 word post: Your post should demonstrate your interest and understanding of any select term(s), theory(s), or concept(s) you choose & apply them to real life by completing the following criteria:

1) (2pts) Describe/Define technically, according to your text but summarized in your own words, three (3) NEW things that you learned and found interesting; things you DID NOT know before reading the chapter.
2) (2pts) Pick at least one of the three from above and, detail how this information will be helpful to you in the future.
   a) How can you potentially use this new information in your life?
   b) With whom?
   c) In what type of situation(s)?
   d) How might this information change your behavior or thought process now, vs
   e) How you have/might have behaved/thought without this knowledge?
3) (2pts) Provide an artifact, a digital, but physical, representation of your potential experience or observation (ie: a picture, a link to video, a website, a poem, etc.) that can be inserted into, or attached to, this posting;  
4) (2x2 pts = 4 pts) For EACH CHAPTER: Read the chapter's posts from your classmates and provide constructive, intellectual, and insightful feedback to at least two of the original posts in a MINIMUM 75 word reply.

Additional details and feedback including a sample post will be provided in the FORUMS section of Laulima. Beyond the first week, chapter links in FORUMS will disappear from student view after the due date/time. Work posted in the incorrect chapter forum will not be accepted. Additionally, students will be required to submit their posts before being able to view posts from classmates; this encourages original ideas and writing.

D. EXAMS / QUIZZES (200 pts or 20% of total grade):  
Complete 2 of the 4 sets of quizzes or exams covering assigned readings, class activities, discussions, lectures, videos, handouts, assignments, etc. The higher score of Exam or Set of Quizzes will be taken. For example you may complete only the Midterm and Final Exam and not do the Quizzes to get the full 200 points or you may do only the Quizzes (CH 1-EP) and not do the Exams. You may also do both Exams and Quizzes and I will take the highest score.

<table>
<thead>
<tr>
<th>EXAM or QUIZ</th>
<th>MATERIAL</th>
<th>% / POINTS possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>MidTerm Exam or Quizzes CH 1-13</td>
<td>Chapters 1-13</td>
<td>10% / 100pts</td>
</tr>
<tr>
<td>Final Exam or Quizzes CH 14-EP</td>
<td>Chapters 14-EP</td>
<td>10% / 100pts</td>
</tr>
</tbody>
</table>

Quizzes and Exams will be made available within two weeks prior to the due date in LAULIMA: ASSIGNMENTS, TESTS, AND SURVEYS. Each week students are expected to complete the reading of the assigned chapter(s) and then complete the quiz(s) for the assigned chapter(s) before the stated deadline. Each individual chapter quiz will consist of 10 randomly chosen multiple choice and true/false questions. One (1) Midterm examination and one (1) Final examination covering assigned readings, class activities, discussions, lectures, videos, handouts, assignments, etc. Each Exam will consist of 100 Multiple Choice and True-False questions.

Students may take and retake the chapter quizzes and the Midterm and the Final Exam up to three (3) times to achieve a desired score; however, as questions are randomly chosen from a very large database, the questions on each quiz and exam retake will differ from the previous quiz or exam. Students are NOT permitted to use books or notes during the quizzes or exams. These quizzes and exams are timed.

Students may complete the reading, quizzes, and/or exams in order, at a faster pace if they so desire; however, in the interest of proficient grading and to motivate students to ration work efficiently, quizzes and exam retakes must be completed BEFORE the stated deadline. Any quizzes or exams posted past the deadline, without explicit permission from the instructor, will be manually rescored to “0;” Late quizzes or exams will not be permitted.

Do not miss exams. Fairness in testing depends on students having equal preparation opportunities. Consequently, make-up tests will be allowed ONLY in the event of a genuine family or medical EMERGENCY with appropriate documentation. In the event of an emergency, the instructor must be notified IN ADVANCE of the exam, unless absolutely impossible. If the instructor is not notified of the emergency prior to the DEADLINE of the exam, and/or appropriate documentation of proof of emergency is not provided, the student will receive a zero for that exam.

Routine appointments are not emergencies, and should be scheduled outside of time needed to complete course requirements. In case of emergencies, it is the responsibility of the student to contact the instructor BEFORE the due date, in order for the student to avoid penalty. Late exams will not be permitted.

**ASSESSMENT TASKS AND GRADING**

<table>
<thead>
<tr>
<th>Task</th>
<th>Possible Pts</th>
<th>Grade Criterion</th>
</tr>
</thead>
<tbody>
<tr>
<td>PORTFOLIO</td>
<td>= 300 pts</td>
<td>900 - 1000 points = A</td>
</tr>
<tr>
<td>ASSIGNMENTS</td>
<td>= 300 pts</td>
<td>800-899 points = B</td>
</tr>
<tr>
<td>QUIZZES/EXAMS</td>
<td>= 200 pts</td>
<td>700- 799 point = C</td>
</tr>
<tr>
<td>PARTICIPATION</td>
<td>= 200 pts</td>
<td>600 - 699 points = D</td>
</tr>
<tr>
<td>Total</td>
<td>= 1000 pts</td>
<td>&lt;600 points = F or N</td>
</tr>
</tbody>
</table>
LEARNING RESOURCES

Required Resources:

The required text may be purchased at the WCC Bookstore located in Hale ‘Ākoakoa Rm#160. The WCC text is bundled with a free studyguide (optional resource) and free access to LAUNCHPAD (required resource).

COMPUTER/INTERNET ACCESS: You will need access to a computer with internet access.

LAULIMA WEBSITE: Through the WCC online homepage, log in to Laulima with your UH ID. The tab for this course should be visible. If it is not, please see your instructor so that she can add you to the site. WCC recommends using FIREFOX for optimized potential.

Recommended Resources:

STUDY GUIDE: Straub, R. (2016). *Study Guide to Accompany The Developing Person Through the Lifespan 10th ed. by Kathleen Berger*; New York: Worth. (Bundled for free with new textbook at WCC bookstore, or may be purchased separately, directly from publisher, for around $50).

Campus Resources:

TRIO: For a variety of student support services, visit Hale Kako’o 116, call 808-235-7487, or visit windward.hawaii.edu/TRiO/Student_Support_Services.php

PEER MENTORING: For tutoring and peer mentoring for any student in need of educational support visit the Ka Piko Study Center in Hale ‘Ākoakoa 232, Lounge; call 235-7454; Email: wccpeer@hawaii.edu; or visit windward.hawaii.edu/kapiko/peer/

MY SUCCESS: For extra help or advising, students are encouraged to explore resources at MySuccess.Hawaii.edu and windward.hawaii.edu/MySuccess.

TTC: The Testing Center for assistance in an alternative testing site https://windward.hawaii.edu/testing_center/

LIBRARY STUDY SERVICES: See the librarian for details https://windward.hawaii.edu/Learning_Resources/

ADDITIONAL INFORMATION

MODES OF INSTRUCTION:
This is an ONLINE course. Assigned readings, discussion, video activities, worksheets, and assignments, community field observations, peer teaching, online and interactive engagement, quizzes, and exams, are designed to be mutually complimentary. Although the main concepts in human development throughout the lifespan will be covered, not all important information from your text will necessarily be discussed in class activities. The text and class activities are mutually complementary, meaning they overlap. Students are responsible for the information presented in both domains, and are encouraged to further research any concepts that are not fully understood.

REQUEST FOR Cr/N GRADES:
Requests for Credit/No Credit grades, as opposed to the traditional A-F grades, must be made by the official withdrawal date (approximately mid-semester; see calendar for date) directly through the registrar’s office.

LATE WORK:
As stated in “Course Tasks, A - D,” late work will not be permitted or accepted. If you foresee you may be unable to complete coursework according to the schedule, you may submit assignments on an earlier date. Emailed assignments will not be accepted.
**DISABILITIES ACCOMMODATIONS**

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Ākoakoa 213 for more information.

You are encouraged to speak with your instructor to discuss any concerns regarding your educational progress and ensure you have an equal opportunity to succeed in this class. Anyone who has difficulty during the semester should see your instructor right away to get help.

**TITLE IX**

Title IX prohibits discrimination on the basis of sex in education programs and activities that receive federal financial assistance. Specifically, Title IX prohibits sex discrimination; sexual harassment and gender-based harassment, including harassment based on actual or perceived sex, gender, sexual orientation, gender identity, or gender expression; sexual assault; sexual exploitation; domestic violence; dating violence; and stalking. For more information regarding your rights under Title IX, please visit: https://windward.hawaii.edu/Title_IX/.

Windward Community College is committed to the pursuit of equal education. If you or someone you know has experienced sex discrimination or gender-based violence, WCC has resources to support you. To speak with someone confidentially, contact the Mental Health & Wellness Office at 808-235-7393 or Kaahu Alo, Designated Confidential Advocate for Students, at 808-235-7354 or kaahualo@hawaii.edu. To make a formal report, contact the Title IX Coordinator, Karla K. Silva-Park, at 808-235-7468 or karlas@hawaii.edu.

**ACADEMIC INTEGRITY**

Academic dishonesty cannot be condoned by the University. Such dishonesty includes cheating and plagiarism (examples of which are given below) which violate the Student Conduct Code and may result in receiving zero points for an assignment, failing an exam, failing the class, and expulsion from the University of Hawaii.

**Cheating:** Cheating includes but is not limited to copying another student’s work, giving unauthorized help during an examination, obtaining unauthorized information about an examination before it is administered, using inappropriate sources of information during an examination, altering the record of any grades, altering answers after an examination has been submitted, falsifying any official UH record, and misrepresenting the facts in order to obtain exemptions from course requirements.

**Plagiarism:** Plagiarism includes but is not limited to submitting any document to satisfy an academic requirement that has been copied in whole or part from another individual’s work without identifying that individual; neglecting to identify as a quotation a documented idea that has not been assimilated into the student’s language and style, or paraphrasing a passage so closely that the reader is misled as to the source; submitting the same written or oral material in more than one course without obtaining authorization from the instructors involved…

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

**ALTERNATE CONTACT INFORMATION**

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

Location: Alakai 121
Phone: 808-235-7422
Email: wccaa@hawaii.edu
## SPRING 2022
### HDFS 230 ONLINE Schedule of Coursework

<table>
<thead>
<tr>
<th>WEEK#</th>
<th>ALL COURSEWORK* FOR</th>
<th>DUE by <strong>11:59pm</strong> THIS NIGHT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>WEEK 1 INTRODUCTIONS</td>
<td>JAN 15</td>
</tr>
<tr>
<td>2</td>
<td>CH 1 &amp; 2</td>
<td>JAN 22</td>
</tr>
<tr>
<td>3</td>
<td>CH 3 &amp; 4</td>
<td>JAN 29</td>
</tr>
<tr>
<td>4</td>
<td>CH 5 &amp; 6</td>
<td>FEB 5</td>
</tr>
<tr>
<td>5</td>
<td>CH 7 &amp; 8</td>
<td>FEB 12</td>
</tr>
<tr>
<td>6</td>
<td>CH 9 &amp; 10</td>
<td>FEB 19</td>
</tr>
<tr>
<td>7</td>
<td>CH 11 &amp; 12</td>
<td>FEB 26</td>
</tr>
<tr>
<td>8</td>
<td>CH 13</td>
<td>MAR 5</td>
</tr>
<tr>
<td>9</td>
<td>MIDTERM EXAM CHs 1 - 13</td>
<td>MAR 12</td>
</tr>
<tr>
<td>10</td>
<td>CH 14 &amp; 15</td>
<td>MAR 26</td>
</tr>
<tr>
<td>11</td>
<td>CH 16 &amp; 17</td>
<td>APR 2</td>
</tr>
<tr>
<td>12</td>
<td>CH 18 &amp; 19</td>
<td>APR 9</td>
</tr>
<tr>
<td>13</td>
<td>CH 20 &amp; 21</td>
<td>APR 16</td>
</tr>
<tr>
<td>14</td>
<td>CH 22 &amp; 23</td>
<td>APR 23</td>
</tr>
<tr>
<td>15</td>
<td>CH 24 &amp; 25</td>
<td>APR 30</td>
</tr>
<tr>
<td>16</td>
<td>CH Epilogue</td>
<td>MAY 7</td>
</tr>
<tr>
<td>17</td>
<td>FINAL EXAM CHs 14 - Epilogue</td>
<td>MAY 11</td>
</tr>
</tbody>
</table>

*Coursework includes

1. Chapter **READING** completed in your TEXTBOOK;
2. Weekly **FORUM POSTINGS** completed in LAULIMA: FORUMS;
3. Weekly **FORUM REPLIES** completed in LAULIMA: FORUMS;
4. **ASSIGNMENTS VIDEO/ACTIVITIES COMPLETED/UPLOADED** (based on Assignment Video/Activities) answered/submitted in LAULIMA: ASSIGNMENTS, TESTS, AND SURVEYS;
5. Chapter **QUIZZES** and/or **EXAMS** competed in LAULIMA: ASSIGNMENTS, TESTS, AND SURVEYS; and/or

** ASSIGNMENTS **MUST BE COMPLETED BY THE DUE DATE/TIME**! YOU ARE ENCOURAGED TO COMPLETE ASSIGNMENTS BEFORE THESE DUE DATES. Due dates are DEADLINES; meaning all work should be completed and submitted **BEFORE** this time on this date. I recommend completing reading and assignments for one chapter per day. This will allow you to focus on one set of material at a time, give you a couple of days of down time on non-exam weeks, and allow for a few days to study for exams on weeks exams are given.

*** IF YOU PREFER TO COMLETE WORK OVER THE WEEKEND DAYS, as opposed to weekdays, you are encouraged to complete work during the weekend PRIOR TO your Saturday due date.

**** DEADLINES WILL BE STRICTLY ENFORCED; LATE SUBMISSIONS WILL **NOT** BE ACCEPTED