



UNIVERSITY of HAWAII®
WINDWARD
COMMUNITY COLLEGE

Fall 2022 Online
Psychology 100: Survey of Psychology
3 Credit Hours
Online Asynchronous

INSTRUCTOR: Christine Park, PhD, LMHC, NCC
OFFICE: Virtual
OFFICE HOURS: By appointment
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WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko'olau region of O'ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem-solving and thinking, and methods of inquiry.

This course is taught through an online asynchronous format. Students are required to complete weekly assignments through Lulima.

LEARNING RESOURCES & REQUIRED TEXT

Required Text:

Cacioppo, J. T., & Freberg, L. (2018). *Discovering Psychology* (3rd Edition). Cengage Learning US.

STUDENT LEARNING OUTCOMES

As a result of taking this course, students can expect to attain the following outcomes:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

COURSE CONTENT

Concepts or Topics

- Major Psychological Theories
- Nature and Nurture
- Psychological Perspectives

- Psychological Theorists
- Conscious and Unconscious Mind
- Research Strategies and Methods

Skills or Competencies

- Describe and evaluate psychology as a science
- Compare and contrast the interactive effects of nature and nurture
- Identify and describe major theorists
- Integrate various psychological theories
- Define theory
- Discuss the nature and types of evidence used in psychology

COURSE TASKS**A. Participation / Weekly Discussions : (20 points per week- 200 points total)**

Each student will be expected to participate in each weekly discussion. Assignments are designed to complement information in the text. Optimal learning will require preparation through reading and processing, and then sharing the work product or information in class or online class forums. It is important to plan ahead to make certain you complete the work required outside of class so you are ready to share with the class at the time the topic is discussed. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student to contribute to the interactive learning that is an important part of every course. To receive credit for participation, each student will need to participate, on time and respond to at least 2 peers. Responses should be a minimum of 200 words and peer responses a minimum of 100 words.

B. Chapter Outlines (10 points per chapter-160 points total)

Students are to submit a Chapter Outline at the end of each week (Sunday). Two chapters are covered each week. Each chapter outline is worth 10 points. Students can submit 1 document with both weekly chapter outlines, or two separate documents (one for each chapter). Outlines are to capture the key points and ideas of each chapter.

C. Assignments: (100 pts each- 300 points total)

Please see Laulima for assignment details.

Assignment #1: Interview with a professional who uses psychological principles.

Assignment #2: TedTalk Summary

Assignment #3: Personality Sketch

D. Exam (100 pts)**ASSESSMENT TASKS & GRADING**Points

Assignment or Activity	Point Value
Discussion Forum Posts	200
Chapter Outlines	160
Assignments	300
Exam	100
Total	760

Grading Scale

- A: 90-100%
B: 80-89%

C: 70-79%
 D: 60-69%
 F: 59% and below

COURSE SCHEDULE

Unit/ Dates	Unit Topic(s)	Assignment	Due Date
Week 1	The Science of the Mind: The Discipline of Psychology The Measure of the Mind: Methods of Psychology	Read Ch 1 & 2 Discussion posts <i>Review Laulima Resources</i>	Introduction due Thursday Main post due Friday Peer responses due Sunday Ch. 1 & 2 Outline due Sunday
Week 2	The Evolving Mind: Nature & Nurture The Biological Mind: The Physical Basis of Behavior	Read Ch 3 & 4 Discussion posts Assignment #1 <i>Review Laulima Resources</i>	Main post due Friday Peer responses due Sunday Ch. 3 & 4 Outline due Sunday Assignment #1 Due Sunday
Week 3	The Perceiving Mind: Sensation & Perception The Aware Mind: Elements of Consciousness	Read Ch 5 & 6 Discussion posts <i>Review Laulima Resources</i>	Main post due Friday Peer responses due Sunday Ch 5 & 6 Outline due Sunday
Week 4	The Feeling Mind: Emotion & Motivation The Adaptive Mind: Learning	Read Ch 7 & 8 Discussion posts Assignment #2 <i>Review Laulima Resources</i>	Main post due Friday Peer responses due Sunday Ch 7 & 8 Outline due Sunday Assignment #2 due Sunday
Week 5	The Feeling Mind: Emotion & Motivation The Thinking Mind: Thinking, Language, & Intelligence	Read Ch 9 & 10 Discussion posts <i>Review Laulima Resources</i>	Main post due Friday Peer responses due Sunday Ch 9 & 10 Outline due Sunday
Week 6	The Developing Mind: Life Span Development The Individual Mind: Personality and the Self	Read Ch 11 & 12 Discussion posts <i>Review Laulima Resources</i>	Main post due Friday Peer responses due Sunday Ch 11 & 12 Outline due Sunday
Week 7	The Connected Mind: Social Psychology The Troubled Mind: Psychological Disorders	Read Ch 13 & 14 Discussion posts Assignment #3	Main post due Friday Peer responses due Sunday Ch 13 & 14 Outline due Sunday

		<i>Review Laulima Resources</i>	Assignment #3 due Sunday
Week 8	The Healing Mind: Therapy	Read Ch 15 & 16	Main post due Friday
	The Health Mind: Stress, and Coping, Health Psychology, and Positive Psychology	Discussion posts	Peer responses due Sunday
		Final Exam	Ch 15 & 16 Outline due Sunday
		<i>Review Laulima Resources</i>	Final Exam: Due Sunday

ADDITIONAL INFORMATION

Disability Accommodation Statement

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class.

Jodi A.-K. Asato
 Counselor, Disability Student Services Office
 Hale Kako‘o 105
 phone: [808-235-7472](tel:808-235-7472)
 email: wccdsso@hawaii.edu

MySuccess

MySuccess: Students may be referred for extra help or advising through MySuccess. Students can also explore resources at MySuccess.Hawaii.edu and windward.hawaii.edu/MySuccess

SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Leslie Cabingabang, UH Confidential Advocate
 Phone: (808) 348-0432
 Email: advocate@hawaii.edu

Desrae Kahale, Mental Health Counselor & Confidential Resource
 Phone: (808) 235-7393
 Email: dkahale3@hawaii.edu

Kaahu Alo, Student Life Counselor, Designated Confidential Advocated
 Phone: (808) 235-7354

Email: kaahualo@hawaii.edu

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University's Title IX resources and the University's Policy, Interim EP 1.204, go to manoa.hawaii.edu/titleix/

ACADEMIC INTEGRITY

Honesty and trust among students and between students and faculty are essential for a strong, functioning academic community. Consequently, students are expected to do their own work on all academic assignments, tests, projects, and research/term papers. Academic dishonesty, whether cheating, plagiarism, or some other form of dishonest conduct may result in failure for the work involved. Academic dishonesty could also result in failure for the course and, in the event of a second incident of academic dishonesty, dismissal. Here are examples of academic dishonesty:

- Cheating - Intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise. The term academic exercise includes all forms of work submitted for credit.
- Fabrication - Intentional and unauthorized falsification or invention of any information or citation in an academic exercise.
- Facilitating academic dishonesty - Intentionally or knowingly helping or attempting to help another to violate a provision of academic integrity.
- Plagiarism - The deliberate adoption or reproduction of ideas or words or statements of another person as one's own without acknowledgment.

ADDITIONAL CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

- Location: Alaka'i 121
- Phone: (808) 235-7422

RUBRICS

Category	Criteria	Points
Critical Analysis	Posting demonstrates that information from readings was considered with enough interpretation/evaluation to develop a comprehensive analysis or synthesis. Viewpoints of experts are questioned thoroughly.	3 points

Applied Analysis	Includes a specific real-life application (work experience, prior coursework, imagined scenario, etc.) to support important points.	3 points
Writing and Grammar	Written responses are free of grammatical, spelling or punctuation errors. APA format is used for references and citations.	4 points

Response Rubric = 5 points per peer post (10 points total)

Category	Criteria	Points
Participation in the Learning Community	Responses actively stimulate and sustain further discussion by building on peers' responses including: — building a focused argument around a specific issue or — asking a new related question or — making an oppositional statement supported by personal experience or related research.	2 points
Discussion Interaction	Written interactions on the discussion board show respect and sensitivity to peers' gender, cultural and linguistic background, sexual orientation, political and religious beliefs.	2 points
Writing and Grammar	Written responses are free of grammatical, spelling or punctuation errors. APA format is used for references and citations.	1 points