

## CHW 101: Community Health Worker Fundamentals

3 Credits (CRN 63322)

Pu'uhonua Program/Education Center Schedule

**INSTRUCTOR:** Heather Chapman, PsyD

**OFFICE:** Virtual Office- Zoom or Google Meets

**OFFICE HOURS**: Appointment

**TELEPHONE:** Pu'uhonua Program EMAIL: hdc3@hawaii.edu

**EFFECTIVE DATE:** FALL 2022

Class Meetings and Locations: WCCC @ Wednesday's 6:30pm-8:00pm

# WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko'olau region of O'ahu and beyond with liberal arts, careerand lifelong learning in a supportive and challenging environment — inspiring studentsto excellence.

#### **CATALOG DESCRIPTION**

Identifies the roles that Community Health Workers play in Hawai'i and the broaderpublic health system and introduces the attitudes, skills and knowledge of the profession.

Lecture Hours: 3

Prerequisites: Placement into ENG 100X.

## **Activities Required at Scheduled Times Other than Class Times**

All activities can be completed asynchronously during the Pu'honua Program/EducationCenter Schedule.

#### STUDENT LEARNING OUTCOMES

Learning Outcome	Activities designed to meet that outcome
1. Develop communicationand interpersonal skills through interactions with fellow students, clients, and professionals in the community.	Chapter 1 The Role of Community Health Workers Chapter 2 The Evolution of the Community Health Worker Field in the United States Self-advocacy communications throughout the course Synthesis of feedback and group participation.

2. Develop professional skills and identify best practices for use with various populations and in diverse human servicesettings.	Chapter 12: Stress Management and Self CareFinal project Chapter 15: Promoting the Health of Formerly Incarcerated People Chapter 17: Promoting Healthy Eating and Active Living
3. Use critical thinking, problem solving, and research skills to evaluate the social conditions of vulnerablepopulations and identify potential advocacy strategies.	Chapter 3 Defining Health Chapter 4: Defining Health Inequality Chapter 5: Introduction to Health Care and Health Policy in the US Chapter 7: Cultural Humility Final Project - Bringing it all together

# ASSESSMENT TASKS AND GRADING

Activity	Professional development for CHW	Points
Weekly Written Assignments	Written and typed assignments that pertain to the topics, lectures, and articles provided.	140
Self -Advocacy Communications	Effectively communicate in correspondence with the instructor to advocate for individual learner needs.	60
Final Project	Written or typed 10 page paper to describe the qualities, roles and responsibilities, and competency skills for a CHW.	100
	Presentation about how students will apply the knowledge they learned in the course to their future profession.	
	Total points possible:	300

<sup>\*\*\*</sup>Extra credit will be added on to total points

Final grades will be based on the following <u>percentages</u> of total possible points earned:

Grade Percentages	Points Earned	
A 90-100%	300- 280	
B 80-89%	280-260	
C 70-79%	260-240	
D 60-69%	240-220	
F 0-59%	220<	

# **COURSE CONTENT**

# **Schedule of Reading and Assignments**

CHW101	To Read/To Do	<b>Assignment Due</b>
Week 1	Introduction and Syllabus Review Read: Berthold, 2016. Chapter 1	
	Complete: Week 1 assignment	
Week 2	Read: Berthold, 2016. Chapter 1 & Chapter 2	Week 1 Assignment
	Complete: Week 2 assignment	
Week 3	Read: Berthold, 2016. Foundations for Community Health Workers Chapter 3	Week 2 Assignment
TT/ 1 4	Complete: Week 3 assignment	
Week 4	Read: Berthold, 2016. Foundations for Community Health Workers Chapter 4	Week 3 Assignment
	Complete: Week 4 assignment	
Week 5	Read:	Week 4 Assignment
week 5	Berthold, 2016. Foundations for Community Health Workers Chapter 5	
	Complete: Complete: Week 5 assignment	
Week 6	Read:	Week 5 Assignment
	Berthold, 2016. Foundations for Community Health Workers Chapter 6	

	Complete: Week 6	
Week 7		
VV CCK /	Read:	Week 6 Assignment
	Berthold, 2016. Foundations for	
	Community Health	
	Workers Chapter 7 &	
	Behavior Lesson	
	Complete: Week 7	
Week 8	Read:	Week 7 Assignment
	Berthold, 2016.	
	Foundations for	
	Community Health Workers Chapter 8	
	T	
	Complete: Week 8	
Week 9	Read:	Week 8 Assignment
	Berthold, 2016.	
	Foundations for	
	Community Health Workers Chapter 9	
	Healthcare	
	Association of Hawaii	
	Community Health Needs Assessment	
	(handout), 2018.	
	Complete: Week 9	
Week 10	Read:	Week 9 Assignment
	Berthold, 2016.	
	Foundations for Community Health	
	Workers Chapter 10 &	
	11	
	Complete: Week 10	
Week 11	Read:	Week 10 Assignment
	Berthold, 2016.	
	Foundations for	
	Community Health	
	Workers Chapter 12	
	Complete: Week 11	
	Complete. Week 11	

Week 12	Read:	Week 11 Assignment
	Berthold, 2016. Foundations for Community Health Workers Chapter 13 & 14	
	Complete: Week 12 assignment	
Week 13	Read:	Week 12 Assignment
	Berthold, 2016. Foundations for Community Health Workers Chapter 15	
	Complete: Week 13 assignment	
Week 14	Read:	Week 13 Assignment
	Berthold, 2016. Foundations for Community Health Workers Chapter 15	
Week 15	Final Project Complete: Final Project	FINAL PROJECT

#### LEARNING RESOURCES



#### **Required text:**

Berthold, T. (Ed.). (2016). Foundations for community health workers. John Wiley & Sons.

ISBN-13: 978-1119060819

ISBN-10: 1119060818

Additional reading will be provided.

### ADDITIONAL INFORMATION

- This course design takes a guided inquiry approach to the learning using visualand instructional support. The focus of the class will be on learning ways to find and collect information that supports you in bringing it together into a bigger picture (synthesis). Don't stress! The focus will be on learning the process, notgetting the product perfect. Assignment directions are included in each assignment.
- All assignments and additional readings will be provided in printed format.
- Students should expect to spend approximately 9 hours per week on reading and assignments.
- MySuccess: Students may be referred for extra help or advising through MySuccess. Students can also explore resources at MySuccess. Hawaii.edu and windward.hawaii.edu/MySuccess

#### **Course expectations**

- Be respectful
- Be responsible
- Be prepared and engaged

I am committed to the creation and maintenance of an inclusive online/ and in person learning space. In my courses you will be treated with respect and dignity. I strive to provide individuals equitable opportunity to participate, contribute, and succeed. All students are welcome in my courses regardless of race/ethnicity, gender identities, gender expressions, sexual orientation, socioeconomic status, age, disabilities, religion, regional background, veteran status, citizenship, nationality, and other diverse identities we each bring to class. Your success in my courses and beyond is enhanced by the innovation and creativity of thought facilitated by inclusive learning spaces. The success of such a space relies on the participation, support, and understanding of you and your peers. I encourage you to speak up and share your views. We all understand we are expected to engage respectfully and with regard to the dignity of others. If you have any questions or concerns please raise them in class or with me directly.

#### DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that couldlimit your ability to fully participate in this class, you are encouraged to contact the Accessibility Counselor to discuss reasonable accommodations that will help you succeed in this class. Roy Inouye can be reached at (808) 235-7448, <a href="mailto:royinouy@hawaii.edu">royinouy@hawaii.edu</a>, or you may stop by Hale Kākoʻo 106 for more information.

### SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, andstalking.

If you or someone you know is experiencing any of these, WCC has staff and resourcesto support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Jojo Miller, Confidential Advocate

Phone: (808) 348-0663 Email: <u>advocate@hawaii.edu</u> Office: Hale Kākoʻo 110

Desrae Kahale, Mental Health Counselor & Confidential Resource

Phone: (808) 235-7393 Email: dkahale3@hawaii.edu Office: Hale Kākoʻo 101

Karen Cho, Deputy Title IX Coordinator

Phone: (808) 235-7404 Email: kcho@hawaii.edu Office: Hale 'Alaka'i 120

As a member of the University faculty, I am required to immediately report any incidentof sex discrimination or gender-based violence to the campus Title IX Coordinator.

Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have

options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University's Title IX resources and the University's Policy, Interim EP 1.204, go to <a href="mailto:manoa.hawaii.edu/titleix/">manoa.hawaii.edu/titleix/</a>

#### **ACADEMIC INTEGRITY**

Work submitted by a student must be the student's own work. The work of others shouldbe explicitly marked, such as through use of quotes or summarizing with reference to the original author.

In this class, students who commit academic dishonesty, cheating or plagiarism willhave the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

#### ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

Location: Alaka'i 121Phone: (808) 235-7422