



Frosh Cohort Learning Community
PSY 100 Survey of Psychology – 3 Credits (CRN: 60162)
IS 103 Introduction to College – 3 Credits (CRN: 60174)
Fall 2021



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WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko‘olau region of O‘ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment – inspiring students to excellence

CATALOG DESCRIPTION

SURVEY OF PSYCHOLOGY

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, and personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Prerequisite: None;

Recommendations: Read and write at the college level and have a basic understanding of percentages and probability.

INTRODUCTION TO COLLEGE

This course is designed to orient first-time students to a college setting. Students will learn (1) the tools, techniques, methods, procedures, processes, skills, resources, and attitudes for success; (2) the programs and services of a postsecondary institution of higher education; and (3) to design a personal, comprehensive, postsecondary academic plan.

Prerequisite: Placement in ENG 22 or higher or consent of instructor.

STUDENT LEARNING OUTCOMES

At the successful completion of this course, you will be able to:

SURVEY OF PSYCHOLOGY

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental bases of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

INTRODUCTION TO COLLEGE

1. Use the tools, techniques, methods, procedures, processes, skills, and resources for academic success.
2. Describe the various programs and services of a post-high school institution.
3. Identify short and long-term goals post WCC, and prepare an educational plan to meet those goals.
4. Use college-level note taking, critical reading, test taking, memory, and concentration techniques.
5. Use time-management, personal organization, stress management and study skills.
6. Communicate effectively in writing and in speech.
7. Find information from library, Internet, and other sources.
8. Use strategies to complete out of class work efficiently and effectively.

KEY SKILLS FOR SUCCESS

SURVEY OF PSYCHOLOGY

Concepts or Topics

- Major Psychological Theories
- Nature and Nurture Different Perspectives Different Theorists
- Conscious and Unconscious Mind
- Research Strategies and Methods

Skills or Competencies

- Describe and evaluate psychology as a science Compare and contrast the interactive effects of nature and Nurture
- Identify major theorists Integrate various theories Define theory
- Discuss the nature and types of evidence used in psychology

INTRODUCTION TO COLLEGE

Communication Skills

- Proficiency in oral, written and computer skills

Interpersonal Skills

- Influence and persuade others
- Successfully lead others
- Work effectively as a team member

Critical Thinking Skills

- Anticipate and solve problems
- Gather, evaluate, analyze, and apply information (research)
- Make appropriate decisions

Authentic Self

- Self-Efficacy
- Dependable
- Motivation
- Manage time
- Organize
- Culturally competent

COURSE TASKS

- A. *Participation:*** Part of the educational experience involves being present and participating in class discussions and group work. Attendance and participation will account for 20% of your grade. (200 points)
- B. *Celebration of Learning Assessment:*** Three (3) assessments about the topics presented in class will account for 30% of your grade. (300 points)
- C. *Real World Challenge - Presentations:*** Students will select real world challenges and identify skills and strategies implemented to meet the challenges. These presentations will account for 20% of your grade. (200 points)
- D. *Weekly Reflections:*** Student will reflect on a variety of different topics pertaining to the field of psychology and personal experiences and opinions that will account for 10% of your grade. (300 points)
- E. *Cooperative/Collaborative:*** Some activities will only require participation in group activities in class, but most will require preparation outside of class and sharing the work product or information in class group discussion. It is important to plan ahead to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because activities are planned in-class group learning opportunities, there are no MAKEUP opportunities for these activities.
Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that students participate and contribute to the interactive learning environment.
- F. *Attitude:*** Have fun learning: this is important as learning IS fun.
- G. *Supplemental Instruction (TBD)*** A Supplemental Instructor is available to meet with students in Psychology 100 sections (Palacat) to offer additional assistance with questions on course content, preparing for assignments, exams, etc.

ASSESSMENT TASKS AND GRADING

Requirements for this course total a maximum of 1,000 points based on:

<u>Tasks</u>	<u>Possible Points</u>
Participation – 20%	200 points
3 Celebration of Learning Assessments – 30%	300 points
Real World Challenge Presentations – 20%	200 points
Weekly Reflections - 30%	300 points
Total Points – 100%	1,000

<u>Grade Criterion</u>
A = 900 – 1,000 – Excellent
B = 800 – 890 – Above Average
C = 700 – 790 – Average
D = 600 – 690 – Below
F = 590 – 0

GRADE	ACHIEVEMENT LEVEL	DEFINITION	POINT SPREAD
A	Excellent	90 - 100% of total points	900-1,000
B	Above average	80 - 89% of total points	800 – 899
C	Average	70 - 79% of total points	700 – 799
D	Minimal passing	60 – 64% of total points	600 – 699
F	Failure to pass	Below 55% of total points	< 599
I	Incomplete	Given at INSTRUCTOR'S OPTION when student is unable to complete a small part of the course because of circumstances beyond their control. It is student's responsibility to make up incomplete work. Failure to satisfactorily make up incomplete work within the appropriate time period will result in a grade change from "I" to the contingency grade identified by the instructor.	
CR	At C level or higher	65% or above in total points; student must indicate their intent to take the course as CR/NC in writing by the end of the 10 th week of classes (see catalog).	
NC	Lower than C level	Below 65% of total points; this grade only available under the CR/NC option (see catalog).	
N	No grade given	Instructor use for students unable to complete the course due to extenuating circumstances, such as major health, personal or family emergencies. (extreme situations only)	
W	Withdrawal	Official drop/withdrawal from the course by 10/26/10 deadline (see schedule of classes).	
NOTE ¹		Drop of one grade after 3 absences, two grades after 6, three grades after 9, etc.	
NOTE ²		Student involved in academic dishonesty will receive an "F" grade for the course. Academic dishonesty is defined in the catalog.	

LEARNING RESOURCES

- Myers, Exploring Psychology 10th edition.
- Downing, Skip (2012) *On Course, Study Skills Plus Edition*, Second Edition –available at the bookstore (copies available for review in the Ka Piko Center)
- Additional readings will be made available on Laulima under “Resources” or as handouts in class.

Campus Resources:

- TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.
- Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus).
- TTC: The Testing Center for assistance in an alternative testing site.
- Library Study Services: See the librarian for additional details.
- EBSCOHost Journal Online DataBase can be accessed through the Library Website: <http://library.wcc.hawaii.edu>

What is SI?

Supplemental Instruction, or SI, is a peer-mentoring program that targets high-risk classes. Experienced students who have previously taken difficult courses run study sessions outside the classroom. Success comes when students work together with their class SI Leader to explore important concepts, review class notes, discuss reading assignments and test-taking strategies, and review for tests.

DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Accessibility Counselor to discuss reasonable accommodations that will help you succeed in this class. Roy Inouye can be reached at (808) 235-7448, royinouy@hawaii.edu, or you may stop by Hale Kāko‘o 106 for more information.

SEX DISCRIMINATION AND GENDER-BASED VIOLENCE RESOURCES (TITLE IX)

Windward Community College is committed to providing a learning, working, and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking.

If you or someone you know is experiencing any of these, WCC has staff and resources to support and assist you. To report an incident of sex discrimination or gender-based violence, as well as receive information and support, please contact one of the following:

Madoka (Doka) Kumagai, Confidential Advocate

Phone: (808) 348-0663 (cellular)

Phone: (808) 956-6084 (office)

Email: kumagaim@hawaii.edu

Desrae Kahale, Mental Health Counselor & Confidential Resource

Phone: (808) 235-7393

Email: dkahale3@hawaii.edu

Office: Hale Kāko‘o 101

Karla K. Silva-Park, Title IX Coordinator

Phone: (808) 235-7468

Email: karlas@hawaii.edu

Office: Hale ‘Ākoakoa 220

As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. Although the Title IX Coordinator and I cannot guarantee confidentiality, you will still have options about how your case will be handled. My goal is to make sure you are aware of the range of options available to you and have access to the resources and support you need.

For more information regarding sex discrimination and gender-based violence, the University’s Title IX resources and the University’s Policy, Interim EP 1.204, go to manoa.hawaii.edu/titleix/

ACADEMIC INTEGRITY

Work submitted by a student must be the student's own work. The work of others should be explicitly marked, such as through use of quotes or summarizing with reference to the original author. In this class, students who commit academic dishonesty, cheating or plagiarism will have the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

Location: Alakai 121

Phone: 808-235-7422

ADDITIONAL INFORMATION

Student Responsibilities

- The student is expected to attend and actively participate in all course lectures and activities, and complete assignments on time.
- The student is expected to be prepared in advance of class sessions (i.e. having read text materials, bringing required work materials to class).
- The student is responsible to be aware of announced changes in the course schedule, including examination dates and assignment deadlines. Student should actively access their MyUH Email account and the Lualima Interactive site.
- It is the students' responsibility to be informed about deadlines critical to making registration changes
- (e.g. last day of erase period and last day for making an official withdrawal).
- The student is responsible for managing their time appropriately. College courses require much more reading, writing and studying than high school. Students can expect to spend 10 hours per week (in class as well as study and preparation time) on every class they take.

University Statement on Non-Discrimination

The University of Hawai'i Executive Policy E1.202 declares and reaffirms its commitment to the University's equal education and employment opportunity policy. The University is committed to a policy of nondiscrimination on the basis of race, sex, age, religion, color, national origin, ancestry, handicap, marital status, arrest and court record, sexual orientation, gender identity, and veteran status. This policy covers admission and access to, and participation, treatment, and employment in the University's programs and activities." If you feel that you are being discriminated against contact the WCC Vice Chancellor for Student's Office at 235-7466 or the UH Equal Employment Opportunity and Affirmative Action Office at 956-7077.

Important Academic Calendar Dates – Fall 2021

Last day to Add/Late Register	Fri., 08/31
Last Day 100% Refund of Tuition	Fri., 08/31
Last Day 50% Refund of Tuition	Mon., 09/14
Last Day to Withdraw without "W" grade	Mon., 09/14
Last Day to withdraw with "W" grade	Mon., 11/01
Last Day to Change to CR/NC or Audit Option	Mon., 11/01
Registration for Spring 2021 Begins (Time Ticketing)	Mon., 11/08

Tentative Schedule for PSY 100

Week	Date	PSY 100	IS 103	Class Activity	Outcomes
1	Aug 24	Introductions		Lecture/ Discussion	1, 2, 3
	26	CH. 1	CH 1	Lecture/ Discussion	1, 2, 3
2	31	CH. 1		Lecture/ Discussion	1, 2, 3
	Sept 2	CH. 2		Lecture/ Discussion	2
3	7	CH. 2	CH. 2	Lecture/ Discussion	2
	9	CH. 3		Group Jigsaw	3
4	14	CH. 3		Group Jigsaw	3
	16	CH. 4	CH. 3	Group Jigsaw	2, 3
5	21	CH. 4		Sending an Expert	2, 3
	23	CH. 5		Clicker Activity	3
6	28	CH 1-5		Unit Exam 1	1, 2, 3
	30	CH. 6	CH. 4	Speed Terming	1, 2
7	Oct 5	CH. 6		Speed Terming	1, 2
	7	CH. 7		Lecture/ Discussion	2, 3
8	12	CH. 7		Lecture/ Discussion	1, 2, 3
	14	CH. 8		Group Jigsaw	1, 2, 3
9	19	CH. 8	CH. 6	Group Jigsaw	1, 2
	21	CH. 9		Conference Workshop	1, 2
10	26	CH. 9	CH. 8	Conference Workshop	1, 2
	28	CH. 10		Individual Jigsaw	1, 2, 3
11	Nov 2	CH. 10		Individual Jigsaw	1, 2, 3
	4	CH 6-10		Unit Exam 2	2, 3
12	9	CH. 11		Expert Group	2, 3
	11	Holiday: Veterans Day			
13	16	CH. 11		Expert Group	2, 3
	18	CH. 13		Lecture/ Discussion	1, 2, 3
14	23	CH. 13		Lecture/ Discussion	1, 2, 3
	25	Holiday: Thanksgiving			
15	30	CH. 14/15		Role Playing	2, 3
	Dec 2	CH. 14/15		Role Playing	2, 3
16	7	CH. 12		Lecture/ Discussion	1, 2, 3
	9	CH 11-15		Unit Exam 3	1, 2, 3
Finals Week	14	Real World Presentations			1, 2, 3
	16	CH. 1-15		Cumulative Final	1, 2, 3