



Frosh Cohort Learning Community
PSY 100 Survey of Psychology – 3 Credits
IS 103 Introduction to College – 3 Credits
Fall 2018



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WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko‘olau region of O‘ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence

CATALOG DESCRIPTION

SURVEY OF PSYCHOLOGY

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, and personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Prerequisite: None; *Recommendations:* read and write at the college level and have a basic understanding of percentages and probability.

INTRODUCTION TO COLLEGE

This course offers strategies for success in college and life-long learning. It emphasizes understanding yourself, setting and attaining goals, critical thinking, effective communication, relationship building, study habits and skills, time management, college resources, and setting your foundation to succeed. Students will participate in and lead classroom learning through discussions, readings, writing assignments, group activities, and hands-on experiences.

STUDENT LEARNING OUTCOMES

At the successful completion of this course, you will be able to:

SURVEY OF PSYCHOLOGY

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental bases of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

INTRODUCTION TO COLLEGE

1. Identify personal characteristics (e.g. learning styles, strengths and weaknesses, habits of mind) and analyze how these impact decision-making and success.
2. Consider those factors which impact student relationships with others and articulate strategies and skills to encourage strong relationship building.
3. Identify college policies and resources related to students.
4. Practice learning strategies (e.g. note-taking, time management, test-taking) to increase success in college coursework.

KEY SKILLS FOR SUCCESS

SURVEY OF PSYCHOLOGY

Concepts or Topics

Major Psychological Theories
Nature and Nurture
Different Perspectives
Different Theorists
Conscious and Unconscious Mind
Research Strategies and Methods

Skills or Competencies

Describe and evaluate psychology as a science
Compare and contrast the interactive effects of nature and Nurture
Identify major theorists
Integrate various theories
Define theory
Discuss the nature and types of evidence used in psychology

INTRODUCTION TO COLLEGE

Communication Skills

Proficiency in oral, written and computer skills

Interpersonal Skills

- Influence and persuade others
- Successfully lead others
- Work effectively as a team member

Critical Thinking Skills

- Anticipate and solve problems
- Gather, evaluate, analyze and apply information (research)
- Make appropriate decisions

Authentic Self

- Self-Efficacy
- Dependable
- Motivation
- Manage time
- Organize
- Culturally competent

*Please note that this syllabus is subject to change and we will let you know about changes in class and through announcements posted on the class home page on Lulima.

COURSE TASKS

1. *Participation*: Part of the educational experience involves being present and participating in class discussions and group work. Attendance and participation will account for 20% of your grade. (200 points)
2. *Celebration of Learning Assessment*: Three (3) assessments about the topics presented in class will account for 30% of your grade. (300 points)
3. *Real World Challenge - Presentations*: Students will select real world challenges and identify skills and strategies implemented to meet the challenges. These presentations will account for 20% of your grade. (200 points)
4. *Journals*: Student will reflect on a variety of different topics pertaining to the field of psychology and personal experiences and opinions that will account for 10% of your grade. (100 points)
5. *Final Reflections (Form of Portfolio)*: Final reflections presented as a portfolio taken you is your weekly journals (see above) about the topics presented in class will account for 20% of your grade. (200 points)
6. *Cooperative/Collaborative*: Some activities will only require participation in group activities in class, but most will require preparation outside of class and sharing the work product or information in class group discussion. It is important to plan ahead to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because activities are planned in-class group learning opportunities, there are no MAKEUP opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that students participate and contribute to the interactive learning environment.

7. *Attitude: Have fun learning*: this is important as learning IS fun.
8. *Supplemental Instruction*: Jenn Kaneakalu (kaneaka@hawaii.edu)
A Supplemental Instructor is available to meet with students in Psychology 100 sections (Palacat) to offer additional assistance with questions on course content, preparing for assignments, exams, etc.

ASSESSMENT TASKS AND GRADING

Requirements for this course total a maximum of 1,000 points based on:

Participation – 20%	200 points	Letter Grade for Point Totals
3 Celebration of Learning Assessments – 30%	300 points	A = 900 – 1,000 – Excellent
Real World Challenge Presentations – 20%	200 points	B = 800 – 890–Above Average
Journals-10%	100 points	C = 700 – 790 – Average
<u>Final Reflections (Form of Portfolio) - 20%</u>	<u>200 points</u>	D = 600 – 690 – Below
Total Points – 100%	1,000	F = 590 – 0

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GRADE	ACHIEVEMENT LEVEL	DEFINITION	POINT SPREAD
A	Excellent	90 - 100% of total points	900-1,000
B	Above average	80 - 89% of total points	800 – 899
C	Average	70 - 79% of total points	700 – 799
D	Minimal passing	60 – 64% of total points	600 – 699
F	Failure to pass	Below 55% of total points	< 599
I	Incomplete	Given at INSTRUCTOR'S OPTION when student is unable to complete a small part of the course because of circumstances beyond their control. It is student's responsibility to make up incomplete work. Failure to satisfactorily make up incomplete work within the appropriate time period will result in a grade change from "I" to the contingency grade identified by the instructor.	
CR	At C level or higher	65% or above in total points; student must indicate their intent to take the course as CR/NC in writing by the end of the 10 th week of classes (see catalog).	
NC	Lower than C level	Below 65% of total points; this grade only available under the CR/NC option (see catalog).	
N	No grade given	Instructor use for students unable to complete the course due to extenuating circumstances, such as major health, personal or family emergencies. (extreme situations only)	
W	Withdrawal	Official drop/withdrawal from the course by 10/26/10 deadline (see schedule of classes).	
NOTE ¹		Drop of one grade after 3 absences, two grades after 6, three grades after 9, etc.	
NOTE ²		Student involved in academic dishonesty will receive an "F" grade for the course. Academic dishonesty is defined in the catalog.	

LEARNING RESOURCES

- Myers, Exploring Psychology 10th edition.
- Downing, Skip (2012) *On Course, Study Skills Plus Edition*, Second Edition –available at the bookstore (copies available for review in the Ka Piko Center)
- Additional readings will be made available on Laulima under “Resources” or as handouts in class.

Campus Resources:

- TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.
- Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus).
- TTC: The Testing Center for assistance in an alternative testing site.
- Library Study Services: See the librarian for additional details.
- EBSCOHost Journal Online DataBase can be accessed through the Library Website: <http://library.wcc.hawaii.edu>

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What is SI?

Supplemental Instruction, or SI, is a peer-mentoring program that targets high-risk classes. Experienced students who have previously taken difficult courses run study sessions outside the classroom. Success comes when students work together with their class SI Leader to explore important concepts, review class notes, discuss reading assignments and test-taking strategies, and review for tests.

DISABILITIES ACCOMMODATIONS

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale 'Ākoakoa 213 for more information.

TITLE IX

Title IX prohibits discrimination on the basis of sex in education programs and activities that receive federal financial assistance. Specifically, Title IX prohibits sex discrimination; sexual harassment and gender-based harassment, including harassment based on actual or perceived sex, gender, sexual orientation, gender identity, or gender expression; sexual assault; sexual exploitation; domestic violence; dating violence; and stalking. For more information regarding your rights under Title IX, please visit: https://windward.hawaii.edu/Title_IX/.

Windward Community College is committed to the pursuit of equal education. If you or someone you know has experienced sex discrimination or gender-based violence, Windward CC has resources to support you. To speak with someone confidentially, contact Karla Silva-Park, Mental Health Counselor, at 808-235- 7468 or karlas@hawaii.edu or Kaahu Alo, Designated Confidential Advocate for Students, at 808-235- 7354 or kaahualo@hawaii.edu. To make a formal report, contact the Title IX Coordinator at 808-235-7393 or wcctix@hawaii.edu.

ACADEMIC INTEGRITY

Work submitted by a student must be the student's own work. The work of others should be explicitly marked, such as through use of quotes or summarizing with reference to the original author.

In this class, students who commit academic dishonesty, cheating or plagiarism will have the following consequence(s):

Students will receive a failing grade for plagiarized assignments.

All cases of academic dishonesty are referred to the Vice Chancellor for Student Affairs.

ALTERNATE CONTACT INFORMATION

If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

Location: Alakai 121

Phone: 808-235-7422

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ADDITIONAL INFORMATION

Student Responsibilities

- The student is expected to attend and actively participate in all course lectures and activities, and complete assignments on time.
- The student is expected to be prepared in advance of class sessions (i.e. having read text materials, bringing required work materials to class).
- The student is responsible to be aware of announced changes in the course schedule, including examination dates and assignment deadlines. Student should actively access their MyUH Email account and the Laulima Interactive site.
- It is the students' responsibility to be informed about deadlines critical to making registration changes
- (e.g. last day of erase period and last day for making an official withdrawal).
- The student is responsible for managing their time appropriately. College courses require much more reading, writing and studying than high school. Students can expect to spend 10 hours per week (in class as well as study and preparation time) on every class they take.

Disabilities Accommodation Statement

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University Statement on Non-Discrimination

The University of Hawai'i Executive Policy E1.202 declares and reaffirms its commitment to the University's equal education and employment opportunity policy. The University is committed to a policy of nondiscrimination on the basis of race, sex, age, religion, color, national origin, ancestry, handicap, marital status, arrest and court record, sexual orientation, gender identity, and veteran status. This policy covers admission and access to, and participation, treatment, and employment in the University's programs and activities." If you feel that you are being discriminated against contact the WCC Vice Chancellor for Student's Office at 235-7466 or the UH Equal Employment Opportunity and Affirmative Action Office at 956-7077.

Important Academic Calendar Dates – Fall 2018

Last day to Add by STAR Registration	Tue., 08/28
Last Day 100% Refund of Tuition	Tue., 08/28
Last Day 50% Refund of Tuition	Tue., 09/11
Last Day to Withdraw without "W" grade	Tue., 09/11
Last Day to Withdraw with "W" grade	Mon., 10/29
Last Day to Change to CR/NC or Audit Option	Mon., 10/29
Registration for Spring 2019 Begins (Time Ticketing)	Mon., 11/05

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