# **PSY 100 Survey of Psychology**

3 Credits
Online

**INSTRUCTOR:** Lisamarie Bensman, Ph.D.

**OFFICE:** Online & Na'auao 122

**OFFICE HOURS:** MW 1-2 p.m., 4-5 p.m., & TR by appointment (in person or via Skype)

EMAIL: bensman@hawaii.edu EFFECTIVE DATE: Spring 2016

## WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O'ahu's Ko'olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

### **CATALOG DESCRIPTION**

Psych 100 is an introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry. (3 hours lecture.)

This is a distance learning class conducted via the internet using Laulima, the University of Hawai'i's web-based course management system and LaunchPad, the textbook companion website. A web-based course such as this one requires that you have computer literacy skills.

### STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

- 1. Recognize the study of psychology as a science.
- 2. Discuss the biological and environmental basis of human behavior.
- 3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

## **COURSE TASKS.**

Because this course is conducted via the internet, our class communication, assignments, and testing will all be online. We have two websites that we will use throughout the semester, Laulima and LaunchPad. Laulima is WCC's online course management system, which you might have used in previous courses. On Laulima, you will find our official class gradebook, resource folders for each unit (including supplemental PowerPoints), class announcements, class discussion boards, and our syllabus along with a number of other useful tools. Access to Laulima requires your regular school username and password.

Our second website, LaunchPad, is used in conjunction with our class textbook. Access to LaunchPad comes packaged with your book through the bookstore. If you purchase your book elsewhere, you will need to purchase access to LaunchPad separately, which you can do using the link below. Access to LaunchPad is necessary to complete many of the graded assignments for our course. You can temporarily access LaunchPad for free by clicking the 'Temporary Access' button on the website (see below for address). Your temporary access will expire 21 days after your first login. The temporary access comes with an eBook, so you can start on our assignments before you have a chance to stop by the bookstore.

When you register for LaunchPad, please use your name of record with the school, not a nickname, so that I may match your work to the gradebook.

Follow the steps below to get started with LaunchPad

- 1. Go to http://www.macmillanhighered.com/launchpad/exploring9edsm5/2877175
- 2. **Bookmark** the page to make it easy to return to.
- 3. If you have an **access code**, click the button "Enter Your Student Access Code" in the upper right corner and follow the instructions.
- 4. If you don't have an access code, either click the "Purchase Access" or "Temporary Access" button.
- 5. If you have any problems registering, purchasing, or logging in, please contact **Technical Support**. You can reach a representative 24 hours a day, 7 days a week: through our <u>online form</u>, by chat or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800) 936-6899

  System Requirements: www.macmillanhighered.com/sysreq
- 6. Firefox is the recommended browser.

Here is a link to LaunchPad student FAQs: http://cmg.screenstepslive.com/s/MacmillanMedia StudentHelp/m/LaunchPadSM

When signing up for LaunchPad, make sure to use the website address provide above and to confirm that you are registering for the correct course. There are a number of fall LaunchPad sections listed under my name. Our course is labeled 'PSY 100 WCC Survey of Psychology Online Spring 2016' and 'Section 61103'. If you sign up for the wrong course, I won't be able to see your scores so you won't earn credit for your work.

When you complete work in LaunchPad, please take a screen shot of the completion screen and also confirm that your score is available in the LaunchPad gradebook. The screen shot will serve as your proof of completion if there is a website error, in which case, you will need your screen shot to receive credit.

You are responsible for keeping up in this class: your diligence in logging in regularly to the class websites and engaging in a timely fashion is essential to your success. No late work is accepted in this class without written verification of extenuating medical or legal circumstances.

You will have an opportunity to demonstrate what you've learned in this course using a variety of different formats. As you will see, you will be submitting more work for this class than you likely do for most of your face-to-face courses. Since this is an asynchronous online course, I

need to be able to measure how well you are keeping up with the materials; these assignments allow me to gauge how well you are keeping up with and understanding the course material.

LearningCurve Assignments:	$10 \times 10 \text{ points} = 100 \text{ points}$
Chapter activities:	$10 \times 10 \text{ points} = 100 \text{ points}$
Summative quizzes:	$10 \times 30 \text{ points} = 300 \text{ points}$

TOTAL: 500 points

## LearningCurve Assignments (10 points each, 100 points total)

To encourage you to keep up with the assigned reading for this course, for each textbook chapter you are assigned to read, you will complete a LearningCurve Activity. LearningCurve is an online assessment tool available via LaunchPad that gauges how well you understand the textbook reading. These reading comprehension checks are completed online using the LaunchPad website. In order to successfully complete a LearningCurve assignment, you need to correctly answer a set number of questions, meaning that students with better comprehension of the material will need to answer fewer questions. These assignments are open-book, open-notes, and the website will provide excerpts of the text for you to review if you struggle with a question. Each successful, on-time submission is worth 10 points. Make-up assignments are not available. There are 11 LearningCurves throughout the semester; I will count your highest 10 scores, so you can skip one LearningCurve with it negatively impacting your final grade.

## Chapter Activities (10 points each, 100 points total)

For each assigned chapter, you will complete an activity related to the chapter topic. Activities will vary chapter to chapter, for example, one week you might complete a short experiment, another week watch and review a film, and yet another week you might contribute a discussion post to our class discussion board. Details on each individual activity complete with instructions for where to complete and submit the activity will be posted on our Laulima coursepage under 'Resources'. Regardless of the specific activity, your response should make use of the information from the textbook and posted materials, be thoughtful and thorough, and when responding to a discussion post, build on the responses of fellow students. Activities will be graded on quality of your work, with a maximum score of 10 points per activity. Late responses are not accepted. There are 11 chapter activities throughout the semester; I will count your highest 10 scores, so you can skip one chapter activity with it negatively impacting your final.

## Summative Quizzes (30 points each, 100 points each)

For each assigned chapter, you will complete a Summative Quiz on LaunchPad. Quizzes are open-book, open -notes but should be entirely your own work. You may submit a quiz as many times as you desire before the deadline. The score from your highest attempt counts. Each quiz is worth 30 points. Late quizzes are not accepted. There are 11 assigned quizzes and I will count your highest 10 scores (i.e. you can skip one quiz without any penalty).

#### **IMPORTANT NOTE:**

Do not wait until the last day to do your work because all kinds of problems can happen. This is online course reality. If you experience problems at the last minute and miss course work, your grade will be recorded as a zero.

# **COURSE CONTENT**

Schedule (tentative and subject to change):

Date	Topic	Chapter	Assignments Due
Jan. 11 <sup>th</sup> – Jan. 24 <sup>th</sup>	- I ( D I I 0		Jan. 16 <sup>th</sup> – LearningCurve
	Introduction to Psychology & Research Methods	1	Jan. 20 <sup>th</sup> – Chapter Activity
Jan. 24	Research Methods		Jan. 24 <sup>th</sup> – Summative Quiz
Jan. 25 <sup>th</sup> –			Jan. 28 <sup>th</sup> – LearningCurve
Feb. 7 <sup>th</sup>	The Brain	2	Feb. 2 <sup>nd</sup> – Chapter Activity
1.00.7			Feb. 7 <sup>th</sup> – Summative Quiz
Feb. 8 <sup>th</sup> –			Feb. 12 <sup>th</sup> – LearningCurve
Feb. 18 <sup>th</sup>	Sensation & Perception	6	Feb. 14 <sup>th</sup> – Chapter Activity
10.16			Feb. 18 <sup>th</sup> – Summative Quiz
Feb. 19 <sup>th</sup> -			Feb. 21 <sup>st</sup> – LearningCurve
Feb. 29 <sup>th</sup>	Learning	7	Feb. 25 <sup>th</sup> – Chapter Activity
1 CO. 29			Feb. 29 <sup>th</sup> – Summative Quiz
March 1st –			March 3 <sup>rd</sup> – LearningCurve
March 9 <sup>th</sup>	Memory	8	March 6 <sup>th</sup> – Chapter Activity
Water 9			March 9 <sup>th</sup> – Summative Quiz
March 10 <sup>th</sup> –			March 13 <sup>th</sup> – LearningCurve
March 20 <sup>th</sup>	Cognition & Intelligence	9	March 16 <sup>th</sup> – Chapter Activity
			March 20 <sup>th</sup> – Summative Quiz
March 21 <sup>st</sup> – March 27 <sup>th</sup>	Spring Break		
March 28 <sup>th</sup> –			April 1 <sup>st</sup> – LearningCurve
April 8 <sup>th</sup>	Psychological Disorders	14	April 5 <sup>th</sup> – Chapter Activity
Арін б			April 8 <sup>th</sup> – Summative Quiz
April 9 <sup>th</sup> –			April 11 <sup>th</sup> – LearningCurve
April 19 <sup>th</sup>	Human Development	4	April 15 <sup>th</sup> – Chapter Activity
ripin 19			April 19 <sup>th</sup> – Summative Quiz
April 20 <sup>th</sup> –			April 22 <sup>nd</sup> – LearningCurve
April 27 <sup>th</sup>	Emotion & Motivation	10	April 25 <sup>th</sup> – Chapter Activity
11p111 27			April 27 <sup>th</sup> – Summative Quiz
April 28 <sup>th</sup> –	~		April 30 <sup>th</sup> – LearningCurve
May 4 <sup>th</sup>	Social Psychology	13	May 1 <sup>st</sup> – Chapter Activity
, -			May 4 <sup>th</sup> – Summative Quiz
May 5 <sup>th</sup> -		, -	May 7 <sup>th</sup> – LearningCurve
May 12 <sup>th</sup>	Personality Psychology	12	May 9 <sup>th</sup> – Chapter Activity
<i>y</i> <b>-</b>			May 12 <sup>th</sup> – Summative Quiz

Assigned work is due by 11.59 p.m. on the date it is listed. Late work is not accepted.

# ASSESSMENT TASKS AND GRADING

Students often worry about their progress in a course, and sometimes ask their instructors to calculate their grade for them. In this course, my goal for the grading system is to be as clear as

possible so that you are always aware of your standing in the course. I have provided this worksheet for you to fill in your exam and assignment grades as the semester progresses.

Requirement	<b>Points Earned</b>	<b>Points Possible</b>
LearningCurve Ch.1		10
LearningCurve Ch.2		10
LearningCurve Ch.6		10
LearningCurve Ch.7		10
LearningCurve Ch.8		10
LearningCurve Ch.9		10
LearningCurve Ch.14		10
LearningCurve Ch.4		10
LearningCurve Ch.10		10
LearningCurve Ch.13		10
LearningCurve Ch.12		10
Chapter Activity Ch.1		10
Chapter Activity Ch.2		10
Chapter Activity Ch.6		10
Chapter Activity Ch.7		10
Chapter Activity Ch.8		10
Chapter Activity Ch.9		10
Chapter Activity Ch.14		10
Chapter Activity Ch.4		10
Chapter Activity Ch.10		10
Chapter Activity Ch.13		10
Chapter Activity Ch.12		10
Summative Quiz Ch.1		30
Summative Quiz Ch.2		30
Summative Quiz Ch.6		30
Summative Quiz Ch.7		30
Summative Quiz Ch.8		30
Summative Quiz Ch.9		30
Summative Quiz Ch.14		30
Summative Quiz Ch.4		30
Summative Quiz Ch.10		30
Summative Quiz Ch.13		30
Summative Quiz Ch.13		30
Total:		/500

<sup>\*\*\*</sup>For computing your final grade, remember to only count your highest 10 scores in each category (LearningCurves, Chapter Activities, and Summative Quizzes), not all 11 scores.

## **Grading:**

I will use the following scale to determine your final grades:

A = 500 - 450 points [percentage of 90 - 100%]

B = 449.9 - 400 points [percentage of 80 - 89.9%]

C = 399.9 - 350 points [percentage of 70 - 79.9%] D = 349.9 - 300 points [percentage of 60 - 69.9%] F = Below 300 points [percentage below 60%]

### LEARNING RESOURCES

Our required materials for the course:

Myers, D. G. (2014). Exploring Psychology (9th Edition). New York, NY: Worth Publishers

Access to the companion website, LaunchPad, is also required for the course. A website access code comes bundled with the textbook if you purchase the textbook bundle in the bookstore (make sure not to throw out your access code, which will be on a slip of paper inside the textbook bundle). If you prefer an e-Book, you may purchase access to just LaunchPad (which comes with an e-Book).

Additional course materials will be available on Laulima.

## **Recommended Reading Resources:**

American Psychiatric Association. (2000). *Diagnostic and Statistical Manual, (4th Ed)*, Text Revision. Washington DC: Author. (In Reference section of WCC Library Call number: RC455.2.C4D536 2000)

American Psychological Association. (2002). *Publication manual of the American Psychological Association, (5th ed.)*. Washington DC: Author. (In Reference Section of WCC Library or at Reference Librarian's desk. Call number: BF76.7.P83 2001)

Straub, R. (2010). *Study Guide to accompany Exploring Psychology by David Myers 8th ed.* New York: Worth

#### **Campus Resources:**

TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.

Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).

TTC: The Testing Center for assistance in an alternative testing site.

Library Study Services: See the librarian for additional details.

EBSCOHost Journal Online DataBase can be accessed through the Library Website: http://library.wcc.hawaii.edu

#### **Additional Information**

- I am here to help you succeed in this course. Please don't hesitate to email me if you have any questions, concerns, or problems.
- Plagiarism/Cheating: I take both plagiarism and cheating very seriously. If I believe you have plagiarized (intentionally or unintentionally) or cheated, you will earn a zero for that

assignment, no exceptions. A second instance of either will result in failure of the course (i.e. two instances of plagiarism, two instances of cheating or an instance of plagiarism and an instance of cheating).

• Late assignments: Late assignments will not be accepted, excepted in cases of serious documented emergencies. This determination is made by me; please contact me as soon as you anticipate a problem

### **MySuccess**

At Windward Community College, we want every student to be successful. To help with this, early intervention will be offered for all online 100 level courses through MySuccess. MySuccess is a system wide effort that seeks to support students early in the semester when they first begin experiencing difficulty in class. If I feel that you're having difficulty in our class within the first few weeks of the semester (e.g. missing assignments or low assignment scores) and working together shows that you would really benefit from being connected to supportive resources outside of the classroom, I may refer you to an assigned counselor. Once referred, MySuccess will:

- Call you and send an email to your <u>Hawaii.edu</u> account to let you know about my referral; and
- Have a Counselor follow up with you by phone or by email to find out what kinds of help you might need and connect you with the necessary resources to help you devise a strategy for success.

I will not refer you without telling you. If I do refer you, know that I am doing so in an effort to connect you with all of the help you may need to do well this semester as your success is important to me.

### DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, <a href="lemke@hawaii.edu">lemke@hawaii.edu</a>, or you may stop by Hale 'Akoakoa 213 for more information.