

PSY 260 Personality Psychology

3 Credits

TR 11.30 a.m. – 12.45 p.m.

INSTRUCTOR: Lisamarie Bensman, Ph.D.

OFFICE: New Na‘auao 122

OFFICE HOURS: MW 2.30 – 4 p.m., MW 6 – 7 p.m., TR 2.30 – 3 p.m., & by appointment

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EFFECTIVE DATE: Fall 2016

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O‘ahu’s Ko‘olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION

An introduction to the basic theoretical approaches to personality, how they are developed, changed and analyzed. (3 hours lecture).

Activities Required at Scheduled Times Other than Class Times

For this course, in addition to attending class, you are expected to complete a number of assignments outside of class time, including reading the textbook, studying for exams, and completing various written assignments and projects.

STUDENT LEARNING OUTCOMES

Upon completion of the course, the student will be able to:

- Recognize the study of personality psychology as a science.
- Discuss the basic perspectives, concepts, principles, and general information comprising the field of personality psychology.
- Utilize the various personality psychology models and concepts in explaining human behaviors.

COURSE TASKS.

In addition to our face-to-face lectures, we will use Laulima throughout the semester. Laulima is WCC’s online course management system, which you might have used in previous courses. On Laulima, you will find our official class gradebook, a resource folder containing important class materials (such as exam review sheets and assignment instructions), class announcements, and our syllabus along with a number of other useful items. Access to Laulima requires your regular school username and password.

You are responsible for keeping up in this class: your diligence in this matter is essential to your success. No late work is accepted in this class without written verification of extenuating medical or legal circumstances.

As there are many ways to showcase knowledge acquisition, you will have an opportunity to demonstrate what you've learned in this course using a variety of different formats:

Mastery Assessments:	60%	(3 x 100 points = 300 points)
Personality Project:	20%	(1 x 100 points = 100 points)
Writing Assignments:	20%	(2 x 25, 1 x 50points = 100 points)
TOTAL = 500 points		

Mastery Assessments (300 points)

We have two types of mastery assessments: quiz and exam. Throughout the semester, there will be three non-cumulative quizzes, each worth 100 points. Question format may include multiple-choice, fill-in-the-blank, true/false, and short answer. Review sheets will be posted on Laulima prior to each quiz. Quizzes will cover content from both my lectures (including any videos shown during the class) and the textbook, including materials presented in class that may not be included in the text and material from the text that I may not have time to cover in class. Make-up quizzes are allowed only in cases of documented excused absences (I will determine what counts as an excused absence) or with my pre-quizzes approval (approval is not guaranteed, check with me as far in advance as possible).

There is also a cumulative final exam. Format, content, and policies will mirror the structure of our quizzes. The final exam is also worth 100 points. Of your four mastery assessments, I will count your highest three grades

Personality Project (100 points)

Throughout the semester, you will work individually or with a group of up to 5 individuals on a personality project. I will provide a list of possible project topics and you/your group will select one. During the semester, we will have a project fair where you will present your/your group's project to the class. Additional details are available on Laulima.

Writing Assignments (3 assignments, 2 worth 25 points each & 1 worth 50 points)

Throughout the semester, you will complete three short writing assignments (2 pages each). For assignment 1, you will read and summarize an empirical journal article on a personality topic. Assignment 1 is worth 25 points. For assignment 2, you will select a personality theorist and read about both his/her theory and personal background and then you will discuss how you think the theorist's background influenced the theory. Assignment 2 is with 25 points. For assignment 3, I will provide a list many different short activities and exercises. You will select one, complete it, and write up what you discovered. Assignment 3 is worth 50 points. Additional details for each assignment are available on Laulima.

COURSE CONTENT

Schedule (tentative and subject to change):

Week	Date	Topic	Assignments Due
1	T, Aug. 23 rd	Introduction to the Course	
	R, Aug. 25 th	What is Personality?	Read Ch. 1

2	T, Aug. 30 th	Personality Research Methods	Read Ch. 2
	R, Sept. 1 st	Personality Research Methods	
3	T, Sept. 6 th	The Psychoanalytic Approach	Read: Ch. 3 & 4
	R, Sept. 8 th	The Freudian Approach	
4	T, Sept. 13 th	The Freudian Approach	Writing Assign. 1 Due
	R, Sept. 15 th	The Psychoanalytic Approach Revised	Read: Ch. 5 & 6
5	T, Sept. 20 th	The Neo-Freudian Theories	
	R, Sept. 22 nd	The Neo-Freudian Theories	
6	T, Sept. 27 th	Quiz 1	
	R, Sept 29 th	The Trait Approach	Read: Ch. 7 & 8
7	T, Oct. 4 th	The Trait Approach	
	R, Oct. 6 th	The Trait Approach	
8	T, Oct. 11 th	The Biological Approach	Read: Ch. 9 & 10
	R, Oct. 13 th	The Biological Approach	
9	T, Oct. 18 th	The Biological Approach	
	R, Oct. 20 th	The Humanistic Approach	Read: Ch. 11 & 12
10	T, Oct. 25 th	The Humanistic Approach	
	R, Oct. 27 th	The Humanistic Approach	Writing Assign. 2 Due
11	T, Nov. 1 st	Quiz 2	
	R, Nov. 3 rd	The Behavioral/Social Learning Approach	Read: Ch. 13 & 14
12	T, Nov. 8th	No School: Election Day	
	R, Nov. 10 th	The Behavioral/Social Learning Approach	Writing Assign. 3 Due
13	T, Nov. 15 th	The Behavioral/Social Learning Approach	
	R, Nov. 17 th	The Cognitive Approach	Read: Ch. 15 & 16
14	T, Nov. 22 nd	The Cognitive Approach	
	R, Nov. 24th	No School: Thanksgiving Day	
15	T, Nov. 29 th	The Cognitive Approach	
	R, Dec. 1 st	Project Fair	
16	T, Dec. 6 th	Quiz 3	
	R, Dec. 7 th	Final Review	
17	R, Dec. 15th	Final Exam	11.30 a.m. – 1.30 p.m.

Writing assignments should be completed prior to the start of the class period for which they are assigned and are due during class on the date listed via hard copy. There is a short grace period until 11.59 p.m. on the day a writing assignment is due (but not for the project). See me for additional details.

ASSESSMENT TASKS AND GRADING

Rubrics for each assignment are available on Laulima.

Students often worry about their progress in a course, and sometimes ask their instructors to calculate their grade for them. In this course, my goal for the grading system is to be as clear as

possible so that you are always aware of your standing in the course. I have provided this worksheet for you to fill in your exam and assignment grades as the semester progresses.

Requirement	Points Earned	Points Possible	
Quiz 1*		100	
Quiz 2*		100	
Quiz 3*		100	
Final Exam*		100	
Personality Project		100	
Writing Assignment 1		25	
Writing Assignment 2		50	
Writing Assignment 3		25	
Total:		/500	= _____%

*of the three quizzes and one final exam, remember to only count your highest 3 grades

Grading:

I will use the following scale to determine your final grades:

- A = 500.0 – 450 points [percentage of 90 – 100%]
- B = 449.9 – 400 points [percentage of 80 – 89.9%]
- C = 399.9 – 350 points [percentage of 70 – 79.9%]
- D = 349.9 – 300 points [percentage of 60 – 69.9%]
- F = Below 300 points [percentage of 0 – 59.9%]

LEARNING RESOURCES

Our required materials for the course:

Burger, J. M. (2011). *Personality (8th Edition)*. Belmont, CA: Wadsworth, Cengage Learning. The 9th edition for this text is also allowable.

Additional materials will be placed on Laulima

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Recommended Reading Resources:

American Psychiatric Association. (2000). *Diagnostic and Statistical Manual, (4th Ed)*, Text Revision. Washington DC: Author. (In Reference section of WCC Library Call number: RC455.2.C4D536 2000)

American Psychological Association. (2002). *Publication manual of the American Psychological Association, (5th ed.)*. Washington DC: Author. (In Reference Section of WCC Library or at Reference Librarian's desk. Call number: BF76.7.P83 2001)

Campus Resources:

TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.

Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).

TTC: The Testing Center for assistance in an alternative testing site.

Library Study Services: See the librarian for additional details.

EBSCOHost Journal Online DataBase can be accessed through the Library Website:
<http://library.wcc.hawaii.edu>

Additional Information

- I am here to help you succeed in this course. Please don't hesitate to email me or stop by my office if you have any questions, concerns, or problems.
- Attendance: Attendance will not be taken in class. However, attending lectures and taking notes (in addition to keeping up with the reading in the textbook) are fundamental for your success in this course. Lecture slides for the class will not be posted online. However, you are always welcome to see the slides and copy down any notes that you miss during office hours or by appointment.
- Plagiarism/Cheating: I take both plagiarism and cheating very seriously. If I believe you have plagiarized (intentionally or unintentionally) or cheated, you will earn a zero for that assignment, no exceptions. A second instance of either will result in failure of the course (i.e. two instances of plagiarism, two instances of cheating or an instance of plagiarism and an instance of cheating).
- Late assignments: Late assignments will not be accepted, excepted in cases of serious documented emergencies. This determination is made by me; please contact me as soon as you anticipate a problem
- Assignment submission: Assignments should be submitted as hard copies. Electronic copies will be accepted only as a last resort. If you need to email me an assignment, it is your responsibility to ensure that the proper document was received on time. I will send a confirmation email indicating that the file was received. If the file is late or does not open properly, it will not be counted as on-time and you will not receive credit for the assignment. Given the potential for errors with electronic submissions, I strongly recommended that you do not submit assignments electronically.
- Course format: Class sessions will involve a combination of student driven lectures, professor driven lectures, class discussions, in-class activities and experiments, group work and instructional media clips. Students are expected to complete assigned readings and activities before coming to class. Active participation during class is expected and will provide students with a deeper and more complete understanding of psychological principles. Failure to prepare or participate will not directly impact your grade (i.e. you will not lose points for not participating) but is likely to indirectly impact your grade (i.e. students who participate actively are more likely than non-participants to comprehend the material and therefore do better on the exams).
- I strongly uphold the University of Hawai'i's non-discrimination policy in my class. Any discriminatory acts or language on the basis of race, religion, sex, age, national origin,

ancestry, disability, or sexual orientation will NOT be tolerated. We will maintain our classroom as a safe environment for all.

MySuccess

At Windward Community College, we want every student to be successful. To help with this, early intervention will be offered through MySuccess. MySuccess is a system wide effort that seeks to support students early in the semester when they first begin experiencing difficulty in class. If I feel that you're having difficulty in our class within the first few weeks of the semester (e.g. missing assignments or low assignment scores) and working together shows that you would really benefit from being connected to supportive resources outside of the classroom, I may refer you to an assigned counselor. Once referred, MySuccess will:

- Call you and send an email to your Hawaii.edu account to let you know about my referral; and
- Have a Counselor follow up with you by phone or by email to find out what kinds of help you might need and connect you with the necessary resources to help you devise a strategy for success.

I will not refer you without telling you. If I do refer you, know that I am doing so in an effort to connect you with all of the help you may need to do well this semester as your success is important to me.

DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale 'Akoakoa 213 for more information.