

## **PSY 100: SURVEY OF PSYCHOLOGY & IS 103 Introduction to College**

3 CREDIT HOURS Each

Fall 2016 – Tuesday & Thursday

**INSTRUCTORS:** Frank Palacat and Sarah Akina

**SI LEADER:** Jenn Kaneakalau

**OFFICE:** Palacat – Hale Na`auao 123; Akina – Hale Kāko`o 109

**OFFICE HOURS:** Palacat - MW 10:00am – 11:15am; TR 11:30am – 12:45am; Akina – by appointment

**TELEPHONE:** Palacat - (808) 236-9209; Inouye – 235-7326

**EMAIL:** palacatf@hawaii.edu (best contact); inouyes@hawaii.edu

### **WINDWARD COMMUNITY COLLEGE MISSION STATEMENT**

*Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai`i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O`ahu's Ko`olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment – inspiring students to excellence.*

### **CATALOG DESCRIPTION**

#### **SURVEY OF PSYCHOLOGY**

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, and personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

*Prerequisite:* None; *Recommendations:* read and write at the college level and have a basic understanding of percentages and probability.

#### **INTRODUCTION TO COLLEGE**

This course is designed to orient first-time students to a college setting. Students will learn (1) the tools, techniques, methods, procedures, processes, skills, resources, and attitudes for success; (2) the programs and services of a postsecondary institution of higher education; and (3) to design a personal, comprehensive, postsecondary academic plan.

*Prerequisite:* Placement in ENG 22 or higher or consent of instructor.

### **STUDENT LEARNING OUTCOMES**

At the successful completion of this course, you will be able to:

#### **SURVEY OF PSYCHOLOGY**

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental bases of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

## INTRODUCTION TO COLLEGE

1. Use the tools, techniques, methods, procedures, processes, skills, and resources for academic success.
2. Describe the various programs and services of a post-high school institution.
3. Identify short and long-term goals post WCC, and prepare an educational plan to meet those goals.
4. Use college-level note taking, critical reading, test taking, memory, and concentration techniques.
5. Use time-management, personal organization, stress management and study skills.
6. Communicate effectively in writing and in speech.
7. Find information from library, Internet, and other sources.
8. Use strategies to complete out of class work efficiently and effectively.

## KEY SKILLS FOR SUCCESS

### SURVEY OF PSYCHOLOGY

#### *Concepts or Topics*

Major Psychological Theories  
Nature and Nurture  
Different Perspectives  
Different Theorists  
Conscious and Unconscious Mind  
Research Strategies and Methods

#### *Skills or Competencies*

Describe and evaluate psychology as a science  
Compare and contrast the interactive effects of nature and Nurture  
Identify major theorists  
Integrate various theories  
Define theory  
Discuss the nature and types of evidence used in psychology

## INTRODUCTION TO COLLEGE

### **Communication Skills**

- ✓ Proficiency in oral, written and computer skills

### **Interpersonal Skills**

- ✓ Influence and persuade others
- ✓ Successfully lead others
- ✓ Work effectively as a team member

### **Critical Thinking Skills**

- ✓ Anticipate and solve problems
- ✓ Gather, evaluate, analyze and apply information (research)
- ✓ Make appropriate decisions

### **Authentic Self**

- ✓ Self-Efficacy
- ✓ Dependable
- ✓ Motivation
- ✓ Manage time
- ✓ Organize
- ✓ Culturally competent

\*Please note that this syllabus is subject to change and we will let you know about changes in class and through announcements posted on the class home page on Laulima.

## COURSE TASKS

1. *Participation*: Part of the educational experience involves being present and participating in class discussions and group work. Attendance and participation will account for 20% of your grade. (200 points)
2. *Celebration of Learning Assessment*: Three (3) of the four assessments about the topics presented in class will account for 30% of your grade. (300 points)
  - Assessment 1* : September 29 PSY CH 1-5; IS CH 1-3
  - Assessment 2* : November 8 PSY CH 6-10; IS 4-6
  - Assessment 3* : Dec 8 PSY CH 11-15; IS 7-10
  - Assessment 4* : Online all chapters
3. *Real World Challenge - Presentations*: Students will select real world challenges and identify skills and strategies implemented to meet the challenges. These presentations will account for 20% of your grade. (200 points)
4. *Journals*: Student will reflect on a variety of different topics pertaining to the field of psychology and personal experiences and opinions that will account for 10% of your grade. (100 points)
5. *Final Reflections (Form of Portfolio)*: Final reflections presented as a portfolio taken you is your weekly journals (see above) about the topics presented in class will account for 20% of your grade. (200 points)
6. *Cooperative/Collaborative*: Some activities will only require participation in group activities in class, but most will require preparation outside of class and sharing the work product or information in class group discussion. It is important to plan ahead to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because activities are planned in-class group learning opportunities, there are no MAKEUP opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that students participate and contribute to the interactive learning environment.
7. *Attitude*: Have fun learning: this is important as learning IS fun.
8. *Supplemental Instruction*: Jenn Kaneakalau (jkaneaka@hawaii.edu)

A Supplemental Instructor is available to meet with students in Psychology 100 sections (Palacat) to offer additional assistance with questions on course content, preparing for assignments, exams, etc.

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## ASSESSMENT TASKS AND GRADING

Requirements for this course total a maximum of 1,000 points based on:

Participation – 20%	200 points	Letter Grade for Point Totals
3 Celebration of Learning Assessments – 30%	300 points	A = 900 – 1,000 – Excellent
Real World Challenge Presentations – 20%	200 points	B = 800 – 890–Above Average
Final Reflections (Form of Portfolio) - 20%	<u>200 points</u>	C = 700 – 790 – Average
Total Points – 100%	1,000	D = 600 – 690 – Below
		F = 590 – 0

GRADE	ACHIEVEMENT LEVEL	DEFINITION	POINT SPREAD
<b>A</b>	<b>Excellent</b>	90 - 100% of total points	900-1,000
<b>B</b>	<b>Above average</b>	80 - 89% of total points	800 – 899
<b>C</b>	<b>Average</b>	65 - 79% of total points	700 – 799
<b>D</b>	<b>Minimal passing</b>	55 – 64% of total points	600 – 699
<b>F</b>	<b>Failure to pass</b>	Below 55% of total points	< 599
<b>I</b>	<b>Incomplete</b>	Given at INSTRUCTOR’S OPTION when student is unable to complete a small part of the course because of circumstances beyond their control. It is student’s responsibility to make up incomplete work. Failure to satisfactorily make up incomplete work within the appropriate time period will result in a grade change from “I” to the contingency grade identified by the instructor.	
<b>CR</b>	<b>At C level or higher</b>	65% or above in total points; student must indicate their intent to take the course as CR/NC in writing by the end of the 10 <sup>th</sup> week of classes (see catalog).	
<b>NC</b>	<b>Lower than C level</b>	Below 65% of total points; this grade only available under the CR/NC option (see catalog).	
<b>N</b>	<b>No grade given</b>	Instructor use for students unable to complete the course due to extenuating circumstances, such as major health, personal or family emergencies. (extreme situations only)	
<b>W</b>	<b>Withdrawal</b>	Official drop/withdrawal from the course by 10/26/10 deadline (see schedule of classes).	
<b>NOTE <sup>1</sup></b>		<b>Drop of one grade after 3 absences, two grades after 6, three grades after 9, etc.</b>	
<b>NOTE <sup>2</sup></b>		<b>Student involved in academic dishonesty will receive an “F” grade for the course. Academic dishonesty is defined in the catalog.</b>	

## LEARNING RESOURCES

1. Myers, David G. (2012) *Exploring Psychology*, Tenth Edition – available at the bookstore
2. Downing, Skip (2012) *On Course, Study Skills Plus Edition*, Second Edition –available at the bookstore (copies available for review in the Ka Piko Center)
3. Additional readings will be made available on Lulima under “Resources” or as handouts in class.

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## ADDITIONAL INFORMATION

### Student Responsibilities

- The student is expected to attend and actively participate in all course lectures and activities, and complete assignments on time.
- The student is expected to be prepared in advance of class sessions (i.e. having read text materials, bringing required work materials to class).
- The student is responsible to be aware of announced changes in the course schedule, including examination dates and assignment deadlines. Student should actively access their MyUH Email account and the Lualima Interactive site.
- It is the students' responsibility to be informed about deadlines critical to making registration changes (e.g. last day of erase period and last day for making an official withdrawal).
- The student is responsible for managing their time appropriately. College courses require much more reading, writing and studying than high school. Students can expect to spend 10 hours per week (in class as well as study and preparation time) on every class they take.

### Disabilities Accommodation Statement

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Ann Lemke, the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann can be reached at 235-7448, [lemke@hawaii.edu](mailto:lemke@hawaii.edu), or you may stop by Hale 'Akoakoa 213 for more information.

### University Statement on Non-Discrimination

The University of Hawai'i Executive Policy E1.202 declares and reaffirms its commitment to the University's equal education and employment opportunity policy. The University is committed to a policy of nondiscrimination on the basis of race, sex, age, religion, color, national origin, ancestry, handicap, marital status, arrest and court record, sexual orientation, gender identity, and veteran status. This policy covers admission and access to, and participation, treatment, and employment in the University's programs and activities." If you feel that you are being discriminated against contact the WCC Vice Chancellor for Student's Office at 235-7466 or the UH Equal Employment Opportunity and Affirmative Action Office at 956-7077.

### Important Academic Calendar Dates – Fall 2016

Last day to Add/Late Register	Fri., 08/26
Last Day 100% Refund of Tuition	Fri., 08/26
Last Day 50% Refund of Tuition	Mon., 09/12
Last Day to Withdraw without "W" grade	Mon., 09/12
Last Day to withdraw with "W" grade	Mon., 11/03
Last Day to Change to CR/NC or Audit Option	Mon., 11/03
Registration for Spring 2017 Begins (Time Ticketing)	Mon., 11/07

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