Frosh Cohort Learning Community

PSY 100 Survey of Psychology – 3 Credits (CRN 60250) IS 103 Introduction to College – 3 Credits (CRN 60465)

Tuesday/Thursday 11:30 am - 2:15 pm

Hale Na`auao 125 Fall 2015

Instructors: Frank Palacat and Lisamarie Bensman
Supplemental Instruction: Ashley-Michelle Tilton; Jennifer Kaneakalau

Office: Palacat – Hale Na'auao 123; Bensman – Hale Na'auao 122

Office Hours: By Appointment

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SI Email: amtilton@hawaii.edu; jkaneaka@hawaii.edu

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai'i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O'ahu's Ko'olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment – inspiring students to excellence.

CATALOG DESCRIPTION

SURVEY OF PSYCHOLOGY

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, and personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Prerequisite: None; *Recommendations*: read and write at the college level and have a basic understanding of percentages and probability.

INTRODUCTION TO COLLEGE

This course is designed to orient first-time students to a college setting. Students will learn (1) the tools, techniques, methods, procedures, processes, skills, resources, and attitudes for success; (2) the programs and services of a postsecondary institution of higher education; and (3) to design a personal, comprehensive, postsecondary academic plan.

Prerequisite: Placement in ENG 22 or higher or consent of instructor.

STUDENT LEARNING OUTCOMES

At the successful completion of this course, you will be able to:

SURVEY OF PSYCHOLOGY

- 1. Recognize the study of psychology as a science.
- 2. Discuss the biological and environmental bases of human behavior.
- 3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

^{*}Please note that this syllabus is subject to change and we will let you know about changes in class and through announcements posted on the class home page on Laulima.

INTRODUCTION TO COLLEGE

- 1. Students will identify personal characteristics (e.g., learning styles, strengths and weaknesses, etc.) and analyze how these impact decision-making and success.
- 2. Students will analyze those factors which impact their relationships with others and articulate strategies and skills to encourage strong relationship building.
- 3. Students will identify college policies and resources related to students.
- 4. Students will practice learning strategies (e.g., note-taking, time management, test-taking, etc.) to increase success in college coursework.

KEY SKILLS FOR SUCCESS

SURVEY OF PSYCHOLOGY

Concepts or Topics

Major Psychological Theories

Nature and. Nurture

Different Perspectives
Different Theorists

Conscious and Unconscious Mind

Research Strategies and Methods

Skills or Competencies

Describe and evaluate psychology as a science

Compare and contrast the interactive effects of nature and Nurture

Identify major theorists

Integrate various theories Define theory

Discuss the nature and types of evidence used in psychology

INTRODUCTION TO COLLEGE

Communication Skills

✓ Proficiency in oral, written and computer skills

Interpersonal Skills

- ✓ Influence and persuade others
- ✓ Successfully lead others
- ✓ Work effectively as a team member

Critical Thinking Skills

- ✓ Anticipate and solve problems
- ✓ Gather, evaluate, analyze and apply information (research)
- ✓ Make appropriate decisions

Authentic Self

- ✓ Self-Efficacy
- ✓ Dependable
- ✓ Motivation
- ✓ Manage time
- ✓ Organize
- ✓ Culturally competent

COURSE TASKS

In addition to our face-to-face lectures, we have two websites that we will use throughout the semester, Laulima and LaunchPad. Laulima is WCC's online course management system, which you might have used in previous courses. On Laulima, you will find our official class gradebook, a resource folder containing important class materials (such as exam review sheets and assignment instruction sheets), class announcements, and our syllabus along with a number of other useful items. Access to Laulima requires your regular school username and password.

Our second website, LaunchPad, is used in conjunction with our class textbook. Access to LaunchPad comes packaged with your book through the bookstore. If you purchase your book elsewhere, you will need to purchase access to LaunchPad separately, which you can do using the link below. Access to LaunchPad is necessary to complete some of the graded assignments for our course. You can temporarily access LaunchPad for free by clicking the "Temporary Access" button on the website (see below for address). Your temporary access will expire 21 days after your first login. The temporary access comes with an eBook, so you can start on our assignments before you have a chance to stop by the bookstore.

When you register for LaunchPad, please use your name of record with the school, not a nick-name, so that I may match your work to the gradebook.

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Follow the steps below to get started with LaunchPad

- 1. Go to http://www.macmillanhighered.com/launchpad/exploring9edsm5/1893993
- 2. **Bookmark** the page to make it easy to return to.
- 3. If you have an **access code**, click the button "Enter Your Student Access Code" in the upper right corner and follow the instructions.
- 4. If you don't have an access code, either click the "Purchase Access" or "Temporary Access" button.
- 5. If you have any problems registering, purchasing, or logging in, please contact **Technical Support**. You can reach a representative 24 hours a day, 7 days a week: through our <u>online form</u>, by chat or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800) 936-6899
 - System Requirements: www.macmillanhighered.com/sysreq
- 6. Firefox is the recommended browser.

Here is a link to LaunchPad student FAQs:

http://cmg.screenstepslive.com/s/MacmillanMedia_StudentHelp/m/LaunchPadSM

You are responsible for keeping up in this class: your diligence in this matter is essential to your success. No late work is accepted in this class without written verification of extenuating medical or legal circumstances.

You will have an opportunity to demonstrate what you've learned in this course using a variety of different formats:

PSY 100 & IS 103 Exams: $4 \times 100 \text{ points} = 400$ PSY 100 Learning Curves: $10 \times 10 \text{ points} = 100$ PSY 100 Writing Assignments: $5 \times 20 \text{ points} = 100$ IS 103 My Success Journals: $30 \times 5 \text{ points} = 150$ IS 103 My Success Final Essay:50 points = 50Real World Presentation:200 points = 200

PSY 100 & IS 103 Exams (100 points per exam, 400 points total):

Four non-cumulative exams will be given throughout the semester, each worth 100 points. Exams are in-class and closed notes, closed book. The textbook, in-class movies, lecture material, class discussions, and class activities are fair game for exam questions. As with any college course, we will not have time to cover all the textbook material in class. Information from the book that is not covered in class is fair game for the exams. Question format may include multiple choice, true/false, short answer, and essay questions. Make-up exams are given only in cases of serious and documented emergencies. This determination is made by us. Make-up exams must be completed in a timely fashion. If you anticipate a problem, please see us as soon as possible. A review sheet for each exam will be available on Laulima.

PSY 100 Learning Curve Activities (10 points per activity, 100 points total)

You have reached the college level, which means you are capable of reading a college level text and understanding a good deal of its material on your own. I don't intend to waste your time or money by going over this information in class with you (unless students have specific questions on the material). Instead, I will focus our limited class time on the more complicated concepts. In order for these concepts to make sense, you'll need a basic understanding of the material before arriving in class. To encourage you to actually do the assigned reading (and to complete it before class), for each chapter you'll need to successfully complete a Learning Curve activity on each chapter. These comprehension checks are completed online on the LaunchPad website and should be submitted before class time on the day a reading chapter is due. For example, the Learning Curve activity for chapter 1 needs to be submitted by 11.30 a.m. on Thursday, August 27th. Late Learning Curve activities are not accepted.

In order to successfully submit a Learning Curve activity, you need to correctly answer a set number of questions, meaning that students with a better comprehension of the material will need to answer fewer questions. These

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Learning Curve activities are open-book, open-notes, and the website will provide excerpts of the text for you to review if you struggle with a question. Each successful, on-time activity submission is worth 10 points. Make-up Learning Curve activities are not available. There are 11 assigned Learning Curves and I will count your highest 10 scores; this means you can skip one Learning Curve with penalty.

When signing up for LaunchPad, make sure to use the website address provide above and to confirm that you are registering for the correct course. There are a number of fall LaunchPad sections listed under my name. Our course is labeled 'PSY 100 WCC Survey of Psychology Fall 2015 TR 11.30 - 12.45 CRN 60250'. If you sign up for the wrong course, I won't be able to see your scores so you won't earn credit for your work.

When you complete a Learning Curve, please take a screen shot of the completion screen and also confirm that your score is available in the LaunchPad gradebook. The screen shot will serve as your proof of completion if there is a website error, in which case, you will need your screen shot to receive credit.

PSY 100 Writing Assignments (20 points per assignment, 100 points total):

Throughout the semester, you will complete five short writing assignments aimed at deepening your interest in and understanding of psychology. Each assignment is worth 20 points and should be 1 page long (excluding headers and references). Assignment 1 involves creating, administering, and analyzing a five question survey. Assignment 2 involves locating, reading, and summarizing an academic article related to psychology. Assignment 3 involves locating, reading, and analyzing a popular press article related to psychology. Assignment 4 involves watching a Hollywood film that includes a character with a mental illness and then analyzing how correct Hollywood's portrayal of the mental illness was. Assignment 5 involves selecting a developmental theory and applying said theory to a real life person or fictional character. Additional details and grading rubrics for all writing assignments are available on Laulima.

IS 103 My Success Journal (5 points per assignment, 50 points for Final Essay, 200 points total):

Your Success Journal provides an opportunity to explore your thoughts and feelings as you experiment with the success strategies presented in On Course. By carefully examining each strategy in your journal, you will discover which ones will assist you to create a rich, personally fulfilling life. Although I will be collecting your journals and looking through them, write your journal for yourself, not for me. Your journal entries may occasionally be read by your classmates.

Journal Writings: During this semester, you will write 33 numbered journal entries from our textbook. These entries will be written outside of class. Additionally, you will write occasional lettered journal entries based on class activities. These journal entries will be written in class. At various times you may have an opportunity to read a journal entry to one or more classmates. **THEREFORE, PLEASE BRING YOUR TEXTBOOK AND JOURNAL TO EVERY CLASS.**

Note: If you wish, you may write the first draft of journal entries on loose sheets of paper, but all journal entries must be written in Laulima. This requirement will assure that none of your entries gets lost. At the end of this semester, you will have your entire journal to keep for years to come. Many students come to regard their personal journal as one of their most valued possessions.

Journal Evaluations: Journals are due weekly. It is not my intention to read every journal entry you write. Instead, I will look through your journal entries to verify the completion of each assignment and to give credit for a job well done. I read occasional journal entries to get a sense of the issues you are working on. With this knowledge I can be of greater assistance to you this semester. If you want my comment on a specific journal entry, please let me know with a note in your journal.

Journal Points: Each journal entry will be awarded up to 5 points. Thus, all 33 journal entries will be worth a possible total of 165 points. A journal entry will be awarded the maximum of 5 points if it fulfills the following two criteria:

- 1. The entry is complete (all steps in the directions have been responded to), and
- 2. The entry is written with high standards (an obvious attempt has been made to Dive Deep). Grammar, spelling, and punctuation will NOT be factors in awarding points in this journal. You are free to express yourself without concern for Standard English conventions. Additional details and grading rubrics for all writing assignments are available on Laulima.

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PSY 100 & IS 103 Real World Challenge - Presentations (200 points total):

Students will select real world challenges and identify skills and strategies implemented to meet the challenges. These presentations will account for 20% of your grade. (200 points)

Attitude:

Some activities will only require participation in-group activities in class, but most will require preparation outside of class and sharing the work product or information in class group discussion. It is important to plan ahead to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because activities are planned in-class group learning opportunities, there are no MAKEUP opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that students participate and contribute to the interactive learning environment.

Have fun learning: this is important as learning IS fun.

ASSESSMENT TASKS AND GRADING

Requirements for this course total a maximum of 1,000 points based on:

Exams – 40%	400 points	Letter Grade for Point Totals
Learning Curves – 10%	100 points	A = 900 - 1,000 - Excellent
PSY 100 Writing Assignments – 10%	100 points	B = 800 – 890–Above Average
IS 103 My Success Journals – 20%	200 points	C = 700 – 790 – Average
Real World Challenge Presentations – 20%	200 points	D = 600 - 690 - Below
Total Points – 100%	1,000 points	F = 590 - 0

GRADE	ACHIEVEMENT LEVEL	DEFINITION	POINT SPREAD
Α	Excellent	90 - 100% of total points	900-1,000
В	Above average	80 - 89% of total points	800 – 899
С	Average	65 - 79% of total points	700 – 799
D	Minimal Passing	55 – 64% of total points	600 – 699
F	Failure to pass	Below 55% of total points	< 599
I	Incomplete	Given at INSTRUCTOR'S OPTION when student is unable to complete a small part of the course because of circumstances beyond their control. It is student's responsibility to make up incomplete work. Failure to satisfactorily make up incomplete work within the appropriate time period will result in a grade change from "I" to the contingency grade identified by the instructor.	
CR	At C level or higher	65% or above in total points; student must indicate their intent to take the course as CR/NC in writing by the end of the 10th week of classes (see catalog).	
NC	Lower than C level	Below 65% of total points; this grade only available under the CR/NC option (see catalog).	
N	No grade given	Instructor use for students unable to complete the course due to extenuating circumstances, such as major health, personal or family emergencies. (extreme situations only)	
w	Withdrawal	Official drop/withdrawal from the course by 10/26/10 deadline (see schedule of classes).	

Rubrics for each assignment are available on Laulima.

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Your Grade Worksheet

Students often worry about their progress in a course, and sometimes ask their instructors to calculate their grade for them. In this course, my goal for the grading system is to be as clear as possible so that you are always aware of your standing in the course. We have provided this worksheet for you to fill in your exam and assignment grades as the semester progresses

Requirement	Points Possible	Points Earned
Real World Presentation	200	
Exam 1	100	
Exam 2	100	
Exam 3	100	
Exam 4	100	
PSY Writing Assignment 1	20	
PSY Writing Assignment 2	20	
PSY Writing Assignment 3	20	
PSY Writing Assignment 4	20	
PSY Writing Assignment 5	20	
PSY LearningCurve Ch. 1*	10	
PSY LearningCurve Ch. 2*	10	
PSY LearningCurve Ch. 6*	10	
PSY LearningCurve Ch. 7*	10	
PSY LearningCurve Ch. 8*	10	
PSY LearningCurve Ch. 14*	10	
PSY LearningCurve Ch. 9*	10	
PSY LearningCurve Ch. 4*	10	
PSY LearningCurve Ch. 10*	10	
PSY LearningCurve Ch. 13*	10	
PSY LearningCurve Ch. 12*	10	
IS My Success Journal Entry 1	5	
IS My Success Journal Entry 2	5	
IS My Success Journal Entry 3	5	
IS My Success Journal Entry 4	5	
IS My Success Journal Entry 5	5	
SubTot	al: 825	

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Requirement	Points Possible	Points Earned
IS My Success Journal Entry 6	5	
IS My Success Journal Entry 7	5	
IS My Success Journal Entry 8	5	
IS My Success Journal Entry 9	5	
IS My Success Journal Entry 10	5	
IS My Success Journal Entry 11	5	
IS My Success Journal Entry 12	5	
IS My Success Journal Entry 13	5	
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IS My Success Journal Entry 25	5	
IS My Success Journal Entry 26	5	
IS My Success Journal Entry 27	5	
IS My Success Journal Entry 28	5	
IS My Success Journal Entry 29	5	
IS My Success Journal Entry 30	5	
IS My Success Journal Entry Final Essay	50	
SubTotal:	175	
Overall Total:	1000	

^{*}Remember to count your highest 10 of 11 LearningCurve and 30 of 33 My Success Journals scores toward your final grade;

LEARNING RESOURCES

- 1. Myers, D. G. (2014). Exploring Psychology (9th Edition). available at the bookstore
- 2. Downing, Skip (2012) *On Course, Study Skills Plus Edition*, Second Edition –available at the bookstore (copies available for review in the Ka Piko Center)
- 3. Additional readings and course materials will be made available on Laulima under "Resources" or as handouts in class.
- 4. Access to the companion website, LaunchPad, is also required for the course. A website access code comes bundled with the textbook if you purchase the textbook bundle in the bookstore (make sure not to throw out your access code, which will be on a slip of paper inside the textbook bundle). If you prefer a e-Book, you may purchase access to just LaunchPad (which comes with an e-Book).

Recommended Reading Resources:

- American Psychiatric Association. (2000). Diagnostic and Statistical Manual, (4th Ed), Text Revision. Washington DC: Author. (In Reference section of WCC Library Call number: RC455.2.C4D536 2000)
- American Psychological Association. (2002). Publication manual of the American Psychological Association, (5th ed.). Washington DC: Author. (In Reference Section of WCC Library or at Reference Librarian's desk. Call number: BF76.7.P83 2001)
- Straub, R. (2010). Study Guide to accompany Exploring Psychology by David Myers 8th ed. New York: Worth

Campus Resources:

- TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.
- Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).
- TTC: The Testing Center for assistance in an alternative testing site.
- Library Study Services: See the librarian for additional details.
- EBSCOHost Journal Online DataBase can be accessed through the Library Website: http://library.wcc.hawaii.edu

ADDITONAL INFORMATION

Student Responsibilities

- The student is expected to attend and actively participate in all course lectures and activities, and complete assignments on time.
- The student is expected to be prepared in advance of class sessions (i.e. having read text materials, bringing required work materials to class).
- The student is responsible to be aware of announced changes in the course schedule, including examination dates and assignment deadlines. Student should actively access their MyUH Email account and the Laulima Interactive site.
- It is the students' responsibility to be informed about deadlines critical to making registration changes(e.g. last day of erase period and last day for making an official withdrawal).
- The student is responsible for managing their time appropriately. College courses require much more reading, writing and studying than high school. Students can expect to spend 10 hours per week (in class as well as study and preparation time) on every class they take.
- The student is expected to complete a number of assignments outside of class time, including reading the textbook, online activities, studying for exams, and completing various short written activities.

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Instructors Notes:

- We are here to help you succeed in this course. Please don't hesitate to email us or stop by our office if you have any questions, concerns, or problems.
- Attendance: Attendance will not be taken in class. However, attending lectures and taking notes (in addition to keeping up with the reading in the textbook) are fundamental for your success in this course. Lecture slides for the class will not be posted online. However, you are always welcome to see the slides and copy down any notes that you miss during office hours or by appointment.
- Plagiarism/Cheating: We take both plagiarism and cheating very seriously. If we believe you have plagiarized (intentionally
 or unintentionally) or cheated, you will earn a zero for that assignment, no exceptions. A second instance of either will
 result in failure of the course (i.e. two instances of plagiarism, two instances of cheating or an instance of plagiarism and an
 instance of cheating).
- Late assignments: Late assignments will not be accepted, excepted in cases of serious documented emergencies. This determination is made by us; please contact us as soon as you anticipate a problem
- Assignment submission: Assignments should be submitted as hard copies. Electronic copies will be accepted only as a last
 resort. If you need to email us an assignment, it is your responsibility to ensure that the proper document was received on
 time. We will send a confirmation email indicating that the file was received. If the file is late or does not open properly, it
 will not be counted as on-time and you will not receive credit for the assignment. Given the potential for errors with
 electronic submissions, We strongly recommended that you do not submit assignments electronically.
- Course format: Class sessions will involve a combination of student driven lectures, professor driven lectures, class discussions, in-class activities and experiments, group work and instructional media clips. Students are expected to complete assigned readings and activities before coming to class. Active participation during class is expected and will provide students with a deeper and more complete understanding of psychological principles. Failure to prepare or participate will not directly impact your grade (i.e. you will not lose points for not participating) but is likely to indirectly impact your grade (i.e. students who participate actively are more likely than non-participants to comprehend the material and therefore do better on the exams).
- We strongly uphold the University of Hawai'i's non-discrimination policy in my class. Any discriminatory acts or language on the basis of race, religion, sex, age, national origin, ancestry, disability, or sexual orientation will NOT be tolerated. We will maintain our classroom as a safe environment for all.

MySuccess

At Windward Community College, we want every student to be successful. To help with this, early intervention will be offered through MySuccess. MySuccess is a system wide effort that seeks to support students early in the semester when they first begin experiencing difficulty in class. If we feel that you're having difficulty in our class within the first few weeks of the semester (e.g. missing assignments or low assignment scores) and working together shows that you would really benefit from being connected to supportive resources outside of the classroom, we may refer you to an assigned counselor. Once referred, MySuccess will:

- Call you and send an email to your Hawaii.edu account to let you know about my referral; and
- Have a Counselor follow up with you by phone or by email to find out what kinds of help you might need and connect you with the necessary resources to help you devise a strategy for success.

We will not refer you without telling you. If we do refer you, know that we are doing so in an effort to connect you with all of the help you may need to do well this semester as your success is important to us.

Disabilities Accommodation Statement

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Ann Lemke, the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale 'Akoakoa 213 for more information.

University Statement on Non-Discrimination

The University of Hawai'i Executive Policy E1.202 declares and reaffirms its commitment to the University's equal education and employment opportunity policy. The University is committed to a policy of nondiscrimination on the basis of race, sex, age, religion, color, national origin, ancestry, handicap, marital status, arrest and court record, sexual orientation, gender identity, and veteran status. This policy covers admission and access to, and participation, treatment, and employment in the University's programs and activities." If you feel that you are being discriminated against contact the WCC Vice Chancellor for Student's Office at 235-7466 or the UH Equal Employment Opportunity and Affirmative Action Office at 956-7077.

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Schedule (tentative and subject to change):

Week Date 1 T, Aug. 25 th R, Aug. 27 th 2 2 T, Sept. 1s ^{tt} R, Sept. 3 rd 3 3 T, Sept. 8 th R, Sept. 10 th 4 T, Sept. 15 th R, Sept. 17 th 5 T, Sept. 22 nd R, Sept. 24 th 6 T, Sept. 29 th R, Oct. 1s ^t 7 T, Oct. 6 th R, Oct. 13 th R, Oct. 20 th R, Oct. 20 th R, Oct. 22 nd 10 T, Oct. 20 th R, Oct. 29 th R, Nov. 3 rd R, Nov. 5 th 12 T, Nov. 10 th R, Nov. 10 th R, Nov. 12 th R, Nov. 26 th 14 T, Nov. 24 th R, Dec. 3 rd T, Dec. 8 th R, Dec. 10 th R, Dec. 10 th	Schedule (tentative and s		
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<u>PSY 100</u>	PSY Assignments Due
Introduction to the Course	
Introduction to Psychology	Ch. 1*
Research Methods	
Research Methods	
The Brain	Ch. 2*
The Brain	PSY Writing Assignment 1
Recap: Methods & The Brain	
Exam 1	
Sensation & Perception	Ch. 6*
Sensation & Perception	
Learning	Ch. 7*
Learning	PSY Writing Assignment 2
Learning	
Exam 2	
Memory	Ch. 8*
Memory	PSY Writing Assignment 3
Psychological Disorders	Ch. 14*
Psychological Disorders	
Psychological Disorders	
Cognition & Intelligence	Ch. 9*
Cognition & Intelligence	PSY Writing Assignment 4
Cognition & Intelligence	
Exam 3	
Human Development	Ch. 4*
Human Development	
Human Development	
Emotion & Motivation	Ch. 10*
No School: Thanksgiving Day	
Emotion & Motivation	PSY Writing Assignment 5
Social Psychology	Ch. 13*
Social Psychology	
Personality	Ch. 12*
Exam 4	11.30 a.m. – 1.30 p.m.

<u>IS 103</u>	IS Assignments Due
Introduction to the Course	
Getting on course to your success	
Getting on course to your success	My Success Journal 1 & 2
Getting on course to your success	
Accepting personal responsibility	My Success Journal 3 & 4
Accepting personal responsibility	
Accepting personal responsibility	My Success Journal 5, 6, & 7
Exam 1 (IS CH 1,2)	
Discovering self-motivation	My Success Journal 8 & 9
Discovering self-motivation	
Mastering self-management	My Success Journal 10, 11, & 12
Mastering self-management	
Mastering self-management	My Success Journal 13 & 14
Exam 2 (IS CH 3,4)	
Employing interdependence	My Success Journal 15, 16, & 17
Employing interdependence	
Employing interdependence	My Success Journal 18 & 19
Gaining self-awareness.	
Gaining self-awareness.	My Success Journal 20, 21, & 22
Gaining self-awareness.	
Adopting lifelong learning	My Success Journal 23 & 24
Adopting lifelong learning	
Exam 3 (IS CH 5,6,7)	My Success Journal 25, 26, & 27
Developing emotional intelligence	
Developing emotional intelligence	My Success Journal 28 & 29
Developing emotional intelligence	
Staying on course to your success	My Success Journal 30 & 31
Staying on course to your success	
Real world	My Success Journal 32 & 33
Real world	Presentations
Real world	Presentations
Real world	Presentations
Exam 4 (IS CH 8,9)	My Success Journal: Final Essay

^{*}Indicates that along with reading the chapter prior to class attendance, the LearningCurve for that chapter is due prior to the start of class (11.30 a.m.)
All other assignments should be completed prior to the start of the class period for which they are assigned and are due on the date listed via hard copy (late assignments not accepted).