

PSY 100 Survey of Psychology

3 Credits

MW 2.30 – 3.45 p.m.

INSTRUCTOR: Lisamarie Bensman, Ph.D.

OFFICE: Hale Na‘auao 118

OFFICE HOURS: M & W 4 – 4.30 p.m. and by appointment

TELEPHONE: x232

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EFFECTIVE DATE: Spring 2014

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O‘ahu’s Ko‘olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry. (3 hours lecture)

Activities Required at Scheduled Times Other than Class Times

For this course, in addition to attending class, you are expected to complete a number of assignments outside of class time, including reading the textbook, studying for exams, and writing various short papers.

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

COURSE CONTENT

Schedule (tentative and subject to change):

| Week | Date | Topic | Assignments Due |
|------|--------------------------|----------------------------|-----------------|
| 1 | M, Jan. 13 th | Introduction to the Course | |
| | W, Jan. 15 th | Introduction to Psychology | Read: Ch. 1 |
| 2 | M, Jan. 20 th | No School- MLK Day | |
| | W, Jan. 22 nd | Research Methods | Read: |

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|-----------|-----------------------------------|-----------------------------------|-------------------------------|
| 3 | M, Jan. 27 th | Research Methods | Deadline to pick group |
| | W, Jan. 29 th | The Brain | Read: Ch. 2 |
| 4 | M, Feb. 3 rd | The Brain | Survey Assignment Due |
| | W, Feb. 5 th | Recap: Methods & The Brain | |
| 5 | M, Feb. 10 th | Sensation & Perception | Read: Ch. 6 |
| | W, Feb. 12 th | Sensation & Perception | Experiment Topics Due |
| 6 | M, Feb. 17th | No School- Presidents' Day | |
| | W, Feb. 19 th | Exam 1 | |
| 7 | M, Feb. 24 th | Learning | Read: Ch. 7 |
| | W, Feb. 26 th | Learning | Writing Assign. 1 Due |
| 8 | M, March 3 rd | Learning | |
| | W, March 5 th | Memory | Read: Ch. 8 |
| 9 | M, March 10 th | Memory | Writing Assign. 2 Due |
| | W, March 12 th | Cognition & Intelligence | Read: Ch. 9 |
| 10 | M, March 17 th | Cognition & Intelligence | Exper. Data Due |
| | W, March 19 th | Psychological Disorders | Read: Ch. 14 |
| | March 24 – 28th | No School- Spring Break | |
| 11 | M, March 31 st | Psychological Disorders | |
| | W, April 2 nd | Psychological Disorders | |
| 12 | M, April 7 th | Exam 2 | |
| | W, April 9 th | Human Development | Read: Ch. 4 |
| 13 | M, April 14 th | Human Development | Writing Assign. 3 Due |
| | W, April 16 th | Human Development | Exper. Reports Due |
| 14 | M, April 21 st | Emotion & Motivation | Read: Ch. 10 |
| | W, April 23 rd | Emotion & Motivation | Writing Assign. 4 Due |
| 15 | M, April 28 th | Social Psychology | Read: Ch. 13 |
| | W, April 30 th | Social Psychology | |
| 16 | M, May 5 th | Personality | Read: Ch. 12 |
| | W, May 7th | Group Presentations | |
| | W, May 14th | Exam 3: 2.30 – 4.30 p.m. | |

Readings and assignments should be completed prior to the start of the class period for which they are assigned.

All assignments are due on the date listed.

COURSE TASKS.

You will have an opportunity to demonstrate what you've learned in this course using a variety of different formats:

Exams: 3 x 100 points

Experiment: 1 x 100 points

Writing Assignments: 4 x 20 points

Survey Assignment: 1 x 20 points

Exams:

Three non-cumulative exams will be given throughout the semester, each worth 100 points. Exams are in-class and closed notes, closed book. The textbook, in-class movies, lecture material, class discussions, and class activities are fair game for exam questions. As with any college course, we will not have time to cover all the textbook material in class. Information from the book that is not covered in class is fair game for the exams. Question format may include multiple choice, true/false, short answer, and essay questions. Make-up exams are given only in cases of serious and documented emergencies. This determination is made by me. Make-up exams must be completed in a timely fashion. If you anticipate a problem, please see me as soon as possible. A review sheet for each exam will be available on Laulima.

Experiment:

Throughout the course of the semester, you will conduct a psychology experiment. You may replicate a previously conducted psychology experiment, or, if you are feeling adventurous, you may design your own. You may work as an individual or with a group (your call). Each group will select their own experiment (topics to be approved by me). The experiment will involve collecting data, writing an APA style lab report, and presenting your findings to the class. This assignment is worth 100 points. Additional details on the assignment are available on Laulima.

Writing Assignments:

Throughout the semester, you will complete four short writing assignments aimed at deepening your interest in and understanding of psychology. Each assignment is worth 20 points and should be 2 pages long (excluding headers and references). Assignment 1 involves locating, reading, and summarizing an academic article related to psychology. Assignment 2 involves locating, reading, and analyzing a popular press article related to psychology. Assignment 3 involves watching a Hollywood film that includes a character with a mental illness and then analyzing how correct Hollywood’s portrayal of the mental illness was. Assignment 4 involves selecting a developmental theory and applying said theory to a real life person or fictional character. Additional details for all writing assignments are available on Laulima.

Survey:

For this assignment, you will create and administer a five question quiz to 10 people. Then you will turn a summary of their responses along with their original quiz responses. This assignment is worth 20 points. Additional details are available on Laulima.

ASSESSMENT TASKS AND GRADING

Rubrics for each assignment are available on Laulima.

Students often worry about their progress in a course, and sometimes ask their instructors to calculate their grade for them. In this course, my goal for the grading system is to be as clear as possible so that you are always aware of your standing in the course. I have provided this worksheet for you to fill in your exam and assignment grades as the semester progresses.

| Requirement | Points Earned | Points Possible |
|--------------------|----------------------|------------------------|
| Exam 1 | | 100 |
| Exam 2 | | 100 |
| Exam 3 | | 100 |

| | | | |
|----------------------|--|------|-----------|
| Writing Assignment 1 | | 20 | |
| Writing Assignment 2 | | 20 | |
| Writing Assignment 3 | | 20 | |
| Writing Assignment 4 | | 20 | |
| Survey Assignment | | 20 | |
| Experiment | | 100 | |
| Total: | | /500 | = _____ % |

Grading:

I will use the following scale to determine your final grades:

| | | |
|----|---|------------------|
| A | = | 500 – 465 points |
| A- | = | 464 – 450 points |
| B+ | = | 449 – 440 points |
| B | = | 439 – 415 points |
| B- | = | 414 – 400 points |
| C+ | = | 399 – 390 points |
| C | = | 389 – 365 points |
| C- | = | 364 – 350 points |
| D+ | = | 349 – 340 points |
| D | = | 339 – 315 points |
| D- | = | 314 – 300 points |
| F | = | Below 300 points |

LEARNING RESOURCES

Our required textbook for the course:

Myers, D. G. (2014). *Exploring Psychology (9th Edition)*. New York, NY: Worth Publishers.

Additional materials will be available on Laulima.

Additional Information

- I am here to help you succeed in this course. Please don't hesitate to email me or stop by my office if you have any questions, concerns, or problems.
- Attendance: Attendance will not be taken in class. However, attending lectures and taking notes (in addition to keeping up with the reading in the textbook) are fundamental for your success in this course. Lecture slides for the class will not be posted online. However, you are always welcome to see the slides and copy down any notes that you miss during office hours or by appointment.
- Plagiarism/Cheating: I take both plagiarism and cheating very seriously. If I believe you have plagiarized (intentionally or unintentionally) or cheated, you will earn a zero for that assignment, no exceptions. A second instance of either will result in failure of the course (i.e. two instances of plagiarism, two instances of cheating or an instance of plagiarism and an instance of cheating).

- Late assignments: Late assignments will not be accepted, excepted in cases of serious documented emergencies. This determination is made by me; please contact me as soon as you anticipate a problem
- Assignment submission: Assignments should be submitted as hard copies. Electronic copies will be accepted only as a last resort. If you need to email me an assignment, it is your responsibility to ensure that the proper document was received on time. I will send a confirmation email indicating that the file was received. If the file is late or does not open properly, it will not be counted as on-time and you will not receive credit for the assignment. Given the potential for errors with electronic submissions, I strongly recommended that you do not submit assignments electronically.
- Course format: Class sessions will involve a combination of student driven lectures, professor driven lectures, class discussions, in-class activities and experiments, group work and instructional media clips. Students are expected to complete assigned readings and activities before coming to class. Active participation during class is expected and will provide students with a deeper and more complete understanding of psychological principles. Failure to prepare or participate will not directly impact your grade (i.e. you will not lose points for not participating) but is likely to indirectly impact your grade (i.e. students who participate actively are more likely than non-participants to comprehend the material and therefore do better on the exams).

DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale 'Akoakoa 213 for more information.