

PSY 100: SURVEY OF PSYCHOLOGY  
3 CREDIT HOURS  
Spring 2014



INSTRUCTOR: Frank Palacat  
SI LEADER: Ashley-Michelle Tilton  
OFFICE: Na`auao 109  
OFFICE HOURS: MW 11:30pm – 12:30pm Alakai 102; TR 11:30pm – 12:30pm Na`auao 109  
SI HOURS: TBA  
TELEPHONE: (808) 236-9209  
EMAIL: [palacatf@hawaii.edu](mailto:palacatf@hawaii.edu) (best contact)

### WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

*Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai`i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O`ahu's Ko`olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.*

### CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

#### PREREQUISITES:

None

#### RECOMMENDATIONS:

Read and write at the college level, basic computing and internet skills, and have a basic understanding of percentages and probability.

### STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.

### COURSE CONTENT

#### *Concepts or Topics*

- Major Psychological Theories
- Nature and Nurture
- Psychological Perspectives
- Psychological Theorists
- Conscious and Unconscious Mind
- Research Strategies and Methods

#### *Skills or Competencies*

1. Describe and evaluate psychology as a science
2. Compare and contrast the interactive effects of nature and nurture
3. Identify and describe major theorists
4. Integrate various psychological theories
5. Define theory
6. Discuss the nature and types of evidence used in psychology

## COURSE TASKS

### A. PARTICIPATION: (20%, 200 points of total grade):

Each student will be expected to participate each week. Activities are designed to complement information in the text. Optimal learning will require preparation through reading and processing, and then sharing the work product or information in class or online class forums. It is important to **plan ahead** to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because the activities are planned in-class group learning opportunities with weekly deadlines, there are no make-up opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student to contribute to the interactive learning that is an important part of every course. **To receive credit** for participation, each student will need to **participate, on time**.

### B. PORTFOLIO (20%, 200 points of total grade):

This is the single most important activity over the course of the semester. To be successful in this segment of the course, students need to start early and work each week to complete this project. Because this is a semester long project, there is no excuse for a late paper. LATE PAPERS will not be accepted.

### C. EXAMS / QUIZZES (60%, 600 points of total grade):

Complete three exams covering assigned readings, class activities, discussions, lectures, videos, handouts, assignments, etc. Each Exam will consist of 50 Multiple Choice and True-False questions. For a limited time after each Unit Exam students may take or retake the Exam Online as many times as necessary to achieve a desired score; however, as questions are randomly chosen from a very large database, the questions on each exam retake will differ from the previous exam questions for the same exam. Exams and retakes must be completed BEFORE the stated deadline.

| <u>EXAM / QUIZZES</u>     | <u>MATERIAL</u> | <u>% / POINTS possible</u> |
|---------------------------|-----------------|----------------------------|
| Pre-Quiz                  | Chapters 1-15   | .5% / 5pts                 |
| Diagnosis Quizzes Pre     | Chapters 1-15   | 3% / 30pts                 |
| Diagnosis Quizzes Mastery | Chapters 1-15   | 7.5% / 75pts               |
| Learning Curve            | Chapters 1-15   | 9% / 90pts                 |
| Unit Exam 1               | Chapters 1-7    | 20% / 200pts               |
| Unit Exam 2               | Chapters 8-15   | 20% / 200pts               |

**Do not miss exams.** Fairness in testing depends on students having equal preparation opportunities. Consequently, make-up tests will be allowed **ONLY** online and at the end of the semester. In the event of an emergency, the instructor must be notified **IN ADVANCE** of the exam, unless absolutely impossible. If the instructor is not notified of the emergency prior to the **DEADLINE** of the exam, and/or appropriate documentation of proof of emergency is not provided, the student will receive a zero for that exam.

Routine appointments are not emergencies, and should be scheduled outside of time needed to complete course requirements. In case of emergencies, it is the responsibility of the student to contact the instructor before class begins, in order for the student to avoid penalty.

## ASSESSMENT TASKS AND GRADING

| <u>Task</u>       | <u>Possible Pts</u> | <u>Grade Criterion</u> |
|-------------------|---------------------|------------------------|
| Participation =   | 200 pts             | 900 - 1000 points = A  |
| Portfolio =       | 200 pts             | 800-899 points = B     |
| Exams / Quizzes = | 600 pts             | 700- 799 point = C     |
| <b>Total</b> =    | <b>1000 pts</b>     | 600 - 699 points = D   |
|                   |                     | <600 points = F or N   |

## LEARNING RESOURCES

### Required Text:

Myers, D. (2010). *Exploring Psychology*, (9<sup>th</sup> ed.). New York: Worth

The text is accompanied by CD-ROM and web access to PsychPortal for Exploring Psychology, 8/e by Myers: A complete electronic version of the textbook, with embedded Concepts in Action that provide a media-powered way to interact with key concepts. Diagnostic Quizzing to help students pinpoint the concepts and themes that are most difficult for them to grasp. Video Tool Kit Activities that combine short, thought-provoking clips with brief multiple-choice quizzes.

The required text may be purchased at the WCC Bookstore located in Hale `Ākoakoa Rm#160. A copy is on reserve at the WCC library desk, for immediate use, but is not allowed to be checked out of the library.

### Recommended Reading Resources:

American Psychiatric Association. (2000). *Diagnostic and Statistical Manual, (4<sup>th</sup> Ed)*, Text Revision. Washington DC: Author. (In Reference section of WCC Library Call number: RC455.2.C4D536 2000)

American Psychological Association. (2002). *Publication manual of the American Psychological Association, (5<sup>th</sup> ed.)*. Washington DC: Author. (In Reference Section of WCC Library or at Reference Librarian's desk. Call number: BF76.7.P83 2001)

Straub, R. (2010). *Study Guide to accompany Exploring Psychology by David Myers 8<sup>th</sup> ed*. New York: Worth

### Campus Resources:

TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.

Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).

TTC: The Testing Center for assistance in an alternative testing site.

Library Study Services: See the librarian for additional details.

EBSCOHost Journal Online DataBase can be accessed through the Library Website: <http://library.wcc.hawaii.edu>

## Additional Information

### DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, [lemke@hawaii.edu](mailto:lemke@hawaii.edu), or you may stop by Hale `Ākoakoa 213 for more information.

You are encouraged to speak with your instructor to discuss any concerns regarding your educational progress and insure you have an equal opportunity to succeed in this class. Anyone who has difficulty during the semester should see me right away to get help.

### PSY 100 Tentative Schedule Spring 2014

| <u>MW</u> | <u>TR</u> | <u>Activity/Chapter</u> | <u>MW</u> | <u>TR</u> | <u>Activity/Chapter</u> |
|-----------|-----------|-------------------------|-----------|-----------|-------------------------|
| Jan 13    | Jan 14    | Introduction            | Mar 17    | Mar 13    | CH. 8                   |
| 15        | 16        | CH. 1                   | 19        | 18        | CH. 9                   |
| 22        | 21        | CH. 1                   | 31        | 20        | CH. 9                   |
| 27        | 23        | CH. 2                   | Apr 2     | Apr 1     | CH. 10                  |
| 29        | 28        | CH. 2                   | 7         | 3         | CH. 11                  |
| Feb 3     | 30        | CH. 3                   | 9         | 8         | CH. 11                  |
| 5         | Feb 4     | CH. 3                   | 14        | 10        | CH. 12                  |
| 10        | 6         | CH. 4                   | 16        | 15        | CH. 12                  |
| 12        | 11        | CH. 4                   | 21        | 17        | CH. 13                  |
| 19        | 13        | CH. 5                   | 23        | 22        | Portfolio Sharing       |
| 24        | 18        | CH. 5                   | 28        | 24        | CH. 13 / 14 / 15        |
| 26        | 20        | CH. 6                   | 30        | 29        | CH. 14 / 15             |
| Mar 3     | 25        | CH. 6                   | May 5     | May 1     | Unit Exam 2             |
| 5         | 27        | CH. 7                   | 7         | 6         | Final                   |
| 10        | Mar 4     | CH. 7                   |           |           |                         |
| 12        | 6         | Unit Exam 1             |           |           |                         |
| 17        | 11        | CH. 8                   |           |           |                         |

For careers in counseling, social work, education,  
psychology and human development.

# Psycho-Social Development

*Academic Subject Certificate*

If you like helping people, a career in human services may be for you – whether it's social work, counseling, teaching, corrections, psychology or human development.

The Psycho-Social Developmental Studies (PSDS) certificate provides pre-professional training for students planning to enter the human services field. The curriculum combines liberal arts courses with field experience in social service agencies and other community sites.

Students have the opportunity to gain skills in real-life settings and lay the foundation for more advanced study in their major. Those planning to go into teaching can also gain required classroom field experience through this program.

To earn the PSDS academic subject certificate, students must complete a total of 27 credits with a cumulative grade point average of 2.0 or better for all required courses. See course descriptions for prerequisites. Twelve credits, including SSCI 193V and SSCI 293V, must be taken at Windward Community College.

## **Required courses:**

(24 credits)

|                                       |   |
|---------------------------------------|---|
| PSY 100                               | Survey of Psychology (3)                      |
| Select one course from three options: |   |
| PSY 170                               | Psychology of Adjustment <b>or</b>            |
| SOC 218                               | Introduction to Social Problems (3) <b>or</b> |
| SOC 231                               | Introduction to Juvenile Delinquency (3)      |
| PSY 224                               | Abnormal Psychology (3)                       |
| PSY 240                               | Developmental Psychology (3)                  |
| SOC 100                               | Survey of General Sociology (3)               |
| SOC 251                               | Introduction to Sociology of the Family (3)   |
| SSCI 193V                             | Cooperative Arts and Science Education (3)    |
| SSCI 293V                             | Cooperative Arts and Science Education (3)    |

Elective (3 credits)

Select one course from the list below:

|          |   |
|----------|---|
| ANTH 200 | Cultural Anthropology (3)               |
| BOT 105  | Ethnobotany (3)                         |
| ECON 120 | Introduction to Economics (3)           |
| ICS 100  | Computing Literacy and Applications (3) |
| POLS 180 | Introduction to Hawaiian Politics (3)   |