MUS 121B / MUS 122B, VOICE 1 / 2
2 Credits (CRN 60381 / 60382)
Tuesday and Thursday 10:00-11:15am, Pālanakila 211

INSTRUCTOR: Sarah Connelly
OFFICE: Pālanakila 101
OFFICE HOURS: Tuesdays 9-10am and Thursdays 11:15am-12:15pm, by appointment
TELEPHONE: (808) 236-9286 EMAIL: sarahcon@hawaii.edu
EFFECTIVE DATE: SPRING 2019

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide the Ko‘olau region of O‘ahu and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION

(1) Basic principles of performance; relevant problems in literature. (B) voice. A-F only. Cannot be audited. DA

(2) This is a performance-based class designed for students with little or no solo vocal experience. It will cover primarily the beginnings of a sound vocal technique, and will include opportunities to learn traditional literature for the voice. It will be roughly divided into two areas: experiential (singing/moving) and academic (talking about singing).

Activities Required at Scheduled Times Other Than Class Times

1. Mandatory participation at end-of-term recital at Paliku Theatre, exact date and time to be announced (during last week of classes: 4/29/19-5/3/19) (300 points)

2. Mandatory attendance at one vocal recital or concert where the performer is singing solo repertoire (not as part of a group). Ticket stub/program must be attached to a review paper (minimum of one full page, double-spaced, computer-printed). Paper must be submitted within one week of attending the concert. (Extra credit can be earned by attending additional events with instructor approval and submitting related review papers/ticket stubs.) (100 points)

3. 30 minutes daily practice outside of class time. You must keep a practice journal of your weekly practice times, content of practice session, and observations made regarding progress, challenges, etc. Practice journals will be periodically collected and reviewed for a homework grade. They will be invaluable to help you prepare your Self-Evaluations. Practice Rooms are available in Hale Palanakila Rooms 103, 105, and 107. Practice room use requires an exchange of student ID for the
practice room key at the library front desk. You are also welcome to email me to arrange for a practice session in my office during office hours to make use of my yoga props/tools.

**STUDENT LEARNING OUTCOMES**

**MUS 121B:**
Upon completion of the course, the student will be able to:
- Demonstrate basic vocal techniques of physical alignment, breath support, breath control, and tone production in performances of several songs.
- Apply basic concepts of rhythm and pitch accuracy in performances.
- Employ basic concepts of sight reading in learning music for performance.
- Learn and demonstrate professional performance practices.

**MUS 122B:**
Upon completion of the course, the student will be able to:
- Discuss the origin and development of vocal music.
- Demonstrate intermediate level vocal techniques of diction, tone production, and breath control in performance situations.
- Sight read and learn music at an intermediate level.
- Learn and demonstrate professional performance practices.

**COURSE CONTENT**

**Concepts or Topics**
- Vocal range and its role in choosing repertoire
- Body stretches/exercises for energy/alignment
- Vocal exercises and their purposes
- Apply basic concepts of music theory, such as melody, harmony, rhythm, phrasing, pitch accuracy, and musicality in performance
- Basics of language diction in English
- Basics of acting/improvisation to communicate effectively & channel nerves into specific action
- Develop critical listening/observation skills for peer feedback

**Skills or Competencies**
- 1. choose repertoire in appropriate vocal range
- 2. apply appropriate physical stretches and vocal exercises to address your body’s and voice’s individual needs/challenges.
- 3. prepare a song for performance musically, linguistically, & dramatically
- 4. translate text into English (if appropriate) to communicate/connect emotionally
- 5. communicate your song text/character’s objective to the audience
- 6. provide helpful/accurate feedback kindly to peers

**COURSE TASKS**

1. Prepare and perform, from memory, three songs in front of the class.
   *Each of the pieces will be performed at least three separate times in front of the class. The first two “performances” will be working coaching sessions that all may observe and benefit from, the grades from which will be averaged. The third/final performance will be graded separately (100 points).

   a. The first song will be the professor’s choice, and will be learned as a group with your peers. The final performance will be sung solo. Think of this performance as an audition for a role in a musical. Its purpose is to show how you produce your voice, how you can channel your nervous energy into communicating your song to an audience of your peers, and how your musical, dramatic, and stylistic
interpretation of your song makes your performance unique. The first song must be performed for its final grade in class Thursday, February 7, 2019.

b. Second song and third songs will be the student’s choices, and it’s highly recommended that this music is chosen from the style of music that is of special interest to the student. The student must provide a complete copy of the piano/vocal sheet music (in the appropriate key for your vocal range) to the instructor by Tuesday February 12, 2019. The second song must be performed for its final grade in class Thursday, March 14, 2019.

c. The third piece may either be a solo vocal piece, or an approved duet, trio, or ensemble sung with your peers. Repertoire must be decided and complete copy of the piano/vocal sheet music provided to the instructor by Tuesday March 26, 2019. The third piece will be performed at the end-of-term recital during the final week of classes between April 29 and May 2, 2019.

2. Written Assignments/ Self-Evaluations
   a. Concert Review Paper: As outlined in the section entitled “Activities Required at Scheduled Times Other Than Class Times” (100 points)
   b. Three Self-Evaluations: (one for each piece in preparation) discussing your own challenges, practice, and improvement (50 points each)
   c. Quiz: there will be at least one quiz over course material studied. (100 Points ea)

3. Class Participation: You will be graded weekly on your Punctuality, Attendance, Participation, Attitude, Questions & Dialogue, and Improvement. (10 possible points per class.)

ASSESSMENT TASKS AND GRADING
Grading Scale:
A= 90-100
B= 80-89
C=70-79
D=60-69
F= 0-59

Late Assignments Policy:
I will only accept late assignments from students who miss the deadline due to an EXCUSED absence. The late work must then be turned in on the following class day. No further extensions will be granted.

LEARNING RESOURCES
Required Textbook:

Suggested Additional Reading:

ADDITIONAL INFORMATION
Instructor Information:
Sarah Lambert Connelly is a mezzo-soprano, private voice and piano teacher, and yoga instructor. She earned a Bachelor of Music in Vocal Performance at the University of Miami, then a Master's Degree in Vocal Performance from the Eastman School of Music. She lived in NYC for nine years
pursuing an operatic career, working for such companies at the Metropolitan Opera, San Francisco Opera, Santa Fe Opera, Des Moines Metro Opera, Teatro Nacional Sucre, Union Avenue Opera, Hawaii Opera Theatre and Sarasota Opera, among others. While working at Palm Beach Opera in 2006, she discovered a new passion: yoga. In 2009, she completed her 200-hour yoga teacher training through YogaWorks, which values balancing strength and flexibility with Iyengar-style alignment and props. Shortly thereafter, she met her husband in yoga class and came to Hawaii through his military career. From their creative hive at the Anchor House in Kailua, she thrives developing new singers, pianists, and yogis. She is a member of Hawaii Opera Theatre’s Mae Z. Orvis Studio Program, sings in several choral ensembles, teaches yoga at the Windward YMCA, and paddles on two OC-6 recreational teams. Upcoming performances include the role of Flora in Hawaii Opera Theatre’s production of Verdi’s *La Traviata* on May 17, 19, and 21, 2019.

**Windward YMCA Yoga Class Schedule: (you are encouraged to attend!)**
Tuesdays 12-1:15pm Vinyasa
Wednesdays 12:15pm-1:15pm Yoga Basics
Thursdays 8:00-9:20am Power Yoga
Alternating Saturdays: 9:15am-10:30am Hatha Yoga and 10:45am-12:00pm Yoga Flow

**Classroom Culture/Expectations:**
- It is expected that students enrolled in this course have the ability to learn voice exercises and songs.
- Please dress comfortably in clothes you can move in. Physical movement will be part of every class.
- While there are no prerequisites for this course, know that vocal and musical terminology will be used. If you do not understand specific terms, simply ask.
- Some singing concepts may be better explained, demonstrated, or checked through hand-on contact. If you prefer not to have contact, please let me know.
- Class Environment and Peer Support: Singing, unlike many other instruments, requires self-expression of an emotional connection through the body and face. This course is designed to improve your skills from basic singing to overall expression of a piece. This requires risk-taking, confidence, patience, and support. Our classroom will be a safe and supportive environment where everyone feels comfortable to explore new possibilities without fear. Please notify me immediately if there is anything going on that makes you feel otherwise.
- Cell phones and other electronic devices may only be used during class time for recording your performances/ note-taking. Ringers/noises must be silenced during class time. If I have to ask you to put your phone away during class time, your participation grade will be negatively impacted.

**Attendance:**
- Because of the nature of our course, observing and listening to your peers’ performances are equally as important as performing. Additionally, we will do physical movement and vocal exercises in each class to help solidify/inform the concepts covered. Therefore, **ATTENDANCE AND CLASS PARTICIPATION ARE MANDATORY.**
- You are allowed two absences for any reason. In order to be considered “Excused”, the instructor must be informed **before class time** in person, by phone, or by email. After those two absences, your weekly Attendance/Class Participation grade will be adversely affected.
- Class will begin at the posted time. Tardiness is unacceptable, and will negatively affect the student’s Attendance/Class Participation grade.

**Grading:**
- Extra Credit assignments must be approved in advance by instructor, and will not be accepted after the last day of classes.

The University of Hawaii Community Colleges offers free online, on-demand tutoring, through [Tutor.com](https://windward.hawaii.edu/tudor.com/).
DISABILITIES ACCOMMODATION STATEMENT
If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Akoakoa 213 for more information.

TITLE IX
Title IX prohibits discrimination on the basis of sex in education programs and activities that receive federal financial assistance. Specifically, Title IX prohibits sex discrimination; sexual harassment and gender-based harassment, including harassment based on actual or perceived sex, gender, sexual orientation, gender identity, or gender expression; sexual assault; sexual exploitation; domestic violence; dating violence; and stalking. For more information regarding your rights under Title IX, please visit: https://windward.hawaii.edu/Title_IX/.

Windward Community College is committed to the pursuit of equal education. If you or someone you know has experienced sex discrimination or gender-based violence, WCC has resources to support you. To speak with someone confidentially, contact the Mental Health & Wellness Office at 808-235-7393 or Kaahu Alo, Designated Confidential Advocate for Students, at 808-235-7354 or kaahualo@hawaii.edu. To make a formal report, contact the Title IX Coordinator, Karla K. Silva-Park, at 808-235-7468 or karlas@hawaii.edu.

ALTERNATE CONTACT INFORMATION
If you are unable to contact the instructor, have questions that your instructor cannot answer, or for any other issues, please contact the Academic Affairs Office:

Location: Alakai 121
Phone: 808-235-7422
Email: wccaa@hawaii.edu