WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O‘ahu’s Ko‘olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

COURSE DESCRIPTION

This course examines the biological, cognitive, and psycho-social development of individuals from conception to death, with similarities and differences among individuals and their cultures, as well as special attention to interests, abilities, and critical issues at successive developmental stages.

CATALOG DESCRIPTION

This course provides students with theories of biological, cognitive, and psycho-social development from infancy to adulthood and with similarities and differences among individuals and their cultures.

PREREQUISITES: None

RECOMMENDED PREPARATION: Completion of PSY100: Survey of Psychology.

Read and write at the college level, possess basic computer literacy, and have a basic understanding of percentages and probability.

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

1. Compare and contrast the various theories of human development and behavior.
2. Describe biological, cognitive, and psychosocial development for each life-span period.
3. Investigate the existence of similarities, differences, and uniqueness in human development among individuals and their culture.
4. Apply human development theories and concepts to personal, social, educational, and occupational experiences.

COURSE CONTENT

<table>
<thead>
<tr>
<th>Concepts or Topics</th>
<th>Skills or Competencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scientific Method</td>
<td>1. Understand the Scientific Method</td>
</tr>
<tr>
<td>Developmental Psychology</td>
<td>2. Discuss human behavior and development</td>
</tr>
<tr>
<td>Developmental Stages</td>
<td>3. Use current models to describe human behavior</td>
</tr>
<tr>
<td>Major Theories &amp; Thoughts</td>
<td>4. Integrate major theories and thoughts to understand and</td>
</tr>
<tr>
<td></td>
<td>discuss human behavior and development</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

INSTRUCTOR: Falisha Herbic, MACL
OFFICE: Na‘auao 124
OFFICE HOURS: MW 3:45 – 4:45pm; TR 2:15 – 3:45pm; by appointment
TELEPHONE: (808) 236-9211 (leave msg; allow 2 business days for reply)
EMAIL: falisha@hawaii.edu (preferred; often same day reply)
A. **EXAMS (40%, 400 points of total grade):**
Complete one Midterm examination and one (1) Final examination covering assigned readings, class activities, discussions, lectures, videos, handouts, assignments, etc. Each Exam will consist of Multiple Choice, True-False, Fill in the Blank, Short Answer, and Essay questions.

<table>
<thead>
<tr>
<th>EXAM</th>
<th>DATES:</th>
<th>MATERIAL</th>
<th>%/POINTS possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm</td>
<td>Monday, Mar. 12th</td>
<td>Chapters 1-13</td>
<td>20%/ 200pts</td>
</tr>
<tr>
<td>Final</td>
<td>Wednesday, May 9th</td>
<td>Chapters 14-Ep</td>
<td>20%/ 200pts</td>
</tr>
</tbody>
</table>

**Do not miss exams.** Fairness in testing depends on students having equal preparation opportunities. Consequently, make-up tests will be allowed **ONLY** in the event of a genuine family or medical **EMERGENCY** with appropriate documentation. In the event of an emergency, the instructor must be notified **IN ADVANCE** of the exam, unless absolutely impossible. If the instructor is not notified of the emergency prior to the start time of the exam, and/or appropriate documentation of proof of emergency is not provided, the student will receive a zero for that exam. **Routine appointments are not emergencies, and should be scheduled outside of class hours.** In case of emergencies, it is the responsibility of the student to contact the instructor before class begins, in order for the student to avoid penalty.

B. **PARTICIPATION / ATTENDENCE : (10%, 100 points of total grade):**
Each student will be expected to participate in specific activities each week. Activities are designed to complement information in the text. Optimal learning will require preparation outside of class and sharing the work product or information in class group discussion. It is important to **plan ahead** to make certain you complete the work required to be done outside of class so you are ready to share with the class at the time the topic is discussed. Because the activities are planned in-class group learning opportunities, there are no make-up opportunities for these activities.

Each student is viewed as a Learner/Peer Teacher. Your shared observations, knowledge, skills, questions, and responsive listening are valued and contribute to a positive learning environment. Consequently, it is important that every student attend class to contribute to the interactive learning that is an important part of every class. **To receive credit** for participation, each student will need **to be present for the entirety of the class and actively participate.**

C. **INSTRUCTOR QUIZZES (10%, 100 points of total grade):**
Quizzes will be administered on a variable interval schedule of reinforcement. Quiz content may include material covered in required reading for the current class and instruction/reading from previous classes. Quizzes will be administered at the moment class begins and will take approximately five minutes or less to complete. If the student is not present at the time of the quiz, s/he will receive zero points. There are **NO MAKE-UPS** for quizzes. Quizzes are motivation for preparatory reading, studying, and on-time attendance in class and students must be present to participate in the quiz.

D. **“What I Have Learned” TERM PAPER (10%, 100 pts of total grade):**
This project should be taken seriously! This activity is to aid the student in developing a comprehensive understanding of developmental theory through meaningful thought and real-life application, while completing a college level literary project. Your work quality and professional presentation is expected to be at college level performance. To be successful in this segment of the course, students need to start early and work each week to complete this project. See rubric for additional instructions on project requirements. **Because this is a semester long project, there is no excuse for a late paper. LATE PAPERS will not be accepted.**

E. **HOMEWORK ASSIGNMENTS (10%, 100 pts of total grade):**
For various chapters throughout the semester, assignment tasks are provided to enhance understanding and apply learning. Assignments may include completion of charts, worksheets, watching videos, answering critical thinking questions, etc. Assignments can be found in the list of Homework Assignments included in this syllabus and may also be accessed via Laulima/Syllabus and via Laulima/Resources/Homework_and_Videos.

Assignments are due at the **BEGINNING OF CLASS** on the date due. Due dates are listed on the course schedule, included in this syllabus. For many assignments, in order to answer the question(s) and get credit, you must first watch a specified video in Laulima/Resources/Homework_and_Videos. Unless otherwise specified, homework assignments are worth 10 points each.
Unless otherwise specified, you may type or hand-write your assignments; although some assignments REQUIRE hand-written creations. When hand-written, the work MUST be neat and legible or zero points will be given. Make sure your name is on each page, and turn the hardcopy in to me at the BEGINNING OF CLASS on the day that assignment is due. Late assignments will not be accepted. If you foresee you will be unable to come to class, you may submit assignments on an earlier date, turn it in to me before class start time, or have a classmate hand it in for you. Emailed assignments will not be accepted.

To receive full credit for this aspect of the course, you must complete at least 10 of the 25 assignment opportunities offered to you in your list of Homework Assignments. You are only required to complete ten of the assignments offered. The additional fifteen assigned activities are extra credit opportunities; these are the ONLY extra credit offered for this course. Extra credit maxes out at 40 points; no more than 40 points of extra credit may be earned.

To enhance learning, students are encouraged to complete any and all activities available; however, course credit can only be given for a maximum of 100 total homework points and a maximum of 40 total extra credit points. Students understand that any additional activities are completed merely for the learning opportunities they provide.

Additional details will be provided in your list of “Homework Assignments.”

F. CHAPTER PRESENTATION PROJECT (20%, 200 pts of total grade):

The class will be separated into chapter teams to present a specific chapter from the text on specific days. Team selections will be made on Day 2 of class. The chapter presentation must be at least 45 minutes in length, be accompanied by handouts of presented chapter material, and be completely presented through active participation of entire class. Additional instructions will be provided in class. Grade is based on Instructor Rubric and takes into account information presented in the Teammate/Partner Rubric, but only as deemed appropriate by instructor.

Presentation Grading Rubric Samples:

<table>
<thead>
<tr>
<th>Presentation Component:</th>
<th>Description:</th>
<th>Possible Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time</td>
<td>Total team presentation was at least 45 minutes and not more than 60 minutes allowing time for instructor input</td>
<td>20</td>
</tr>
<tr>
<td>Mode of Presentation</td>
<td>Material was presented in a fully interactive format (activity, game, small groupwork, discussion, etc.)</td>
<td>30</td>
</tr>
<tr>
<td>Understanding of Chapter Material</td>
<td>Demonstrated understanding of relevant chapter material and presented clearly, succinctly, and efficiently</td>
<td>30</td>
</tr>
<tr>
<td>Resources</td>
<td>Hard copy and online handouts and resources of presented chapter material were made available that day (copy of .ppt presentation, outline with general chapter details, worksheets, questions, etc.)</td>
<td>20</td>
</tr>
<tr>
<td>Communication</td>
<td>Was amiable, open to working collaboratively, made herself/himself available to be reached, was reachable, and returned communication in a timely manner efficient enough to prepare presentation.</td>
<td>20</td>
</tr>
<tr>
<td>Equality of overall preparation</td>
<td>Contributed equal contribution of work in the overall completion of presentation concepts, research, and materials.</td>
<td>40</td>
</tr>
<tr>
<td>Equality of overall presentation</td>
<td>Contributed equal contribution of work in the actual presentation and in-class activity.</td>
<td>40</td>
</tr>
</tbody>
</table>

TOTAL: 200

Teammate Grading Rubric for Presentation:

<table>
<thead>
<tr>
<th>Presentation Component:</th>
<th>Description:</th>
<th>Possible Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication</td>
<td>Partner was amiable, open to working collaboratively, made herself/himself available to be reached, was reachable, and returned communication in a timely manner efficient enough to prepare presentation.</td>
<td>10</td>
</tr>
<tr>
<td>Equality of overall preparation</td>
<td>Partner contributed equal contribution of work in the overall completion of presentation concepts, research, and materials.</td>
<td>20</td>
</tr>
<tr>
<td>Equality of overall presentation</td>
<td>Partner contributed equal contribution of work during the presentation and in-class activity.</td>
<td>20</td>
</tr>
</tbody>
</table>

TOTAL POSSIBLE POINTS: 50
ASSESSMENT TASKS AND GRADING

<table>
<thead>
<tr>
<th>Task</th>
<th>Possible Pts</th>
<th>Grade Criterion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exams</td>
<td>400 pts</td>
<td>900 - 1000 points = A</td>
</tr>
<tr>
<td>Participation</td>
<td>100 pts</td>
<td>800-899 points = B</td>
</tr>
<tr>
<td>Quizzes</td>
<td>100 pts</td>
<td>700-799 point = C</td>
</tr>
<tr>
<td>Term Paper</td>
<td>100 pts</td>
<td>600 - 699 points = D</td>
</tr>
<tr>
<td>Homework</td>
<td>100 pts</td>
<td>&lt;600 points = F or N</td>
</tr>
<tr>
<td>Presentation</td>
<td>200 pts</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1000 pts</strong></td>
<td></td>
</tr>
</tbody>
</table>

LEARNING RESOURCES

Required Resources:


COMPUTER/INTERNET ACCESS: You will need access to a computer with internet access.

LAULIMA WEBSITE: Through the WCC online homepage, log in to Laulima with your UH ID. The tab for this course should be visible. If it is not, please see your instructor before or after class so that she can add you to the site.

Recommended Resources:


Campus Resources:

SPEECH LAB: The Speech Lab is located in the Library Learning Commons and can assist with talking points and lecture note summarization, as well as helping you create and develop your PowerPoint. It is not just for standing and speaking in public 😊

TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities [https://www.windward.hawaii.edu/TRIO/](https://www.windward.hawaii.edu/TRIO/)

Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).

TTC: The Testing Center for assistance in an alternative testing site [https://windward.hawaii.edu/testing_center/](https://windward.hawaii.edu/testing_center/)

Library Study Services: See the librarian for details [https://windward.hawaii.edu/Learning_Resources/](https://windward.hawaii.edu/Learning_Resources/)

EBSCOHost Journal Online DataBase can be accessed through the Library Website: [http://library.wcc.hawaii.edu](http://library.wcc.hawaii.edu)
MODE OF INSTRUCTION*
Lectures, assigned readings, videos, worksheets, discussions, collaborative work-groups, student chapter presentations, participation, group projects, community field observations, role-playing, peer teaching, online and interactive engagement. Although the main concepts in human development throughout the lifespan will be covered, not all important information from your text will necessarily be discussed in class. The text and class activities are mutually complementary, meaning they overlap. Students are responsible for the information presented in both domains.

REQUEST FOR Cr/N GRADES
Requests for Credit/No Credit grades, as opposed to the traditional A-F grades, must be made by the official withdrawal date (approximately mid term; see calendar for date) directly through the registrar’s office.

SERVICE LEARNING COMPONENT
This course may provide a Service Learning Option where the student may volunteer a minimum of 20 hours within the community and apply what was learned in class. Additional information may be handed out in class. See instructor for more information and specific volunteer and paper requirements. If a student chooses the Service Learning option, s/he must notify the instructor by the end of the third week in the semester to ensure s/he has time to secure a work site and fulfill volunteer and academic requirements. It is the student’s responsibility to acquire and submit all required Service Learning materials directly through the Service Learning office on campus to receive a Service Learning Certificate.

ACADEMIC DISHONESTY
Academic dishonesty cannot be condoned by the University. Such dishonesty includes cheating and plagiarism (examples of which are given below) which violate the Student Conduct Code and may result in receiving zero points for an assignment, failing an exam, failing the class, and expulsion from the University of Hawaii.

Cheating: Cheating includes but is not limited to giving unauthorized help during an examination, obtaining unauthorized information about an examination before it is administered, using inappropriate sources of information during an examination, altering the record of any grades, altering answers after an examination has been submitted, falsifying any official UH record, and misrepresenting the facts in order to obtain exemptions from course requirements.

Plagiarism: Plagiarism includes but is not limited to submitting any document to satisfy an academic requirement that has been copied in whole or part from another individual’s work without identifying that individual; neglecting to identify as a quotation a documented idea that has not been assimilated into the student’s language and style, or paraphrasing a passage so closely that the reader is misled as to the source; submitting the same written or oral material in more than one course without obtaining authorization from the instructors involved…

DISABILITIES ACCOMMODATION STATEMENT
If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale `Ākoakoa 213 for more information. Please see attached flyer for additional information.

You are encouraged to speak with your instructor to discuss any concerns regarding your educational progress and insure you have an equal opportunity to succeed in this class. Anyone who has difficulty during the semester should see me right away to get help.
<table>
<thead>
<tr>
<th>Date</th>
<th>Chapter/ Reading Due</th>
<th>Topic</th>
<th>Assignment Due/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>M  8</td>
<td>Introduction</td>
<td></td>
<td></td>
</tr>
<tr>
<td>W 10</td>
<td>Chapter 1</td>
<td>Introduction to Development</td>
<td>Read Syllabus; Access Laulima</td>
</tr>
<tr>
<td><strong>M 15</strong></td>
<td><strong>NO CLASS</strong></td>
<td><strong>HOLIDAY: MLK DAY</strong></td>
<td><strong>NO CLASS</strong></td>
</tr>
<tr>
<td>W 17</td>
<td>Chapter 1</td>
<td>Introduction to Development</td>
<td>Assignment 1.1</td>
</tr>
<tr>
<td>M 22</td>
<td>Chapter 2</td>
<td>Theories of Development</td>
<td>Assignment 2.1-2.2</td>
</tr>
<tr>
<td>W 24</td>
<td>Chapter 2</td>
<td>Theories of Development</td>
<td>Assignment 2.3</td>
</tr>
<tr>
<td>M 29</td>
<td>Chapter 3</td>
<td>Heredity and Environment</td>
<td>Assignment 3.1; 4.1-4.2</td>
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<tr>
<td>W 31</td>
<td>Chapter 3</td>
<td>Prenatal Development and Birth</td>
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<tr>
<td>Feb</td>
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<tr>
<td>M  5</td>
<td>Chapter 5</td>
<td>The First Two Years: Biosocial</td>
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</tr>
<tr>
<td>W  7</td>
<td>Chapter 6</td>
<td>The First Two Years: Cognitive</td>
<td>Assignment 6.1</td>
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<tr>
<td>M 12</td>
<td>Chapter 7</td>
<td>The First Two Years: Psychosocial</td>
<td>Assignment 7.1-7.4</td>
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<tr>
<td>W 14</td>
<td>Chapter 8</td>
<td>Early Childhood: Biosocial</td>
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<tr>
<td><strong>M 19</strong></td>
<td><strong>NO CLASS</strong></td>
<td><strong>HOLIDAY: PRESIDENTS' DAY</strong></td>
<td><strong>NO CLASS</strong></td>
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<tr>
<td>W 21</td>
<td>Chapter 9</td>
<td>Early Childhood: Cognitive</td>
<td>Assignment 9.1-9.2</td>
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<tr>
<td>M 26</td>
<td>Chapter 10</td>
<td>Early Childhood: Psychosocial</td>
<td>Assignment 10.1</td>
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<tr>
<td>W 28</td>
<td>Chapter 11</td>
<td>Middle Childhood: Biosocial</td>
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<td>Mar</td>
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<tr>
<td>M  5</td>
<td>Chapter 12</td>
<td>Middle Childhood: Cognitive</td>
<td></td>
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<tr>
<td>W  7</td>
<td>Chapter 13</td>
<td>Middle Childhood: Psychosocial</td>
<td>Assignment 13.1</td>
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<tr>
<td><strong>F  9</strong></td>
<td><strong>Chapters 1-13</strong></td>
<td><strong>Optional: Review for Midterm</strong></td>
<td><strong>!!! STUDY !!!</strong></td>
</tr>
<tr>
<td><strong>M 12</strong></td>
<td><strong>Chapters 1-13</strong></td>
<td><strong>MIDTERM EXAM</strong></td>
<td><strong>!!! STUDY !!!</strong></td>
</tr>
<tr>
<td>W 14</td>
<td>N/A</td>
<td>Midterm Evaluation/Assessment</td>
<td>Double Attendance!</td>
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<tr>
<td>M 19</td>
<td>Chapter 14</td>
<td>Adolescence: Biosocial</td>
<td>Assignment 14.1-14.4</td>
</tr>
<tr>
<td>W 21</td>
<td>Chapter 15</td>
<td>Adolescence: Cognitive</td>
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<td>****</td>
<td><strong>MARCH 26-30</strong></td>
<td>****</td>
<td><strong>SPRING BREAK</strong></td>
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<td><strong>NO CLASSES</strong></td>
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<tr>
<td>Apr</td>
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<tr>
<td>M  2</td>
<td>Chapter 16</td>
<td>Adolescence: Psychosocial</td>
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<tr>
<td>W  4</td>
<td>Chapter 17</td>
<td>Emerging Adulthood: Biosocial</td>
<td></td>
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<tr>
<td></td>
<td>Chapter 20</td>
<td>Adulthood: Biosocial</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chapter 23</td>
<td>Late Adulthood: Biosocial</td>
<td></td>
</tr>
<tr>
<td>M  9</td>
<td>Chapter 18</td>
<td>Emerging Adulthood: Cognitive</td>
<td>Assignment 18.1-18.2</td>
</tr>
<tr>
<td>W 11</td>
<td>Chapter 19</td>
<td>Emerging Adulthood: Psychosocial</td>
<td>Assignment 19.1</td>
</tr>
<tr>
<td>M 16</td>
<td>Chapter 21</td>
<td>Adulthood: Cognitive</td>
<td><strong>!!!!!!! TERM PAPER DUE !!!!!!</strong></td>
</tr>
<tr>
<td>W 18</td>
<td>Chapter 22</td>
<td>Adulthood: Psychosocial</td>
<td>Assignment 22.1</td>
</tr>
<tr>
<td>M 23</td>
<td>Chapter 24</td>
<td>Late Adulthood: Cognitive</td>
<td></td>
</tr>
<tr>
<td>W 25</td>
<td>Chapter 25</td>
<td>Late Adulthood: Psychosocial</td>
<td></td>
</tr>
<tr>
<td>M 30</td>
<td>Epilogue</td>
<td>Death and Dying</td>
<td>Assignment Ep.1</td>
</tr>
<tr>
<td>May</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>W  2</td>
<td>Chapters 14-Ep</td>
<td>Review for Final Exam</td>
<td><strong>!!! STUDY !!!</strong></td>
</tr>
<tr>
<td>W  9</td>
<td>Chapters 14-Ep</td>
<td>FINAL EXAM</td>
<td><strong>!!! STUDY !!!</strong></td>
</tr>
</tbody>
</table>
**FAMR 230 “What I Have Learned” Term Paper**

**SELF-GRADE & TURN THIS SHEET IN WITH YOUR TERM PAPER.**

Choose 10 different chapters total: Three from the Biosocial Domain Chapters (5, 8, 11, 14, 17, 20, 23), Three from the Cognitive Domain Chapters (6, 9, 12, 15, 18, 21, 24), and Three from the Psychosocial Domain Chapters (7, 10, 13, 16, 19, 22, 25), plus 1 additional chapter (1, 2, 3, 4, Epilogue, or any of the chs. 5-25 not yet used ) that interests you (3+3+3+1=10 chapters).

For each chapter: (1) Describe/Define technically, according to your source but summarized in your own words, three (3) NEW things that you learned and found interesting; things you DID NOT know before studying the chapter; (2) Pick at least one of the three from above and, detail how this information will be helpful to you in the future.

   a) How can you potentially use this new information in your life?
   b) With whom?
   c) In what type of situation(s)?
   d) How might this information change your behavior or thought process now, versus
   e) How you have/might have behaved/thought without this knowledge?

Feel free to provide an artifact if you wish (this is not required). An artifact is a physical, representation of your potential experience (ie: portrait, sentimental item, artwork, poem, etc.) that can be inserted into, or attached to, each page; (3) Write a minimum of one full page, double spaced, with 1-inch margins, using 12 point Times New Roman font, making the narrative portion of the portfolio a minimum of ten (10) full pages total. Incorporate all chapters and artifacts (optional) in chronological order in one document, including a cover page with your name on it, and a separate table of contents that includes chapter numbers, chapter titles, and chapter domain.

You are encouraged to use this project as an opportunity to apply what you have learned in this course to your personal life and experiences to gain deeper insight and understanding of both the material and your own development.

**Scoring Rubric: Using the below scales, give points for each criteria completed. Incomplete criteria earn 0 points.**

<table>
<thead>
<tr>
<th>Criteria:</th>
<th>Insert Points for each completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Domain (B,C,P)/Chapter#</td>
<td>D/ Ch</td>
</tr>
<tr>
<td>Understanding (2pts):</td>
<td>D/ Ch</td>
</tr>
<tr>
<td>Adequately defines 3 new points, theories, or concepts given in the chapter</td>
<td>D/ Ch</td>
</tr>
<tr>
<td>Application (2pts):</td>
<td>D/ Ch</td>
</tr>
<tr>
<td>Analyzes a future change in their development and applies it to the point, theory, or term given.</td>
<td>D/ Ch</td>
</tr>
<tr>
<td>Format (4pts):</td>
<td>D/ Ch</td>
</tr>
<tr>
<td>1 page, typed, double spaced, 1 inch margins, and 12 point Times New Roman font</td>
<td>D/ Ch</td>
</tr>
</tbody>
</table>

Subtotal Each CH: (8 points possible)

Total Points Added (i.e. 8x10ch=80 points)

Complete: 10 total chapters with 3 from each domain (10pts)

Professionalism:

Table of Contents w/ Domain, Chapter, & Topic, cover page including name, Neat (5pts)

Follow Directions: Self-graded Rubric included in paper (5pts)

TOTAL PROJECT PTS: (100 points possible)

*NOTE: Check your margins! Microsoft Word uses 1 ½ inch margins as a default. You will need to adjust right and left margins to 1 inch to comply with this project.*

**Self-grade your portfolio**

***Please put your name on the cover of your paper and include this rubric as the last page of your paper.***

**NAME:**

**Course Day/ Time:**
SERVICE LEARNING COMPONENT

This course provides a Service Learning Option. In lieu of the Term Paper, the student may volunteer a minimum of 20 hours within the community. It is the student’s responsibility to acquire a site. To receive Service Learning Credit and a certificate, it is the student’s responsibility to submit all required Service Learning materials directly to the Service learning office on campus. Additional information can be found at Hale Manaleo 115; Ofc: (808) 236-9230; wccserve@hawaii.edu; http://windward.hawaii.edu/Service-Learning/index.php

If a student chooses the Service Learning option, that student must notify the instructor by the end of the third week in the semester; this is to ensure the student has enough time to secure a work site and fulfill volunteer and academic requirements. Additionally, the student must immediately provide to the instructor copies of: (These forms can be obtained at the Service Learning Office)

- The Student Project Proposal Form
- The Assumption of Risk, Release, and Waiver Form

To be included as a “My Service Learning” journal project towards the end of the semester, the student must provide:

- Copy of the time sheet indicating days and times of Service Learning Service, signed by the student’s site supervisor
- Copy of the Site Supervisor Evaluation Form from Service Learning office requirements
- Site Journal: For each day at the volunteer site, write a brief journal entry describing tasks, people or places encountered, activities engaged in, and describe real-life applied recognition of concepts learned in class.
- A 3-5 page final impact paper describing the volunteer experience and how the student was able to recognize and/or apply concepts learned in the classroom.

<table>
<thead>
<tr>
<th>Component</th>
<th>Description</th>
<th>Poss.Pts.</th>
<th>Earned</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project Proposal/ Waiver Form</td>
<td>Student Project Proposal Form and Assumption of Risk, Release, and Waiver:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Completed,</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Submitted to instructor by 4th week of the semester, &amp; included here.</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>Time Sheet</td>
<td>Student submitted an organized time sheet:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Clear with dates, times, activities, &amp; any other pertinent info.;</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>• Time sheet reflects completed hours;</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Is signed by the site supervisor.</td>
<td></td>
<td></td>
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<tr>
<td>Evaluation Form</td>
<td>Student submitted Site Supervisor Evaluation Form:</td>
<td></td>
<td>15</td>
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<tr>
<td></td>
<td>• Completed,</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>• Signed by Supervisor.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Journals</td>
<td>Student submitted journal entries w/ details of activities relating course material:</td>
<td></td>
<td>25</td>
</tr>
<tr>
<td></td>
<td>• Defines tasks, people, places engaged that day;</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Defines how activities relate to points, theories, terms, or concepts learned in the course;</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Analyzes experiences at their site and applies insights related to the points, theories, or terms, or concepts learned in class;</td>
<td></td>
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<tr>
<td></td>
<td>• Typed, double spaced, 1in margins, 12 point Times New Roman font.</td>
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<tr>
<td>Final Reflection</td>
<td>Student submitted a Final Reflection Impact paper:</td>
<td></td>
<td>25</td>
</tr>
<tr>
<td></td>
<td>• Describes the impact of the volunteer experience overall,</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Summarizes examples of how student was able to recognize and/or apply concepts learned in the classroom,</td>
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</tr>
<tr>
<td></td>
<td>• Describes how this experience was/was not helpful in learning</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Format: 3-5 pages, typed, double spaced, 12pt Times New Roman font</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professionalism</td>
<td>Project is submitted as professional college paper, including:</td>
<td></td>
<td>25</td>
</tr>
<tr>
<td></td>
<td>• Secured in folder, Neat</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Cover page, Table of Contents,</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Included ALL materials listed above</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>• Format: min. of 10 pages total, with min. 3 pages as final impact paper.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Completion</td>
<td>Failed to complete a minimum of 20 Service Learning Project Hours.</td>
<td></td>
<td>-100</td>
</tr>
</tbody>
</table>

NAME:                                                                 Course Day/ Time: .
# Teammate Grading Rubric

**SUBMIT THIS FORM TO INSTRUCTOR ON PRESENTATION DAY**

**Teammate Grading Rubric for:**  
**Teammate:** ________________________________  
**Ch(s):** __________  **Date:** __________

**Graded by:** (your name): ________________________________  
(grade will not be included without your name)

<table>
<thead>
<tr>
<th>Presentation Component:</th>
<th>Description:</th>
<th>Possible Points</th>
<th>Points Earned</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication</td>
<td>Partner was amiable, open to working collaboratively, made herself/himself available to be reached, was reachable, and returned communication in a timely manner efficient enough to prepare presentation. EXPLAIN: _________________________________.</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Equality of overall preparation</td>
<td>Partner contributed equal contribution of work in the overall completion of presentation concepts, research, and materials. LIST 5 things I contributed in preparation: __________. __________. __________. __________. __________. LIST 5 things my partner contributed: __________. __________. __________. __________. __________. Where on this line would you rate your partner’s efforts? 0 I did all the work S/He did all the work equal 10 did all the work.</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>Equality of overall presentation</td>
<td>Partner contributed equal contribution of work in the actual presentation and in-class activity. Which activity did your team do? __________. __________. __________. What job(s) did you have? __________. __________. __________. __________. What job(s) did your partner have? __________. __________. __________. __________. NOTES: _________________________________.</td>
<td>20</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL POSSIBLE POINTS:** 50
WEEK #1:

(1) Explore Laulima – Log in and explore your course Laulima site – No points
   - Ensure your course tabs include FAMR230, with the correct CRN #; click on it.
   - Note the Laulima left side menu and click on each menu link.
   - Read any Announcements already posted and you are encouraged to check announcements weekly for important course information.
   - Explore your Syllabus and syllabus resources.
   - The Email function will allow you to email your instructor and fellow classmates.
   - Your Gradebook will be updated after midterms and just before final exams.
   - Wiki is an option to allow you to collaborate on group projects.
   - The Resources link is where you will find class lecture notes, PowerPoint slides, homework worksheets, and homework videos.

FOR HOMEWORK ASSIGNMENTS: Do your chapter reading BEFORE completing these assignments!
   - Complete each assignment according to the instructions below.
     - Don’t forget to put your NAME on your work; a penalty will be imposed on work submitted without a name.
     - You may type, or legibly hand write, your answers to any critical thinking questions. Please include the assignment title (ie: “2.1: Theoretical Perspectives Table”) to ensure proper credit is given for each assignment.
     - Some assignments (ie: tables) require it be hand written (computer models not be accepted for these).
   - Submit your homework assignment to your instructor at the beginning of class on the date it is due.
     - Please see schedule for due dates.
     - Late assignments are generally not be accepted, especially on homework preassigned for class activities.
     - Early assignments are accepted but may or may not be graded early.
     - Keep returned assignments for future reference and studying.

NOTE: Homework credit and Course Extra Credit
   - Each assignment is generally worth a maximum 10 pts, unless otherwise stated.
   - Ten assignments (completed correctly and in full) x 10pts = 100 pts Homework Course Credit.
   - Any additional assignments completed and/or assignment credit will be applied to Overall Course EXTRA CREDIT.
     - Extra credit can be earned up to (but not exceeding) 40 pts;
     - This is the ONLY extra credit offered for this course.
   - Students may complete as many assignments as necessary to acquire a maximum 140 points total.
     - 100 homework points maximum;
     - 40 extra credit points maximum.
   - Additional assignments will not be graded, but are encouraged to enhance student learning and retention.

CHAPTER 1 ASSIGNMENTS:

(1.1) Worksheet – “FAMR230 - CH 1 – HOMEWORK Worksheet” – 10 pts
   A hard copy of the worksheet will be handed out in class. You can also access it via Laulima: Resources.
   Complete the worksheet according to the worksheet directions.
   Circle the correct answers.
   (a) Late assignments will not be accepted.
   (b) Only worksheets submitted by the beginning of class will receive credit. You may make a copy to follow along in class and/or correct your answers.
CHAPTER 2 ASSIGNMENTS:

(2.1) **Video Activity – “Ch.2 Conditioning Little Albert” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*

(a) Describe the process outlined in the video.

(2.2) **Video Activity – “Ch.2 Classical and Operant Conditioning” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*

(a) Compare and contrast Classical and Operant Conditioning.

(b) Provide your own examples (not the ones from the video) of how you might use each to teach someone.

(2.3) **Table – Theoretical Perspectives – 10 pts**
Refer to information provided in your text.

*Manually (no computer models) create a table of the theoretical perspectives:*
You may reference Table 2.4 (pg. 62), but simplify it to include only 1) Theoretical Perspective, and 2) a simplified description of the theory. *Add Humanistic and Evolutionary Theories to your table.* For example:

<table>
<thead>
<tr>
<th>Theoretical Perspective</th>
<th>Simplified Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychoanalytic</td>
<td>How unconscious impulses and experiences shape our development and behaviors</td>
</tr>
</tbody>
</table>

CHAPTER 3 ASSIGNMENTS:

(3.1) **Notes – Group Presentation Notes – 10 pts**
This assignment will be given in class.

*Create speaking notes.*

(a) Create speaking notes for your portion of your group presentation.

(b) Submit the hard copy to your instructor, with your group’s presentation poster, after your presentation.

(c) Remember to limit the entire group presentation to a **Maximum** of 5 minutes.

(d) You MUST be in class both days (preparation and presentation) to receive credit for this assignment.

CHAPTER 4 ASSIGNMENTS:

(4.1) **Table – Periods of Prenatal Development – 10 pts**
Refer to information provided in your text.

*Manually (no computer models) create a table of the Three Periods of Prenatal Development:*
For each period: Include 1) the time range, 2) the period, 3) what the organism is called, and 4) the major developmental accomplishments of each period. For example:

<table>
<thead>
<tr>
<th>Time range</th>
<th>Period</th>
<th>Organism</th>
<th>Developmental Accomplishments</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 – 2 wks</td>
<td>Germinal Period</td>
<td>Zygote</td>
<td>Cells replicate, differentiate, and IMPLANT into the womb.</td>
</tr>
</tbody>
</table>

(4.2) **Video Activity – “Ch.4 Reflexes in Newborn Babies” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*

(a) Describe the reflexes demonstrated in the video.

(b) In what do premature and full-term babies differ in reflexes?

(c) Do we retain these reflexes as we develop?

CHAPTER 5 ASSIGNMENTS: None
CHAPTER 6 ASSIGNMENTS:
(6.1) **Video Activity – “Ch.6 Object Permanence in Babies” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*
(a) Describe what dad was doing in the video?
(b) Describe how baby responded?
(c) Did baby ever find the cucumber?
(d) Has this child fully acquired the principle of object permanence?
   (i.) Explain your rationale

CHAPTER 7 ASSIGNMENTS:
(7.1) **Video Activity – “Ch.7 Harlows Studies on Dependency in Monkeys” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.
* While watching the video, reference table 7.1 on page 193 in your text and consider the patterns of attachment the monkeys had to the wire mother vs. the cloth mother.

*Watch the video and briefly answer the following:*
(a) For the wire mother:
   (i.) Name the pattern of attachment;
   (ii.) What evidence (monkey behaviors) supports your decision;
   (iii.) What (mother behaviors) do you believe caused this attachment pattern to occur.
(b) For the cloth mother:
   (i.) Name the pattern of attachment;
   (ii.) What evidence (monkey behaviors) supports your decision;
   (iii.) What (mother behaviors) do you believe caused this attachment pattern to occur.
(c) What do you believe is the reason that the monkey did not go to the wire mother?
   (i.) Even though he nursed on her his whole life?
   (ii.) Even though she was the only thing in the play room that he knew/recognized?
   (iii.) Isn’t anyone familiar better than no one at all?

(7.2) **Video Activity – “Ch.7 Secure, Insecure, Avoidant Ambivalent Attachment in Mothers Babies” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*
(a) What attachment types did you witness in this video?
(b) Describe the behaviors of the children for each of the attachment examples posed in this video.

(7.3) **Video Activity – “Ch.7 Bandura Bobo Doll Experiment” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*
(a) Describe what happened in the video.
(b) How did the children “generalize” violent behavior?
(c) What implications might Albert Bandura’s Experiment, and the understanding of generalization, have on understanding the effect of children growing up in violent homes and neighborhoods?
(d) What might this research contend regarding parents that proclaim, “Do as I say, not as I do?”

(7.4) **Video Activity – “Ch.7 The Strange Situation - Mary Ainsworth” – 10 pts**
The video for this assignment can be accessed in Laulima: Resources.

*Watch the video and briefly answer the following:*
(a) Describe the Strange Situation Experiment posed in this video.
(b) Was baby Lisa presenting with signs of secure or insecure attachment? How do you know?
CHAPTER 8 ASSIGNMENTS: None

CHAPTER 9 ASSIGNMENTS:
(9.1) Video Activity – “Ch.9 The False Belief Test-Theory of Mind” – 10 pts
The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:
(a) Describe the False Belief Test you observed in the video.
(b) Incorporating what you learned in the video, consider a group of 3 year old children playing a game of hide-and-seek. One child stands in the middle of the room and covers his eyes, another stands below hanging towels in the bathroom with just her face covered, and a third kneels over on the couch and covers his head with a pillow. How does “Theory of Mind” explain why these 3 year old children believe they are well hidden?

(9.2) Video Activity – “Ch.9 Piaget’s conservation tasks” – 10 pts
The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:
(a) There are many types of conservation. What are the four (4) types of conservation discussed in your text?
(b) Which type of conservation does this video activity depict?
(c) Did this child complete the conservation task correctly? Explain why or why not?
(d) Using your understanding of conservation of number, how might you use to appease a 2 yr old who is upset because his big sister received 2 cookies, but he only got one?

CHAPTER 10 ASSIGNMENTS:
(10.1) Video Activity – “Ch.10 Why Is There Homosexuality” – 10 pts
The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:
(a) According to the video, what might be an evolutionary purpose for homosexuality?
(b) Explain why increased levels of the hormone progesterone might support this theory?
(c) According to this theory, aside from reproduction, what other purpose might sexual behavior serve?

CHAPTER 11 ASSIGNMENTS: None
CHAPTER 12 ASSIGNMENTS: None

CHAPTER 13 ASSIGNMENTS:
(13.1) Table – Kohlberg’s Levels of Moral Reasoning – 10 pts
Refer to information provided in your text.

Manually (no computer models) create a table of Kohlberg’s Three Levels of Moral Reasoning:
For each level: (1) Name each level, (2) the typical age range, and (3) describe the goal/emphasis of each level. Then, (4) provide an example of one single situation, and (5) compare/describe how people in each of the three levels of reasoning might perceive and judge that one situation. Don’t forget to answer “yes” or “no,” AND “why.”

For Example:

<table>
<thead>
<tr>
<th>Level</th>
<th>Age</th>
<th>Goal/ Emphasis</th>
<th>Response</th>
</tr>
</thead>
</table>
| Preconventional| 2 – 9 yrs| To gain rewards or avoid punishment | Yes, because I need an “A.”
|                |          |                              | No, because if I get caught I will be expelled. |
CHAPTER 14 ASSIGNMENTS:

(14.1) Video Activity – “Ch.14 Are Violent Video Games Bad For You” – 10 pts
The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:
(a) Overall, the meta analysis seems to show, “Playing violent video games temporarily increases _____, desensitizes _____, and decreases _____.
(b) Who might be more effected by violent video games?
(c) What is “moral disengagement?”
(d) How does moral disengagement factor in to aggressive behaviors?

(14.2) Video Activity – “Ch.14 Wiring the Adolescent Brain” – 10 pts
The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:
(a) Describe Dr.Giedd’s research process in this video.
(b) What did Dr. Giedd discover in the frontal cortex?
(c) When did “we” know the first wave of cortex growth happened in previous development?
(d) What is the second wave of production manifested by?
(e) What does Dr. Giedd say is “still being built” in the adolescent brain?

(14.3) Video Activity – “Ch.14 Can Violent Video Games Play a Role in Violent Behavior” – 10 pts
The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:
(a) According to Brad Bushman, “the results clearly show that playing a violent video game increases _____, and also makes people numb to ______.” “There is a link between exposure to violent media and ______.”
(b) According to Cheryl Olsen, People confuse ______ and ______.” “There is absolutely no evidence that any video game or violent movie has ever caused ______.”
(c) According to Cheryl Olsen, “Playing violent video games is a ______ for teenagers today.”
(d) According to Steven Tetilla, he believes the experience of playing a violent video game is different than watching one because playing is about ______; it’s a valid entertainment form—a creative forum.
(e) Jim Steyer’s statements that, when we speak about a culture of violence in our society, [...] we are also talking about that we as a society accept ______ as part of life because we have become ______ to it, being so exposed to it in various forms of media.

(14.4) Critical Thinking Question – Cultural Violence and Media: Tying It All Together – 10 pts
Refer to information provided in your text and previous Ch. 14 Video Activities.

Briefly answer the following:
(a) Define, Mirror Neurons (from Chapter 6).
(b) Consider excerpts from “Wiring the Adolescent Brain.” Regarding Charlie (helping his uncle in the garage), the video states that skills he’s acquiring and practices will strengthen certain neural pathways and influence consolidation of wiring in certain parts of his brain, and not others. Dr. Geidd’s describes the pruning down phase of adolescent brain development; the “use it or lose it principle” states what?
(c) Further consider excerpts from “Can Violent Video Games Play a Role in Violent Behavior,” where Jim Steyer discusses a culture of violence in our society; that we as a society accept violence as part of life because we have become numb to it being so exposed to it in various forms of media. From a Biopsychosocial perspective, connect these statements with points (a) and (b) to describe how we might be creating a culture that is more accepting of violence against others.
(d) Further, explain how mirror neurons and playing violent first-person shooter games might encourage a would-be shooter that they could succeed in a real-life shooting.
CHAPTER 15 ASSIGNMENTS: None

CHAPTER 16 ASSIGNMENTS: None

CHAPTER 17 ASSIGNMENTS: None

CHAPTER 18 ASSIGNMENTS:

(18.1) Table – Fowler’s Stages of Faith – 10 pts

Refer to information provided in your text.

(a) Manually (no computer models) create a table contrasting James Fowler’s Six Stages of Faith:

For each stage: Include 1) Name each stage, in order, 2) Describe each stage (technically), 3) Give an example of something someone might think or say at each stage. For example:

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intuitive-Projective Faith</td>
<td>Magical, illogical, imaginative, filled with fantasy, especially about the power of God and the mysteries of birth and death. Typical of children ages 3-7</td>
<td>When it thunders, that means the angels are bowling.</td>
</tr>
</tbody>
</table>

(b) Briefly answer the following:

(i.) Which stage of Fowler’s Moral Development do you believe you are in?
(ii.) Explain why you believe to be in this stage by providing an example as evidence.

(18.2) Video Activity – “Ch. 15 Prejudice, Discrimination, and Racial Stereotyping” – 10 pts

The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:

(a) Describe the common reactions to each:
    (i.) The white male actor?
    (ii.) The black male actor?
    (iii.) The white female actress?

(b) What differences and similarities did you notice in reactions/attitudes from white pedestrians, black pedestrians, male pedestrians, and female pedestrians towards the actors of a different/same race and/or gender?

(c) From your text, define Stereotype Threat and what behaviors it leads to.

(d) Incorporating the common behaviors of the general public towards each of the actors in the video, how might the reactions of the general public in our culture influence stereotype threats within each of the following?
    (i.) Minorities? (specifically black men)
    (ii.) White men?
    (iii.) Attractive women?
CHAPTER 19 ASSIGNMENTS:

(19.1) Chart – Sternberg’s TRIANGULAR Theory of Love – 10 pts

Refer to information provided in your text.

Manually (no computer models) create a TRIANGLE chart contrasting Robert Sternberg’s Theory of Love:
Include the following: (1) Describe the COMPONENTS/DIMENSIONS, and what behaviors are expressed? (2) For each “Form of Love,” include (a) form/name, (b) the corresponding dimensions—by placement into correct space, and (c) a (ie: real life example of a relationship of this form). See example:

INTIMACY
Emotional Connection: sharing secrets, common interests
“Liking”
(ie: BFF, siblings)

“???”
(ie: ???)

“Consummate Love”
(ie: Newlyweds)

PASSION
“???”
(ie: ???)

“???”
(ie: ???)

COMMITTMENT
“???”
(ie: ???)

CHAPTER 20 ASSIGNMENTS: None
CHAPTER 21 ASSIGNMENTS: None

CHAPTER 22 ASSIGNMENTS:

(22.1) Video Activity – “Ch.22 Ten Surprising Facts About Aging” – 10 pts

The video for this assignment can be accessed in Laulima: Resources.

Watch the video and briefly answer the following:

(a) List the ten surprising facts about aging.

CHAPTER 23 ASSIGNMENTS: None
CHAPTER 24 ASSIGNMENTS: None
CHAPTER 25 ASSIGNMENTS: None

CHAPTER EP ASSIGNMENTS:

(Ep.1) Critical Thinking Question – Kübler-Ross’ Stages of Grief – 10 pts

Refer to information provided in your text.

Briefly answer the following:

Dr. Kübler-Ross described how a person diagnosed with a terminal illness is likely to go through several stages of emotion when accepting that death will be the final outcome of the illness. Other researchers have pondered how these stages are also experienced by those feeling the “loss” of a dying loved one. Think also of the “loss” of a relationship from a break-up, or the “loss” of a college paper when your computer crashes.

(a) List each stage of grief;
(b) Define general emotions and behaviors associated with each stage;
(c) Describe how one might experience each of these stages when coping with the loss of a relationship (break-up) or college paper (computer crashes)?

(i.) What might one say to express their feelings during each stage?