Psychology 224: Abnormal Psychology

Spring 2017, CRN 64210

Instructor: Stan Smith, Ph.D.  Phone: 979-4148

Email: smithsta@hawaii.edu  Office:  106

Office Hours: MTWR 1:00 – 2:00 pm

Class Meets: TR 11:30am – 12:45pm, Naauao 104

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT
Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O‘ahu’s Ko‘olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION
Concepts and principles used in clinical practice: dynamics, diagnosis, and treatment of abnormal behavior. Compares and contrasts the different patterns of abnormal behavior. Examines the differences in theoretical models for understanding maladaptive behavior.

Activities Required at Scheduled Times Other than Class Times
For this course, in addition to attending class, you are expected to complete a number of assignments outside of class time, including reading the textbook, online activities, studying for assessment activities, and completing written assignments.

STUDENT LEARNING OUTCOMES After successfully completing this course, the student will be able to:
1. Compare and contrast historical and current theories of abnormal behavior.
2. Identify and describe different types of abnormal behavior and the “best practice” therapies associated with each type.
3. Apply the principles of psychology to their own thoughts and feelings.
4. Illustrate understanding of the role of culture, ethnicity, and socio-economic factors in defining abnormal behavior.
COURSE CONTENT
Concepts or Topics
• Major Psychological Theories
• Psychological Assessment
• Diagnosis and Treatment
• Ethical Considerations
• Cultural Competency Skills or

Competencies
1. Describe and evaluate models of abnormality
2. Define criteria for common disorders
3. Integrate symptomology for case conceptualization
4. Compare & contrast effective therapies for specific disorders
5. Discuss ethical guidelines for practice
6. Identify the importance of understanding culture and diversity when working assessing, diagnosing, & treating mental illness

REQUIRED MATERIALS

Text: Comer Fundamentals of Abnormal Psychology, 8th edition

We will use two websites throughout the semester, Laulima and LaunchPad. Laulima is WCC’s online course management system, which you might have used in previous courses. On Laulima, you will find our official class gradebook, a resource folder containing important class materials (such as PPT lectures and review materials), class announcements, and our syllabus along with a number of other useful items. Access to Laulima requires your regular school username and password.

Our second website, LaunchPad, is used in conjunction with our class textbook. Launchpad includes an eBook and learning resources and activities for each chapter. Access to LaunchPad is necessary to complete assignments and quizzes for our course.

How to obtain an activation code:
1 – new book: Launchpad comes automatically with the purchase of a new book
2 – used book: you may purchase Launchpad at the website above
3 –Launchpad only: you may purchase Launchpad and receive only an ebook at the website above to access LaunchPad, click on the link below.

You can temporarily access LaunchPad for free by clicking the “Temporary Access” button on the website (see below for address). Your temporary access will expire 21 days
after your first login. The temporary access comes with an eBook, so you can start on our assignments before you have a chance to stop by the bookstore. When you register for LaunchPad, please use your name of record with the school, not a nickname, so that I may match your work to the gradebook. The online portion of our course is open for student registration.

To register for the course go to: http://www.macmillanhighered.com/launchpad/comerfund8e/4973858

PLEASE bookmark the page to make it easy to return to. You have three options to enroll in the course: you can purchase direct access, you can buy an access code, or you can get free 21-day access while deciding. To navigate and start using LaunchPad please consult the Get Started guide and/or view this video.

If you have problems registering, purchasing, or logging in, please contact Customer Support. You can reach a representative during the hours of operation listed below by one of the following:

- through the online form
- by chat (via the online form, for student access and payment inquiries)

Or by phone at 1 (800) 936-6899

Customer Support Hours of Operation:

- Monday through Thursday 8:00 a.m. to 3:00 a.m.
- Friday 8:00 a.m. to 12:00 a.m.
- Saturday 12:00 p.m. to 8:00 p.m.
- Sunday 12:00 a.m. to 3:00 a.m.

COURSE REQUIREMENTS:

In-Class Activities and Participation: 100 points
Attendance is mandatory. Students will be responsible for materials covered in class which are not necessarily in the text. In addition, weekly assignments and handouts will be distributed in class. In-class activities and discussions will also affect your grade.

Four Exams: 500 points
Four exams will be administered during the semester. Exams will consist of multiple choice, short answer, and short essay questions.

Expert Group Presentations: 110 points each for a total of 220
Each student will participate in two group presentations consisting of a 35-40
minutes slide show describing a psychological disorder, including history of diagnosis and treatment, etiology, symptoms, DSM-5 diagnostic criteria, and treatment. Case studies are encouraged. Video clips are encouraged.

**LaunchPad Assignments: 180 points**
Sixteen Chapter **Summative Quizzes** worth 10 points each.
Sixteen Chapter **Learning Curves** worth 5 points each.

**Total Points: 1000**

### Final Grading Scale

<table>
<thead>
<tr>
<th>Grade (description)</th>
<th>% benchmarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>A (Exceptional)</td>
<td>100 - 90%</td>
</tr>
<tr>
<td>B (Superior)</td>
<td>89 - 80%</td>
</tr>
<tr>
<td>C (Satisfactory)</td>
<td>79 - 70%</td>
</tr>
<tr>
<td>D (Low pass)</td>
<td>69 - 60%</td>
</tr>
<tr>
<td>F (Fail)</td>
<td>below 60%</td>
</tr>
</tbody>
</table>

*Incomplete (I) and No Grades (N) are not automatically given, are not given to replace a low grade, and will be considered on a case-by-case basis.*

### COURSE CONDUCT

#### Exams

Makeup exams are permitted only with a *doctor’s note* or *documented excuse* and if special arrangements have been made with me *prior* to the exam.

#### Statement Regarding Academic Conduct

Any act that violates the academic integrity of the institution is considered a form of academic misconduct. Specific examples include, but are not limited to cheating (copying from another student’s test paper or knowingly using, buying, selling, stealing, transporting, or soliciting contents of a test), plagiarism (see below), and collusion (unauthorized collaboration with another in preparing work offered for credit). Students who engage in dishonest behavior will be held to HONCC’s Student Conduct Code and will receive a failing grade for the assignment and/or the course. Ignorance of the rules does not serve as an excuse for acts of academic dishonesty. See HONCC’s Student Conduct Code in the Policy and Procedures in the College Catalog.

#### What’s Plagiarism?

Plagiarism is not tolerated. To be clear, plagiarism includes the following:
• Turning in a document that you copied (whole/part, small/large) from someone else’s work or source without giving credit to that person or source. A person or source can be from a blog, your friend’s paper, online sources (e.g., Wikipedia, Yahoo), a journal article, magazine, or newspaper. These are just a few examples!
• When you fail to use quotation marks and provide a reference when quoting.
• When you change words of a sentence but use the same sentence structure.
• Submitting the same written or oral material in more than one course without authorization from the instructors involved.
• Obtaining and using write-ups from other sections of a course or previous terms, or making-up results to fit expected results.

If you are ever in doubt about plagiarism, ask your instructor

ADDITIONAL INFORMATION
DISABILITIES ACCOMMODATION STATEMENT If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Ākoakoa 213 for more information. You are encouraged to speak with your instructor to discuss any concerns regarding your educational progress and insure you have an equal opportunity to succeed in this class. Anyone who has difficulty during the semester should see me right away to get help.

COURSE SCHEDULE
Week       Topic                                    Reading
Note: The reading assignments listed below are from the Comer text. Additional readings are required for assignments. Weekly assignments are posted in LaunchPad and Laulima. Student Expert Groups will present their topics throughout the semester. The schedule may be modified as needed during the course of the semester.

1. Chapter 1. Abnormal Psychology: Past and Present
2. Chapter 2: Models of Abnormality
3. Chapter 3. Clinical Assessment, Diagnosis, and Treatment
   Expert Group PTSD 1/19
4. Chapter 4. Anxiety, Obsessive-Compulsive, and Related Disorders
   Exam 1
5. Chapter 5. Disorders of Trauma and Stress
6. Chapter 6. Depressive and Bipolar Disorders
7. Chapter 7. Suicide
8. Chapter 8. Disorders Featuring Somatic Symptoms
   Exam 2
10. Chapter 10. Substance Use and Addictive Disorders
11. Chapter 11. Disorders of Sex and Gender
12. Chapter 12. Schizophrenia
   Exam 3
   Spring Break March 27 - 31
13. Chapter 13. Personality Disorders
14. Chapter 14: Disorders Common Among Children and Adolescents
15. Chapter 15. Disorders of Aging and Cognition
16. Chapter 16. Law, Society, and the Mental Health Profession
Finals Week   Exam 4