PSY 100 – SURVEY OF PSYCHOLOGY
CRN 64632: 10:00-11:15am
CRN 64114: 11:30 – 12:45pm
CRN 64125: 1:00 – 2:15pm
Tuesdays/Thursdays: Alakai 102

INSTRUCTOR: Dr. Bobbi Carlson
OFFICE: Na’auao, 129
OFFICE HOURS: 8:30-10:00 am, Tuesdays/Thursdays
TELEPHONE: 484-5995 to leave message or Ext. 243
Email: drbobbi@hawaii.rr.com or bobbic@hawaii.edu
EFFECTIVE DATE: Fall 2013

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College is committed to excellence in the liberal arts and career development; we support and challenge individuals to develop skills, fulfill their potential, enrich their lives, and become contributing, culturally aware members of our community.

CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Activities Required at Scheduled Times Other Than Class Times: None

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

1. Recognize the study of psychology as a science.

2. Discuss the biological and environmental basis of human behavior.

3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.
## COURSE CONTENT

**Concepts or Topics (List the terms, topics, or concepts students should know or understand)**

- Major psychological theories
- Nature versus nurture
- Different perspectives
- Different theorists
- Conscious and unconscious mind
- Research strategies and methods

**Skills or Competencies (List what students should be able to do in order to complete the student learning outcomes.)**

- Describe psychology as a science.
- Compare and contrast the interactive effects of nature and nurture
- Identify psychology’s main theorists and their contributions to the field
- Integrate various theories
- Define theory and hypothesis
- Discuss the nature and types of evidence used in psychology

## COURSE TASKS

There will be a total of 500 points offered.

1 - There will be 15 on-line quizzes each worth 25 points for a total of 375 points. Quizzes will be accessed using Psych Portal. Questions are random and there is a good chance that you might not see the same question twice. You may take the quiz as many times as you want; the computer will automatically save the highest score you earn.

2 - There will be one group project covering an entire chapter for 100 points. There will be six chapters that we are not covering in lectures. Group projects will cover one of these six chapters and students will present one of these chapters to the class.

3 – There will be one essay question, covering the entire semester, worth 25 points.

4 – There will be up to 50 points given for attendance, exceptional class participation, and classroom assignments.

5 – Because your progress will be monitored throughout the semester, THERE IS NO FINAL EXAM!

## ASSESSMENT TASKS AND GRADING

A = 450 points; B = 400 points; C = 350 points; D = 300 points; F = below 300 points

## LEARNING RESOURCES

**REQUIRED TEXT:** EXPLORING PSYCHOLOGY, 9th edition, by David Myers, Worth Publishers
Additional Information:
1 - Students are expected to attend each class. Excessive or unexcused absences (more than 3) may result in the reduction of one full grade.
2 - Students are expected to keep up with the readings and are expected to participate actively in classroom discussions.
3 – Students will access their quizzes online through Psych Portal.

DISABILITIES ACCOMMODATION STATEMENT
If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Akoakoa 213 for more information.

PLEASE NOTE: While we live in the age of technology, there is a time and a place for such activities. The classroom is NOT the place for mobile phones. They are disruptive to both me and to your fellow classmates; therefore, please place your phone on silent or vibrate – or simply just shut them off. If you are expecting an urgent call, when your phone vibrates, please quietly excuse yourself from class to take your call. Any phone that rings during this classroom time will become the property of Dr. Carlson until the end of the semester.

While texting has become one of the easiest and fastest ways to keep in contact with others, it has been also used to communicate answers and information that is not permitted. Therefore, mobile phones will NOT be permitted on your desks. Please place them in your pocket or your backpack. Any phones that are used during this classroom time will become the property of Dr. Carlson until the end of the semester!

Lastly, I uphold the University of Hawaii’s non-discrimination policy in my classes. Any discriminatory acts or language on the basis of race, religion, sex, age, national origin, ancestry, disabilities, or sexual orientation will not be tolerated.

HOW TO PURCHASE PSYCH PORTAL: There are three ways to purchase psych portal.
1) Psych portal comes automatically when you purchase a new book in the Bookstore.
2) If you have a used book, you can purchase an access code through psych portal.
3) You can simply purchase an ebook through psych portal (called “stand alone” access cards).

To register for psych portal:
http://www.courses.bfwpub.com/exploring9e.php
(Mac users need to use Firefox)
Click on the link “Register an Activation Code.”
Follow the on-screen instructions to register by selecting PSY 100, Dr. Carlson, and Windward Community College.

Enter the activation code that came with the new textbook or the access code you purchased from psych portal. You will be asked to enter your email address, choose a password, and be ready to go!

Tech support: 1-800-936-6899

SCHEDULE OF TOPICS AND EXAMS: Please note that this schedule is subject to change. It is the student’s responsibility to be aware of any changes made to the schedule.
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<thead>
<tr>
<th>Date</th>
<th>Chapter</th>
<th>Topic</th>
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<tbody>
<tr>
<td>August 27-29</td>
<td>Chapter 1</td>
<td>Thinking Critically with Psychological Science</td>
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<tr>
<td>September 3-5</td>
<td>Chapter 2</td>
<td>The Biology of Behavior</td>
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<td>September 10-17</td>
<td>Chapter 4</td>
<td>Developing Through the Life Span</td>
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<td>September 19-26</td>
<td>Chapter 7</td>
<td>Learning</td>
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<td>October 1-3</td>
<td>Chapter 9</td>
<td>Thinking, Language, Intelligence</td>
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<td>October 8-15</td>
<td>Chapter 12</td>
<td>Personality</td>
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<td>October 17-29</td>
<td>Chapter 13</td>
<td>Social Psychology</td>
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<tr>
<td>Oct 31 – Nov 7</td>
<td>Chapter 14</td>
<td>Psychological Disorders</td>
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<tr>
<td>November 12-19</td>
<td>Chapter 15</td>
<td>Therapy</td>
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<td>November 21</td>
<td>Prepare for Group Presentations</td>
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<tr>
<td>November 26</td>
<td>Chapter 3</td>
<td>Consciousness and the Two-Track Mind</td>
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<td>November 26</td>
<td>Chapter 5</td>
<td>Gender and Sexuality</td>
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<td>November 28</td>
<td>NO CLASS – THANKSGIVING!</td>
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<tr>
<td>December 3</td>
<td>Chapter 6</td>
<td>Sensation and Perception</td>
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<td>December 3</td>
<td>Chapter 8</td>
<td>Memory</td>
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<td>December 5</td>
<td>Chapter 10</td>
<td>Motivation and Emotions</td>
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<td>December 10</td>
<td>Chapter 11</td>
<td>Stress, Health, and Human Flourishing</td>
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Because what you have learned will be assessed throughout the semester, there is

**NO FINAL EXAM!**

And with the use of Psych Portal, you will know how many points you have earned and

**YOUR FINAL GRADE**

by the end of the last day of classes!