PSY 100 – SURVEY OF PSYCHOLOGY  
CRN 64093 - 3 credits  
Tuesdays/Thursdays: 11:30 am – 12:45 pm  
Alakai’i 102  

INSTRUCTOR: Dr. Bobbi Carlson  
OFFICE: Na‘auao, 111  
OFFICE HOURS: 12:45 to 2:30 pm, Tuesdays/Thursdays  
TELEPHONE: 484-5995 to leave message  
Email: drbobbi@hawaii.rr.com or bobbic@hawaii.edu  
EFFECTIVE DATE: Spring, 2012

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College is committed to excellence in the liberal arts and career development; we support and challenge individuals to develop skills, fulfill their potential, enrich their lives, and become contributing, culturally aware members of our community.

CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Activities Required at Scheduled Times Other Than Class Times: None

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

1. Recognize the study of psychology as a science.
2. Discuss the biological and environmental basis of human behavior.
3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.
COURSE CONTENT

<table>
<thead>
<tr>
<th>Concepts or Topics (List the terms, topics, or concepts students should know or understand)</th>
<th>Skills or Competencies (List what students should be able to do in order to complete the student learning outcomes)</th>
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<tbody>
<tr>
<td>- Major psychological theories</td>
<td>- Describe and evaluate psychology as a science.</td>
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<td>- Nature versus nurture</td>
<td>- Compare and contrast the interactive effects of nature and nurture.</td>
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<td>- Different perspectives</td>
<td>- Identify main theorists.</td>
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<td>- Different theorists</td>
<td>- Integrate various theories.</td>
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<td>- Conscious and unconscious mind</td>
<td>- Define theory and hypothesis.</td>
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<td>- Research strategies and methods</td>
<td>- Discuss the nature and types of evidence used in psychology.</td>
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COURSE TASKS

There will be a total of 500 points offered.

1 - There will be 10 on-line quizzes each worth 35 points for a total of 350 points. Quizzes will be accessed using Psych Portal. Questions are random and there is a good chance that you might not see the same question twice. You may take the quiz as many times as you want; the computer will automatically save the highest score you receive.

2 - There will be a one-page-minimum paper for each of the 10 chapters covered, valued at 10 points each, for a total of 100 points. You will select an idea from the chapter that is of interest to you and write about it, applying it to an experience or observation that you have seen in your life. NO LATE PAPERS will be permitted.

3 - There will be one group project covering an entire chapter for 50 points. There will be five chapters that we are not covering in lectures. Group projects will cover one of these five chapters and students will present one of these chapters to the class.

4 – There will be up to 50 points given for attendance, exceptional class participation, and classroom assignments.

5 – Because your progress will be monitored throughout the semester, THERE IS NO FINAL EXAM!

ASSESSMENT TASKS AND GRADING
A = 450 points; B = 400 points; C = 350 points; D = 300 points; F = below 300 points

**LEARNING RESOURCES**

**REQUIRED TEXT:** EXPLORING PSYCHOLOGY, 7th edition, by David Myers, 2008, Worth Publishers

**RECOMMENDED:** STUDY GUIDE to accompany textbook, by Richard O. Straub, 2008 Worth Publishers,

Additional Information:

1. Students are expected to attend each class. Excessive or unexcused absences (more than 3) may result in the reduction of one full grade.
2. Students are expected to keep up with the readings and are expected to participate actively in classroom discussions.
3. Students will access their quizzes and submit their papers online through Psych Portal.

**DISABILITIES ACCOMMODATION STATEMENT**

*If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Akoakoa 213 for more information.*

PLEASE NOTE: While we live in the age of technology, there is a time and a place for such activities. The classroom is NOT the place for mobile phones. They are disruptive to both me and to your fellow classmates; therefore, please place your phone on silent or vibrate – or simply just shut them off. If you are expecting an urgent call, when your phone vibrates, please quietly excuse yourself from class to take your call. Any phone that rings during this classroom time will become the property of Dr. Carlson until the end of the semester (this includes sim cards!).

While texting has become one of the easiest and fastest ways to keep in contact with others, it has been also used to communicate answers and information that is not permitted. Therefore, mobile phones will NOT be permitted on your desks. Please place them in your pocket or your backpack. Any phones that are used during this classroom time will become the property of Dr. Carlson until the end of the semester!

Lastly, I uphold the University of Hawaii’s non-discrimination policy in my classes. Any discriminatory acts or language on the basis of race, religion, sex, age, national origin, ancestry, disabilities, or sexual orientation will not be tolerated.
SCHEDULE OF TOPICS AND EXAMS: Please note that this schedule is subject to change. It is the student’s responsibility to be aware of any changes made to the schedule.

January 10-12   Chapter 1   Thinking Critically with Psychological Science  
January 17-24   Chapter 2   Neuroscience and Behavior  
January 26-31   Chapter 3   Nature, Nurture, and Human Diversity  
February 2-7    Chapter 4   Developing Through the Life Span  
February 9-16   Chapter 7   Learning  
February 21-23  Chapter 9   Thinking, Language, Intelligence  
Feb 28-March 6  Chapter 12  Personality  
March 8-15      Chapter 13  Psychological Disorders  
March 20-22     Chapter 14  Therapy  
March 27-29     SPRING BREAK - NO CLASSES  
April 3-10      Chapter 15  Social Psychology  
April 12        Prepare for Group Presentations  
April 17        Chapter 5 – Sensation and Perception  
April 19        Chapter 6 – States of Consciousness  
April 24        Chapter 8 - Memory  
April 26        Chapter 10 - Motivation  
May 1           Chapter 11 – Emotions, Stress, Health

Because what you have learned will be assessed throughout the semester, there is NO FINAL EXAM!
And with the use of Psych Portal, you will know how many points you have earned
and
YOUR FINAL GRADE
by the end of the last day of classes!