COURSE NUMBER:  I.S. 103 (Interdisciplinary Studies)  
COURSE TITLE:  Introduction to College  (CRN: 63387)  
CREDIT HOURS:  3 elective hours  
TIME:  TR 6:00 – 7:30pm  CPP2 Hawaii Job Corps, Waimanalo, Hi  

INSTRUCTOR:  Winston N. A. Kong  Assistant Professor / Counselor  
OFFICE:  Hale `Akoakoa  Room: 210  
E-MAIL:  wkong@hawaii.edu  
VOICE-MAIL:  # 235-7458  
EFFECTIVE DATE:  Spring 2010  

**Windward Community College Mission Statement**

*Windward Community College is committed to excellence in the liberal arts and career development; we support and challenge individuals to develop skills, fulfill their potential, enrich their lives, and become contributing, culturally aware members of our community.*

CATALOG DESCRIPTION:  This course is designed to orient first-time students to a college setting. Students will learn (1) of the tools, techniques, methods, procedures, processes, skills, resources, and attitudes for success; (2) to gain insight into the programs and services of a postsecondary institution of higher education and (3) to design and implement a personal, comprehensive, postsecondary academic plan.

PREREQUISITES:  Placement into English 22 or instructor consent.

ACTIVITIES REQUIRED at OTHER THAN CLASS TIMES:  Attend a field trip to the University of Hawaii at Manoa on Friday March 5, 2010.

STUDENT LEARNING OUTCOMES:  
At the completion of this course, you should be able to:  
1. Use the tools, techniques, methods, procedures, processes, skills, resources, and attitudes for success,  
2. Describe the various programs and services of a typical post-high institution of higher education and,  
3. Identify short and long-term goals post WCC, and prepare an educational plan to meet those goals.  
4. Use college-level note taking, critical reading, test taking, memory and concentration techniques,  
5. Use time-management, personal organization, stress management and study skills,  
6. Communicate effectively in writing and in speech,  
7. Find information from library, internet, and other sources  
8. Use strategies to complete out of class work efficiently and effectively
COURSE CONTENT:

<table>
<thead>
<tr>
<th>Concepts or Topics</th>
<th>Skills or Competencies</th>
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<tbody>
<tr>
<td>Time</td>
<td>Best use strategies</td>
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<tr>
<td>Memory</td>
<td>Using strategies to increase recall</td>
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<tr>
<td>Reading</td>
<td>Using various reading styles</td>
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<tr>
<td>Notes</td>
<td>Improving note-taking skills</td>
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<tr>
<td>Test</td>
<td>Using test-taking strategies</td>
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<tr>
<td>Thinking</td>
<td>Using critical and logical thinking skills</td>
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<tr>
<td>Communicating</td>
<td>Using encoding, decoding, and active-listening skills</td>
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<tr>
<td>Diversity</td>
<td>An important quality of life issue</td>
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<tr>
<td>Money</td>
<td>Making it, Protecting it, and Spending It.</td>
</tr>
<tr>
<td>Health</td>
<td>Using and protecting the human machine</td>
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COURSE TASKS: Through tests, classroom participation, and special assignments, the student will demonstrate understanding of the chapter topics by completing all:

- <10 pts./______12 chapter quizzes; Hint: Do quizzes while reading the chapter
- <23 pts./______and tests. No late quizzes or tests accepted.
- <12 pts./_____Essay questions after chapter 6
- <10 pts./_____Write two (2) 1-page reaction papers. One must come from a chapter in the text, and another, from a different source. Hint: Use the library. DUE – 4/6/10
- <10 pts./_____Demonstrate Learning Theory by presenting 3 real-life personal examples. DUE – 2/2/10
- <10 pts./_____Write a 1-page paper about a “successful” person of your choosing. Hint: Start now. DUE – 3/2/10
- <30 pts./_____Field trip to the University of Hawaii at Manoa on March 5, 2010. Hint: Inform other HJC instructors now.
- <50 pts./_____Present a personal, researched, post-WCC academic plan. Use the comprehensive college plan worksheet provided. Discuss each choice (3) and final selection (1). DUE – 5/4/10

598 pts possible/____________ = ____________Grade

METHOD OF GRADING:

- 598 - 500pts A
- 499 - 400pts B
- 399 - 300pts C
- 299 - 200pts D
- 190 - 000pts F

Attendance counts: DROP OF ONE GRADE AFTER 2 UNEXCUSED ABSENCES.

- Only documented medical excuses will be accepted.

MODE OF INSTRUCTION: Lecture, field trip, videos, guest speakers, etc.

REQUIRED TEXT: Becoming a Master Student, College Survival, Inc., by David B. Ellis

STUDENT RESPONSIBILITIES: Be prepared to respond to all assignments either verbally or in written form at each class. All work must be done on time.