PSY 224 – ABNORMAL PSYCHOLOGY
CRN #60185 – 3 credits
Tuesdays/Thursdays, 3:00-4:15pm

INSTRUCTOR: Dr. Bobbi Carlson
OFFICE: Palanakila, 152
OFFICE HOURS: 11:30-1:30, 4:15-5:15pm - Tuesdays
TELEPHONE: 484-5995; drbobbi@hawaii.rr.com
EFFECTIVE DATE: Spring, 2009

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College is committed to excellence in the liberal arts and career development; we support and challenge individuals to develop skills, fulfill their potential, enrich their lives, and become contributing, culturally aware members of our community.

CATALOG DESCRIPTION

Concepts and principles used in clinical practice: dynamics, diagnosis, and treatment of abnormal behavior. Compares and contrasts the different patterns of abnormal behavior. Examines the differences in theoretical models for understanding maladaptive behavior.

Activities Required at Scheduled Times Other Than Class Times: Students will be grouped together in smaller (about 4 students per group) groups in order to prepare a class presentation. The goal of each group will be to compare and contrast the symptoms in the DMS-IV with the symptoms exhibited by a diagnosed subject. Students will get together outside of class in order to complete their group project and prepare for their class presentation.

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:

1. Compare and contrast historical and current theories of abnormal behavior.

2. Identify and describe types of abnormal behavior and the “best practice” therapies associated with each type.

3. Apply the principles of psychology to their own thoughts and feelings.

4. Illustrate understanding of the role of culture, ethnicity, and socio-economic factors in defining abnormal behavior.
COURSE CONTENT

Concepts or Topics

- What is a psychological disorder?
- What are probable causes of a psychological disorder?
- How are the symptoms of certain psychological disorders manifested?
- Treatment recommendations
- Assess and diagnose a person’s symptoms

Skills or Competencies

1. What factors constitute a disorder?
2. Know some of the etiological causes contributing to a disorder.
3. Be able to assess and diagnose Psychological symptoms
4. Provide a comprehensive treatment plan and the most appropriate treatment strategy.
5. Complete a thorough mental status exam

COURSE TASKS

There will be three exams, each worth 100 points.
There will be a class/group project, worth 200 points.
Extra points will be given for attendance, exceptional participation, and homework assignments at Dr. Carlson’s discretion.

ASSESSMENT TASKS AND GRADING

A = 450 points; B = 400 points; C = 350 points; D = 300 points; F = below 300 points

LEARNING RESOURCES

RECOMMENDED: Pocket DSM-IV

Additional Information:

1 – students are expected to attend each class. Excessive, unexcused absences (more than 3) may result in the reduction of one full grade.
2 – students are expected to keep us with the readings and are expected to participate actively in class.

DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Akoakoa 213 for more information.
**PLEASE NOTE:** While we live in the age of technology, there is a time and a place for such activities. The classroom is NOT the place for mobile phones. Therefore, please place your phone on silent or vibrate (if you are expecting an emergency phone call), or simply shut them off for the class period. Any phones that ring after the first week of classes, will automatically and immediately become the property of Dr. Carlson until the end of the semester.

Also, I uphold the University of Hawaii’s non-discrimination policy in my classes. Any discriminatory acts or language on the basis of race, religion, sex, age, national origin, ancestry, disabilities, or sexual orientation will NOT be tolerated. In addition, our campus is a UH-designated SAFE ZONE. The SAFE ZONE program is committed to creating and maintaining a positive social and academic environment for gay, lesbian, bisexual, and transgendered students. Any discriminatory acts or language will not be tolerated.

**SCHEDULE OF TOPICS AND EXAMS:** Please note that this schedule is subject to change. It is the student’s responsibility to be aware of any changes to the schedule.

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<th>Date</th>
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<td>January 13-20</td>
<td>Chapter 1</td>
<td>Abnormal Psychology, Past and Present</td>
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<td>January 22-29</td>
<td>Chapter 2</td>
<td>Models of Abnormality</td>
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<td>February 3-5</td>
<td>Chapter 3</td>
<td>Clinical Assessment: Diagnosis and Treatment</td>
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<td>February 10-17</td>
<td>Chapter 16</td>
<td>Law, Society, and the Mental Health Profession</td>
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<td>February 19</td>
<td>EXAM #1</td>
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<td>February 24-March 3</td>
<td>Chapter 4</td>
<td>Anxiety Disorders</td>
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<td>March 5-17</td>
<td>Chapter 6</td>
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<td>March 19-Apr 7</td>
<td>Chapter 7</td>
<td>Mood Disorders (3/23-3/27 – SPRING BREAK)</td>
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<td>April 9</td>
<td>Chapter 8</td>
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<td>April 16-21</td>
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<td>May 5</td>
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Tuesday, May 12, 3:30-5:20pm: Class Presentations

**Topics:** Stress Disorders  
Eating Disorders  
Sexual Disorders  
Personality Disorders