PSY 100 – SURVEY OF PSYCHOLOGY
3 credits
Tuesdays/Thursdays
CRN: 62198 - 11:15 – 12:30; Palana, 227
CRN: 62201 – 5:30 – 6:45pm, Palana, 102

INSTRUCTOR: Dr. Bobbi Carlson
OFFICE: Na’auao, 111
OFFICE HOURS: 10:00–11:00am, 3:00-5:00pm Tuesdays
TELEPHONE: 484-5995; drbobbi@hawaii.rr.com
EFFECTIVE DATE: Spring, 2008

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT

Windward Community College is committed to excellence in the liberal arts and career development; we support and challenge individuals to develop skills, fulfill their potential, enrich their lives, and become contributing, culturally aware members of our community.

CATALOG DESCRIPTION

An introductory course with emphasis on principles of human behavior. Topics covered include motivation, learning, perception, emotion, development, personality, states of consciousness, group processes, problem solving and thinking, and methods of inquiry.

Activities Required at Scheduled Times Other Than Class Times

None

STUDENT LEARNING OUTCOMES

The student learning outcomes for the course are:
1. Recognize the study of psychology as a science.

2. Discuss the biological and environmental basis of human behavior.

3. Integrate the basic perspectives, concepts, principles, and general information comprising the field of psychology.
COURSE CONTENT

Concepts or Topics (List the terms, topics, or concepts students should know or understand)

- What is psychology?
- Nature versus nurture debate
- What do psychologists do?
- What influence do others have on you and what influence do you really have on others?

Skills or Competencies (List what students should be able to do in order to complete the student learning outcomes)

1. Be able to define and explain what psychology is and what it means.
2. Be able to discuss the importance of both nature and nurture on the development of human beings.
3. Know the four major psychological perspectives in the field of psychology and be able to compare and contrast these major theories/theorists.

COURSE TASKS

There will be one quiz, worth 10 points, after each chapter, for a total of 12 quizzes. The two lowest quiz scores will be eliminated for a total of 100 points.

There will be three mid-term exams each worth 100 points; the lowest mid-term score may be replaced by the 10 highest quiz scores for a total of 300 points (including the 100 quiz points). There will be one final exam worth 200 points.

Extra points will be given for attendance, exceptional participation, and homework at Dr. Carlson’s discretion.

ASSESSMENT TASKS AND GRADING

A = 450 points; B = 400 points; C = 350 points; D = 300 points; F = below 300 points

LEARNING RESOURCES

RECOMMENDED: Study Guide to accompany the text.

Additional Information:

1. Students are expected to attend each class. Excessive, unexcused absences (more than 3) may result in the reduction of one full grade.
2. Students are expected to keep up with the readings and are expected to participate actively in classroom discussions.

DISABILITIES ACCOMMODATION STATEMENT

If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this
class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Akoakoa 213 for more information.

PLEASE NOTE: While we live in the age of technology, there is a time and a place for such activities. The classroom is NOT the place for mobile phones. Therefore, please place your phone on silent, vibrate, or simply OFF position. Any phones that ring during this class will automatically and immediately become the property of Dr. Carlson until the end of the semester.

ALSO, I uphold the University of Hawai‘i’s non-discrimination policy in my classes. Any discriminatory acts or language on the basis of race, religion, sex, age, national origin, ancestry, disabilities, or sexual orientation will NOT be tolerated. In addition, our campus is a UH-designate SAFE ZONE. The SAFE ZONE program is committed to creating and maintaining a positive social and academic environment for gay, lesbian, bisexual, and/or transgendered students. Again, any discriminatory acts or language on the basis of sexual orientation will NOT be tolerated.

SCHEDULE OF TOPICS AND EXAMS: Please note that this schedule is subject to change. It is the student’s responsibility to be aware of any changes to the schedule.

| January 15-17 | Chapter 1 | Thinking Critically with Psychological Science |
| January 22-24 | Chapter 2 | Neuroscience and Behavior |
| January 29-31 | Chapter 3 | Nature, Nurture, and Human Diversity |
| February 5-7  | Chapter 4 | Developing Through the Life Span |
| February 12   | EXAM #1 | |
| February 14-19| Chapter 5 | Sensation/Perception, ppg. 151-162 |
| February 21-26| Chapter 6 | States of Consciousness, ppg. 186-200 |
| Feb 28-March 6| Chapter 7 | Learning |
| March 11-13   | Chapter 9 | Thinking, Language, Intelligence |
| March 18      | EXAM #2 | |
| March 20-April 3 | Chapter 12 | Personality |
| March 25-27   | SPRING BREAK – NO CLASSES | |
| April 8 - 15  | Chapter 13 | Psychological Disorders |
| April 17-22   | Chapter 14 | Therapy |
| April 24-May 1| Chapter 15 | Social Psychology |
| May 6         | EXAM #3 | |

FINAL EXAMS: Tuesday, May 13, 11:30am – 1:20 pm
Tuesday, May 13, 5:30pm – 7:20 pm